# **Jedical Economics**



low to Buy
Or Sell a Practice

No in this issue:

Medic' Does Job for M.D.s • What's Happening to

four good things happen to your peptic ulcer patient when Kolantyl goes to work



Painful gastrointestinal spasm is relieved hyperacidity is neutralized - cellular repair

is encouraged · mechanical erosion is arrested (1).

Give your next ulcer patient economical 4-way relief.

Prescribe pleasant-tasting KOLANTYL GEL.

- (3) Johnston, R. L. : J. Ind. St. Med. Acen. 46:869, 1953
- (2) McHardy, G. and Browne, D.: Sou, Med. J. 45:1139,1952



# Kolantyl Gel

#### Rx INFORMATION

#### Arties

 Bentyl\* combines spasmolysis and parasympathetic-depressant actions without the side effects of atropine.

 Prompt, prolonged neutralization of excess gastric acidity... magnesium oxide and aluminum hydroxide.

3. Protective, demulcent coating action over the ulcerated area ... methylcellulose.

 Checks the mucus-destroying action of lysozyme and pepsin... sodium lauryl sulfate.

Merrell's distinctive antisparmodic that is more effective than atropine —free from side effects of atropine.<sup>2</sup>

Composition: Each 10 cc. of Kolantyl Gel or each Kolantyl tablet contains:

Bentyl Hydrochloride . 5 mg. Aluminum Hydroxide Gel 400 mg. Magnesium Oxide . . . 200 mg. Sodium Lauryl Sulfate . . 25 mg. Methylcelluloze . . . 100 mg. Besage: Gel-2 to 4 teaspoonfuls every three hours, or as needed. Tablets - 2 tablets (chewed for more rapid action) every three hours, or as needed.

Supplied: Gel - 12 oz. bottles. Tablets-bottles of 100 and 1,000.

T. M. Kolantyl®, Bentyl'.

The Wm. S. Merrell Company

New York . St. Thomas, Ontario

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## **Medical Economics**

AN INDEPENDENT NATIONAL BUSINESS MAGAZINE FOR PHYSICIANS

How to Sell a Practice (or buy one)	or he
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Here Are Practice Costs You Can Tax-Deduct. You'll be able to save money by using this checklist wh you fill out your 1954 Federal income tax return	
'Medic' Does Job for M.D.s  Here's a behind-the-scenes look at the remarkable not television series that at last gives the public a really a thentic glimpse of America's physicians at work	ew
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## Panorama

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tals • Survey of delinquent bills unearths few deadbeats • Supreme Court upholds doctor draft • More psychiatric resident programs urged • Administration to push reinsurance again

#### **Independent Plans Boom**

While virtually all health insurance plans are registering gains these days, perhaps the fastest growing of all are the independent plans—those not associated with Blue Cross, Blue Shield, or insurance companies. Here, for example, are a couple of significant statistics, gleaned from a recent study by the Social Security Administration:

¶ In just four years—between 1949 and 1953—enrollment in the independent health plans doubled. Total enrollment at the start of this year: 9 million.

¶ During approximately the same period, union health plans alone quadrupled in number; and their membership increased from half a million to nearly 3 million.

#### Military Scholarships

The word around Washington now is that the doctor-draft, which expires July 1, will be allowed to die a natural death. Defense Department officials have already come up with a new plan for supplementing the regular draft and for keeping the military services supplied with doctors.

Their proposal is being readied for the coming session of Congress. It calls for the Federal Government to grant medical (and dental) scholarships to qualified students. Upon graduation from the professional school of their choice, these men would then be required to put in one year of military service for each year of scholarship aid received. Minimum tour of active duty: three years.

#### **Tax-Favored Pensions**

As the result of a precedent-setting decision from a U.S. Court of Appeals, physicians practicing in groups may soon be permitted to set up tax-favored pension plans. The case on which the court ruled involved a plan adopted some years ago by a group in Missoula, Mont.:

The Western Montana Clinic,

headed by Dr. Arthur R. Kintner, set up a fund designed to take adventage of certain Federal income tax benefits granted to employe retirement plans. Under the provisions governing such plans, the employer can deduct his contributions to the pension fund from his gross taxable income; employes may defer payment of taxes on such portion of their income as is reserved for the fund until benefits actually begin (by which time, presumably, they'll be in a lower income bracket); and the pension fund itself needn't pay taxes on income from its investments.

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Under the Kintner plan, the clinic itself became the employer; the physicians and other staff members were considered employes. But the Government claimed that, since the clinic was a partnership, the physician-partners simply couldn't qualify as employes. And the Internal Revenue department pointed out that its code states specifically that any tax-favored pension plan must be for the sole benefit of employes.

In siding with the Montana doctors, the U.S. Court of Appeals in San Francisco made a point that may well affect doctors in group practice everywhere: Even though the clinic may be a partnership under state law (which forbids physicians to incorporate for the practice of medicine), its special features make it a corporation under Federal tax law. And, said the judges, if the clinic is considered a corporation, its

physicians become, in the broad sense, "employes"—and so may legally participate in a tax-favored employe pension plan.

The Government didn't immediately indicate whether it would ask the Supreme Court to upset this decision. So it remained to be seen whether the ruling would serve as a legal precedent for the whole country. It seemed possible, though, that the Kintner case might give many doctors the long-promised tax relief they need to build up their pension funds.

Such relief may also be on the way from another quarter: Undersecretary of the Treasury Marion B. Folsom has announced that the Administration is still mulling over the problem of the "retirement income of people not covered by pension plans." It's possible, he suggests, that the President may press for some such legislation as the Jenkins-Keogh bill during the coming session of Congress. That bill, you'll remember, is strongly supported by organized medicine, since it would permit self-employed persons to defer tax payment on such portion of their income as they put away into a restricted annuity plan.

#### **Punish Venal Druggists**

Pharmacists tempted to substitute counterfeit drugs for the ones prescribed are finding less and less opportunity to get away with it. Two more states have now cracked down hard in an effort to stamp out this practice:

1. The Florida State Board of Pharmacy has temporarily suspended the licenses of three druggists accused of violating the state's antisubstitution laws and has put four others on probation. In addition, board action is pending on at least ten similar cases.

2. An Illinois circuit court has granted preliminary injunctions against four offending retail drugstores in the Chicago area. Said the judge, in handing down his decision: "The druggist has no right at any time to substitute anything for what the doctor ordered. If we ever got to the point [where he did have this right], we would have no doctors; we would have druggists only."

#### Cash Savings Go Up

The average family under your care has cash savings equal to nearly 85 per cent of one year's income after taxes—it does, that is, if it accurately reflects the *national* average.

Actually, the American people "now have more cash savings salted away than ever before," says U.S. News & World Report. It estimates that we have an unprecedented \$207 billion in liquid assets today—which is an increase of some 16 per cent over our total cash savings four years ago.

What's more, says the publication, this amount includes only cash holdings, Government bonds, loan association shares, and savings deposits. It doesn't take into account several billion dollars more in less readily convertible investments like life insurance policies, stocks, bonds, etc.

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#### No New V.A. Hospitals?

Administrator of Veterans Affairs Harvey V. Higley insists it's high time to set the record straight. The V.A., he told a recent meeting of Federal hospital administrators in Chicago, has about reached the end of its postwar hospital building program—despite A.M.A. predictions to the contrary.

When its program is completed, said Higley, "the V.A. will have in operation a grand total . . . of 174 hospitals, with a constructed capacity of 128,342 beds." The A.M.A.'s published estimate that "another 148,000 beds—the equivalent . . . of 200 more hospitals, each with a capacity of 740 beds—will be needed by the V.A., at a cost of nearly \$3 billion, is an intentional misleading statement," charged the V.A. executive.

Characterizing himself as "the son of one physician and the father of another," Higley added that he was thoroughly weary of hearing "the charge of 'socialized medicine'... leveled at the V.A. program." Any such charge, he maintained, is likely to be based on ignorance of what the V.A. stands for. For example:

"Probably all of you . . . have seen in medical publications or in the public press statements that run omething like this: "The V.A. provides free, lifetime medical care for all of America's nearly 21 million veterans and their dependents-a group comprising 40 per cent of our national population.' Let us reduce this fiction to facts: The V.A. has never been authorized to provide medical care for dependents of vetgrans, and so far as I know there is not now, nor has there ever been, consideration by Congress of such a proposal."

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#### Another Tax to Pay

Here's a reminder: Beginning Janury 1, your office cleaning woman -and any household employes to whom you pay cash wages of \$50 or more every three months—will come under the expanded Social Security law. This means that you (or your wife) must:

Put up the money to pay a 2 per cent tax on all such wages.

[Withhold a like amount from each employe's pay checks (or pay itout of your own pocket).

Mail the combined total to your local Director of Internal Revenue at the end of each quarter. The deadlines: April 30, July 31, Oct. 31, and Jan. 31.

Additional facts to remember about the new law:

1. If your maid sleeps in, her room and board won't count as cash

wages. But any cash (not tokens) you give her for carfare will count as wages.

 If you neglect to pay the tax on time, you'll be liable for interest -as well as penalties-on the amount due.

#### **Few Deadbeats Found**

Who's to blame for delinquent accounts? More often than you may think, you are. At least that's what the findings of the Alameda-Contra Costa (Calif.) medical society indicate. The society recently studied the cases of some 1,500 patients who hadn't paid their doctor bills. It discovered that only about one delinquent debtor in ten could accurately be called a "deadbeat."

The responsibility for the rest could, as often as not, be laid at the doctor's own doorstep. The California medical society's survey showed, for example, that:

¶ Some 30 per cent of the delinquencies were directly traceable to poor business methods in the doctor's office. In many such cases, the bill had been incorrectly made out or sent to the wrong address. In many other cases, the doctor had neglected to institute a routine follow-up.

¶ Another 20 per cent of the delinquencies apparently developed because the doctor had made no financial arrangement with the patient before treatment. Such patients were frequently surprised by the size of the subsequent bill, which they then proceeded to ignore.

The Alameda-Contra Costa society noted that when doctors took steps to correct some of these failings, their collections increased by as much as 25 per cent.

#### **Doctor Draft Upheld**

With the Supreme Court's recent refusal to review the case of Dr. William R. Bertelsen, it becomes clear that any further efforts to challenge the constitutionality of the doctor draft are probably doomed to failure. Consider the Bertelsen story:

During the war, the Neponset, Ill., physician had received seventeen months of medical schooling under the Navy's V-12 program. After the war, he was put on inactive status until discharged in 1947; and he completed his medical training on his own. Then, in 1953, he was called up for active duty as a medical officer.

But Bertelsen felt that the Government had no right to command his services as a doctor. So he decided to make a test case of himself: He declined a commission and permitted himself to be drafted into the Army as a private.

Immediately thereafter, he moved for his release on the ground that the law under which he had been drafted was unconstitutional. In his appeal he charged that the doctor draft



Wherever TAR is indicated ....

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Tarbonis supplies the benefits of time-tested tar without its objectionable features—assures patient cooperation.

Easily applied, quickly and completely absorbed into the skin, Tarbonis stops itching and provides rapid relief. It is free of tarry odor, is pleasantly scented, and cosmetically acceptable to the most fastidious. The vanishing cream base permits deeper, more effective penetration without staining or soiling.

#### INDICATIONS

Eczema, infantile eczema, psoriasis, folliculitis, seborrheic dermatitis, intertrigo, pityriasis, dyshidrosis, tinea cruris, varicose ulcers, and other stubborn dermatoses.

Write today for a clinical trial supply.

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analgesic combines
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discriminates against a particular occupational class in violation of the "due process" clause of the Fifth Amendment. And he argued further that the law simply caters to the Army's "misuse" of medical personnel "to care for large groups of civilians and civilian dependents of military personnel."

The Supreme Court's denial of a petition for review of his case spells bad news for another doctor who has questioned the Government's right to order him back to service. Like Bertelsen, Robert E. Farabaugh of Nutley, N.J., got part of his medical training at Uncle Sam's expense. But unlike his Illinois colleague, Dr. Farabaugh served a short hitch as an Army medical of-

ficer back in 1946. He didn't complete the required minimum of seventeen months' service, however; so, last summer, he was called up again.

Farabaugh, now 44 and the father of five children, apparently felt that his recall was unjust, for he refused to apply for a commission. But the Defense Department wouldn't take "no" for an answer; and he soon found himself a seaman-recruit in the Navy.

While not challenging the constitutionality of the doctor draft, he and his wife have been doing everything possible to obtain his release. They have claimed that it's impossible to keep the family together without the income from the doctor's practice. Mrs. Farabaugh maintain-

**NEW...**SUSPENSION

# Remanden.

extends the scope of penicillin therapy

#### GIVES BETTER PLASMA PENICILLIN LEVELS— BOTH PEAK-WISE AND DURATION-WISE

Clinical investigations now prove that when REMANDEN is administered the plasma penicillin levels are (1) comparable to those obtained with intramuscular penicillin<sup>1</sup> and (2) superior to those obtained with other oral penicillin preparations.<sup>2</sup>



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References: 1. Antibiotics & Chemotherapy 2:55, 1952. 2. Scientific Exhibit, Norristown State Hospital. Data to be published.

10

MEDICAL ECONOMICS - DECEMBER 1954

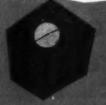
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especially for moderate and severe essential hypertension.

## Serpasil-Apresoline®

hydrochloride

(RESERPINE AND HYDRALAZINE HYDROCHLORIDE CIBA)



#### Combined in a Single Tablet

- The tranquilizing, bradycrotic and mild antihypertensive effects of Serpasil, a pure crystalline alkaloid of rauwolfia root.
- The more marked antihypertensive effect of Apresoline and its capacity to increase renal plasma flow.

Each tablet (scored) contains 0.2 mg. of Serpasil and 50 mg. of Apresoline hydrochloride.

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ed, for instance, that she now had to depend on the generosity of her neighbors (the local Elks have chipped in \$100 to help plug the gap) and on Navy Relief.

As of last month, however, Navy officials evidently intended to hold Dr. Farabaugh until his time was up. They pointed out that the family didn't have to subsist on a seaman's allotment (\$136 a month); Dr. Farabaugh could have a commission any time he asked for it.

#### Pleads for Doctors' Sons

It's time the medical schools started giving "a break" to doctors' sons who apply for admission, says Dr. Irving J. Sands of Brooklyn, N.Y. He deplores the fact that the children of physicians often have a hard time getting accepted—and sometimes even have to go to Europe to study.

After all, he argues in his county society's bulletin, the average doctor's son is "raised in an environment of self-sacrifice, altruism, idealism, and subordination of one's interest to those of the patient." As a result, such a boy is "more likely to possess [the necessary] qualifications than the boy raised in any other environment."

Dr. Sands suggests that "it would be well to investigate the entire subject of doctors' children studying medicine." Such a study, he feels, would "throw some light" on just why it is that "some medical schools

# Angina pectoris prevention



The new strategy in angina pectoris is prevention, the new low-dose, long-acting drug—METAMINE. Most effective miligram for milligram, and better tolerated, METAMINE prevents attacks or greatly diminishes their number and severity. Dosage: 1 tablet (2 mg.) after each meal; 1-2 tablets at bedtime.

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Triethanolamine trinitrate biphosphate, Leeming, tablets 2 mg.

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Is there a difference between ACTH and THE CORTICOSTEROIDS, cortisone (compound E) and hydrocortisone (compound F)?

A.

Yes, There Is a Difference and it is clinically significant.



ACTH is the specific pituitary gland hormone which stimulates the adrenal gland to manufacture and secrete its more than 30 steroids of which cortisone and hydrocortisone are but two.

Only under the influence of ACTH can the function of the adrenal cortex be maintained. While prolonged or intense ACTH therapy lessens the secretion of pituitary ACTH, the adrenals remain functioning and responsive.

Thus, ACTH therapy is stimulation therapy.

Corticosteroids, without exception, cannot stimulate the adrenal cortex. Administration of therapeutic amounts of corticosteroids depress pituitary secretion of ACTH. As a result adrenal cortical function is lessened, and the adrenal may undergo partial or complete functional atrophy.

Thus corticosteroid therapy causes depression of both the pituitary gland and the adrenal cortex.

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HP\* ACTHAR\* Get is The Armour Laboratories Brand of Purified Adrenecorticotropic Hormone—Corticotropin (ACTH).

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A DIVISION OF ARMOUR AND COMPANY . KANKAKEE, ILLINOIS



seem to bend backwards when interviewing sons of doctors."

In the meantime, he thinks it might be a good idea for a local medical society representative to serve on each institution's board of admissions. Chances are, says Dr. Sands, that an individual of this sort would at least be "quite well acquainted with the home environment of many of the doctors' children who apply..."

#### Save With Residents?

Budget-conscious hospital administrators are sometimes loath to add psychiatrists to their staffs because of the expense. But are they wise in this attitude? The value of psychiatry "cannot be measured in dollars and cents," says Dr. Paul Sloane of Philadelphia (himself a psychiatrist).

In an editorial in Philadelphia Medicine, Dr. Sloane insists that his colleagues' services are absolutely invaluable to a general hospital, particularly "in the out-patient department and pediatric ward, in the treatment of psychosomatic illness, and in the study of the psychological reactions of the normal patient to his illness."

It's true, he admits, that psychiatry is expensive, since it "does not pay for itself." But he suggests at least a partial solution to this problem: Let the hospitals adopt more widespread and fuller psychiatric

# Remanden.

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#### SUPPLEMENTS AND AUGMENTS INITIAL INTRAMUSCULAR PENICILLIN

To intensify penicillin therapy and maintain optimum penicillin concentration, follow an initial "loading" dose of 300,000 units of intramuscular penicillin with 2 Tablets of REMANDEN or 2 teaspoonfuls of Suspension of REMANDEN every 6

or 8 hours. For children, the followup dosage is based on 40 mg. of 'Benemid' per Kg. of body weight per day in divided doses, every 6-8 hours.



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TERRAMYCIN provides proved, established broad-spectrum action against threatened or coexisting infection.

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# ANEMIA OF

INFANCY

Recently completed—1954—studies <sup>1,2</sup> again confirm the unique value of Roncovite (cobalt-iron) in the prevention and treatment of infant anemia.

Clinical results show that routine administration of Roncovite can completely prevent the iron deficiency which so frequently develops in the first six months of life.

RONCOVITE (Cobalt-Iron) has introduced a wholly new concept in anti-anemia therapy. It is based upon the unique hemopoietic stimulation produced only by cobalt. The application of this new concept has led to marked, often dramatic, advances in the successful treatment of many of the anemias.

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"It is a significant fact that none of the...

coes receiving iron as well as cobalt required additional iron therapy and that the haemoglobin levels of this group remained consismust and significantly higher than those in

my other group after the age of 4 months."

"...there can be no doubt that the average hemoglobin values... are greater in the cobaltion (Roncovite) treated group."<sup>2</sup>

#### PATIENT SATISFACTION

"...the mothers of these anaemic infants frequently stated spontaneously that the children were much improved, with increased appetite and vigour. It seems possible, therefore, that even if anaemia in premature infants does not usually produce marked symptoms, there is a subclinical debility which becomes more evident in retrospect."

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"There was no evidence of toxicity in any case under treatment:...There is nothing to suggest that cobalt in any way impairs the pesseal progress or rate of weight gain in premature infants in the dosage employed."<sup>11</sup>

The babies were closely observed daily for il effects of the medication while at the premature unit and when they returned for check us. None of them showed harmful effects tempite the large doses... A few of the babies ...have been followed for more than 100 days with no ill effects noted."

#### SUPPLIED:

#### RONCOVITE DROPS

Each 0.6 cc. (10 drops) provides:		
Cobalt chloride(Cobalt 9.9 mg.)	.40	mg.
Ferrous sulfate	75	-

#### RONCOVITE TABLETS

Each	enteric	coated,	red	tablet	contains:
Coba	It chlori	ide			15 mg.
Ferre	us sulfa	te exsic	cated		.0.2 Gm.

#### RONCOVITE-OB

Each enteric coated, red capsule-shaped
tablet contains:
Cobalt chloride
Ferrous sulfate exsiccated 0.2 Gm
Calcium lactate0.9 Gm
Vitamin D

#### DOSAGE:

One tablet after each meal and at bedtime. 0.6 cc. (10 drops) in water, milk, fruit or vegetable juice once daily for infants and children.

- Coles, B. L., and James, U.: Arch. of Disease in Childhood 29:85 (1954).
- Quilligan, J. J., Jr.: Texas State J. Med. 50:294 (May) 1954.

Bibliography of 192 references available on request.

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resident programs. Most residents he points out, are "ready to forego large stipends if they can obtain good training."

#### 'Guard Patient's Purse'

One way for medical men to retain the goodwill of their patients is to be more mindful of the cost of the procedures and treatments they prescribe, says surgeon James T. Priestley of Rochester, Minn., in the Archives of Surgery.

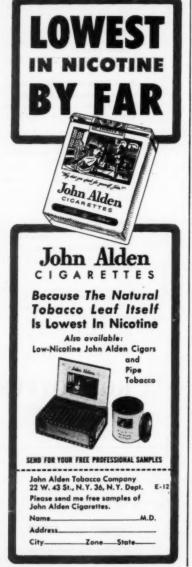
"We don't pay for [laboratory tests, blood transfusions, X-raya, drugs, etc.] ourselves," he says, "but it might be a good plan if we used

them as if we did."

The blood transfusion is a good case in point, he adds; for, "through Red Cross and other blood banks, it has been made almost as easy for most surgeons to order a blood transfusion as an aspirin tablet . . . It appears to have become common practice in some areas to administer blood each time a certain operation is performed rather than to consider the needs of the individual patient and the amount of blood lost. To me this seems an unsound practice. This blood costs somebody something..."

#### Reinsurance Reprise

The Administration means business with its reinsurance program; it intends to resubmit it to the upcoming Congress and to press for its adoption. The President himself has



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again repeated that he considers passage of his plan for Federal health reinsurance an absolute "must."

Mrs. Oveta Culp Hobby, whose job it will be to see the program through, has echoed the President's sentiments. The Secretary of Health, Education, and Welfare recently warned that if Congress again turns thumbs down on the proposal, a far more extreme plan may take its place.

"The American people are going to have protection against health risks" in one way or another, said Mrs. Hobby, sternly; reinsurance, she pointed out, will help them get such protection—and yet avoid the "regimented route." A number of doctors have been skeptical of this argument. But there are indications that some are now coming around to the Administration point of view. Says an editorial in the Westchester (N.Y.) Medical Bulletin:

"In all candor we must admit that the medical profession was not the prime mover in the development of voluntary health insurance in this country . . . [But] most of us now concede that without [voluntary health insurance] some drastic form of compulsory government health insurance . . . would have been imposed on patients and physicians alike during the era of the New Deal . . .

"[Today,] those most familiar

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Reference: 1. Am. J. Physiol, 166:639 (Sept.) 1953.

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MEDICAL ECONOMICS · DECEMBER 1954

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Cortisone Acetate . . . . . 5 mg. (1/12 gr.)

RECOMMENDED DOSAGE: For acute cases, 8 to 10 Entabs daily in divided doses. For maintenance, 1 or 2 Entabs four times daily.

SUPPLIED: Bottles of 50 and 200 Entabs (enteric-coated tablets).

1. Committee of American Rheumatism Association: Primer on the Rheumatic Disease, J.A.M.A. 152:323, 405, 1953. 2. Robinson, W. D., et al.: Tenth Rheumatism Review, Ann. Int. Med. 39:498, 1953. 3. Dry, T. J., et al.: Proc. Staff Meet., Mayo Clin. 21:497, 1946. 4. Wiesel, L. L., et al.: Byooklyn Hosp. J. 6:418, 1950. 5. Wiesel, L. L., and Barritt, A. 5.3 Am. J. M. Sc. 227:74, 1954.

Literature on request



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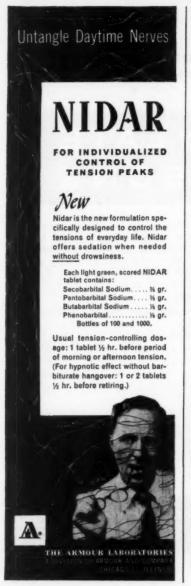
with the voluntary programs . . . generally agree that there are areas in . . . which [these programs] may forever remain weak . . . Unless some government assistance [of the nature of] the Eisenhower reinsurance program is developed, this weakness may become the Achilles heel by which a small and dedicated group of social planners may be able to destroy . . . the voluntary programs and replace them with comprehensive 'socialized medicine.'

"The leaders of our profession turned 'thumbs down' on the President's plan presumably because they thought it tended toward 'socialized medicine'; the defeat of the plan by Congress, however, was more likely due to overwhelming opposition from groups who felt the Eisenhower plan was much too mild."

Concludes the editorial:

"We hope that the leaders of our profession on a national level will give careful thought to this urgent problem, so that when the President goes before Congress...with some modification of his original plan, he will be able to do so with the cooperation and whole-hearted endorsement of our profession.

"Mr. Eisenhower has repeatedly shown evidence of his genuine and high regard for our profession. There is little likelihood that the President will 'let down' the medical profession unless he finds himself 'let down' repeatedly by us." END



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The reduction of lean body mass . . . the withering away so commonly accepted with aging, represents an extensive loss of body protein.1,2 This condition may also occur with an increase in the fat content of the body, so that old people, although obese, still may hide a considerable reduction in lean body mass.3 Many times they look healthy and plump, but often are really suffering from reduction of lean body mass.

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- C. S. Davidson: Protein Metabolism With Particular Reference to Problems of Agring. Symposium on Problems of Geroni-ology, August 1954.
   Bresek, J.: Changus of Body Composition in Man During Ma-turity and Their Nutritional Implications, Fed. Proc. 11:734
- 3. Monroe, R. T.: Diseases in Old Age, Harvard University Press,

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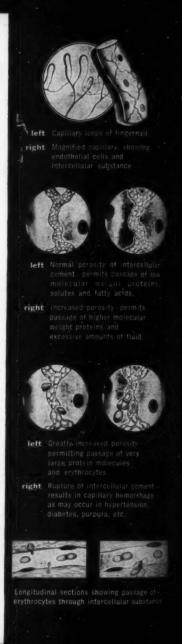
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- 1. Susinno, A. M., and Verdon, R. E.: J.A.M.A. 154:239 (Jan. 16) 1954. 2. Rottino, A.: Journal Lancet 71:237, 1951.
- 3. Pelner, L., and Waldman, S.: New York State J. Med. 52:1774 (July 15) 1952.

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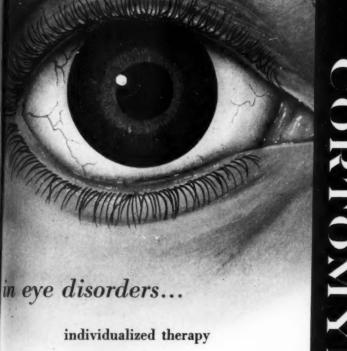
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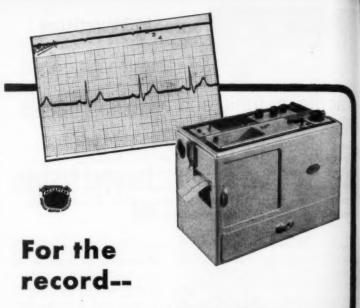
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## White's A-P-CILLIN

... prevents and controls secondary infections ... while relieving "cold-like" symptoms

In a single convenient tablet, A-P-Cillin combines three widely prescribed therapeutic agents for control of acute upper respiratory infections and for relief of symptoms.

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**APC**—for analgesic and antipyretic action—to relieve systemic symptoms.

Acetylsalicylic acid 2½ gr.
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- PENICILLIN—for prevention and control of secondary bacterial infections.

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For common acute upper respiratory infections, the usual adult dose is 2 tablets three times a day, continued for at least three days. Tablets should be taken at least one hour before or two hours after meals—supplied in bottles of 50 and 500 tablets.

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Sodium-free,
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for rheumatic diseases

## ARTA

combines

SALICYLAMIDE

(non-irritating to gastric mucosa)

with

ORGANIC IODINE

(stimulates resorptive processes)

plus PABA and ASCORBIC ACID

Maintenance of high salicylate blood levels without undesirable side effects has long been a goal in the management of pain in rheumatoid arthritis, rheumatic fever, osteoarthritis, fibrositis and gout.

This goal has been achieved in *Artamide*. Through the use of salicylamide instead of one of the common salts or esters of salicylic acid, *Artamide* avoids gastric irritation. Coadministration of alkalizing agents is therefore unnecessary. In addition, *Artamide* is completely free of sodium and potassium—an important consideration for patients requiring restricted intake of these elements.

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COMPOSITION: Each white, coated *Artamide* tablet contains Salicylamide (0.25 Gm.), PABA (0.25 Gm.), Ascorbic Acid (20.0 mg.) and *Organidin* (10 mg.).

SUPPLIED: Bottles of 100 and 500. Dosage: Two tablets three or four times daily; in acute rheumatic fever, may be increased to two tablets hourly.

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### Dermatologic Ointment

Contains benzethonium chloride and zinc oxide, in a nongreasy lanolin base. Agreeably scented, easily removed with soap and water or soapless detergents. Supplied in 2-oz. tubes.

To protect against diaper rash-

#### Diaper Rinse

A unique product because it combines a special water-softening agent with methylbenzethonium chloride, which inhibits the formation of ammonia by checking the Bacillus ammoniagenes, organism responsible for releasing ammonia from urine. Dispers treated "the AMMORID way" are soft and will not chafe baby's sensitive skin.

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Sms: I've just read with interest Dr. Edward J. McCormick's exhortation for average fee schedules applicable to "the vast majority of cases." His implication seems to be that the quality of medical care can be leveled and the price pegged. This is no more true of the physician's services than it was of beef under O.P.A.

In most cases, the doctor who devotes more time and attention to his individual patient feels, rightly, that he's justified in charging a higher fee... Most patients quickly smell out the few who overcharge.

J. L. Bordenave, M.D. Geneva, Ill.

#### **Young Doctors**

Sms: I read with growing interest your recent report on young doctors and their goals . . . They all seem to be interested only in making more or easier money, obtaining shorter or more regular hours, acquiring more prestige, and so on, rather than in service to their fellow men.

You'd think that doctors, of all people, would have developed beyond such egocentric and narcissistic attitudes. If they haven't, their education, in the wider sense, has failed.

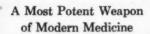
> William Wolf, M.D. New York, N.Y.

Sirs: So fourth-year medical students now "feel that for the would-be specialist a temporary stretch in general practice is an impractical luxury"! It seems to me that a general practice experience of sufficient length should precede any specialization. Such was thought to be the necessity when I graduated in 1904; and I see no reason for a change today.

J. H. Schrup, M.D. Dubuque, Iowa

#### **Special Attention**

Sins: The single, unadulterated cause of the trend toward "infectious specialitis" (described in your recent article, "Is the Family Doctor Obsolete?") is the lamentable



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24-hour therapy against gonorrhea • bacillary dysentery

each tablet contains

AUREOMYCIN Chlortetracycline 125 mg.
Sulfadiazine 167 mg. Sulfamerazine 167 mg.
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AUREOMYCIN TRIPLE SULFAS is a 4-in-1 product, a potent therapeutic weapon of modern medicine.

For gonorrhea, the recommended dosage is 4 tablets: 2 tablets initially followed by one tablet at 6-hour intervals. Course may be repeated if necessary.

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creation of the specialty boards. Their existence now constitutes a Frankenstein monster that no physician dare openly discuss.

I speak as a diplomate of the American Board of Surgery.

M.D., Massachusetts

Sms: I'm a board-certified specialist, and I'm getting sick and tired of sitting passively by, listening to the G.P.s beat the publicity drum for a return to medical mediocrity.

Sure, I wholeheartedly endorse the idea of the family physician. But it's antiquated and erroneous to suppose that "family physician" is synonymous with "G.P." There's only one man who can properly qualify for the job of family physician: the trained specialist in internal medicine.

One man who can't qualify is the impertinent little fellow who bursts forth fresh from a one-year interneship and proclaims to the world that he is now prepared to deliver babies, perform surgery, fit glasses, mend fractures, and otherwise diagnose and treat all and sundry who are unfortunate enough to fall into his hands.

(Not infrequently, by the way, his charges would cause an honest and qualified specialist to blush for shame!)

M.D., Texas

Sms: As the wife of a very conscientious general practitioner, I must protest the current assumption in many medical circles that general practitioners lag behind their specialist colleagues in the practice of preventive medicine. The G.P.s practice needful, not needless, preventive medicine.

Must the specialists discredit their G.P. colleagues in order to increase their own practices? I'm beginning to wonder.

Doctor's Wife, New York

#### Tax on Insurance

Sirs: I'd like to clarify one statement in your September article on revisions in the Internal Revenue code. You said: "Under the new code, life insurance proceeds payable to your wife or child probably won't be included in your estate for tax purposes."

It isn't quite that simple: In order to take advantage of this tax benefit, the insured must agree to give up all incidents of ownership, his right to borrow on the policy or to surrender it for its cash value, his right to change the beneficiary, and his right to any reversionary interest worth more than 5 per cent of the face value of the policy.

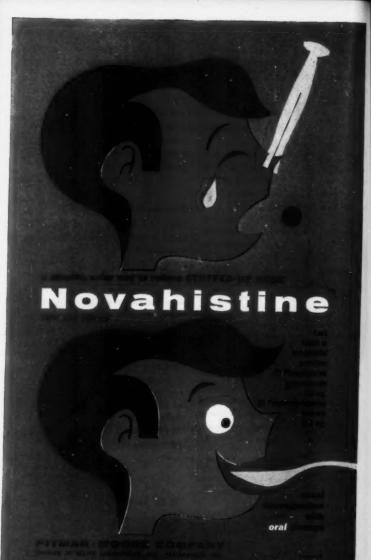
James C. Rivers Internal Revenue Service Washington, D.C.

#### M.D. Insignia

Sirs: "Nuts to M.D. plates," says one of your readers, after being arrested for going through a red light.

For this he got peeved?

. . Even President Eisenhower



#### LETTERS

should be given a ticket if he were to run through a red signal and thus endanger the lives of others.

Philip S. Ching, M.D. Fresno, Calif.

Sms: It shouldn't be necessary for doctors to display special automobile insignia to protect them from parking tickets when they're on emergency calls.

Most such calls are made either at a hospital or at a patient's home. In the former case, the hospital itself should provide plenty of private parking space for its medical staff, just as it provides enough operating-room space Local doctors should insist that it do so.

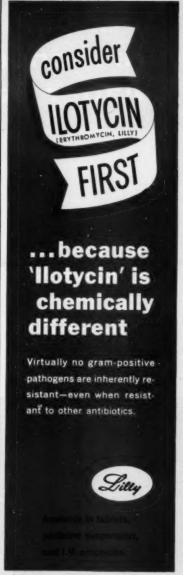
As for house calls—well, probably only 1 per cent of these must be made in congested areas. If the doctor anticipates a parking problem, he should simply make the call by cab. He can then add the cost of the taxi to his bill with a clear conscience.

M. D., New Jersey

#### Psychiatrists' Fees

Sus: One of your correspondents complains that psychiatric fees present one of the major problems of treatment for "any but the rich." I don't agree.

For several years I directed a mental hygiene center where patients could be seen for a nominal fee or, in some cases, without any fee at all. Yet appointments were broken more frequently, and for



## Gratifying Response in Diaper Rash



A typical case of diaper rash before treatment, characterized by excoriation and soreness.

After only one week of local applications with White's Vitamin A and D Ointment at each diaper change, the skin surface is normal. The soothing, protective and healing action of White's Vitamin A and D Ointment is the reason why it is used so extensively in this condition.



# White's Vitamin A and D Ointment

-supplied in 1½-oz. tubes and 16-oz. jars for office use; 5-lb. jars for hospital use.

# ...and Equally Valuable in Severe Conditions

6 days after radical mastectomy, the defect is filled with postage-stamp grafts, and application of White's Vitamin A and D Ointment begins.





After only 1.4 days of therapy with White's Vitamin A and D Ointment, solid healing of the postage-stamp grafts has taken place.

## Other Indications:

sunburn burns..

traumatic lacerations ...

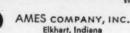
bedsores ... abrasions.

chafing . fissured nipples .

indolent ulcers

White's Vitamin A and D Ointment presents the natural A and D vitamins in a pleasantly fragrant landlin-petrolatum base. It does not stoin the skin.

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#### LETTERS

even less reason, than they are in private practice . . .

There is no doubt that patient use the excuse that high fees prevent them from going on with extended psychiatric care. But this is seldom the *real* reason.

J. M. Kenyon, M.D. Toledo, Ohio After

perio

nco

Sins: Is the psychiatrist who charges his colleagues greedy, as the Norfolk (Mass.) Medical News editorial you quoted recently implies? The answer is, of course, no—not, at least if he does psychotherapy.

Analytic psychotherapy takes an hour at each session and needs three to five sessions a week. So the psychiatrist has a rigid ceiling on the number of patients he can see. He cannot sandwich a patient in between two others, as the pediatrician or the nose-and-throat man does. For that reason, if he sees an M.D. patient without charge, he has to refuse another patient, thus taking money out of his own pocket.

M.D., Vermont

#### What's in a Name?

Sins: So one of your readers thinks the title *Doctor* should be restricted to M.D.s! If he were better educated, he'd know that *doctor* means *teacher*—and has for centuries. It's only within the past few decades that barbers and healers have tried to dignify their trade by misappropriating a respectable title.

I suggest that M.D.s be the ones

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## "...BEST

## fees pre METHOD AVAILABLE..."

After giving 'Teldrin' Spansule capsules to 30 allergic patients over a 6 month period, Rogers<sup>1</sup> concluded:

"It is our belief that this drug in this form provides the best method available for using antihistamine medication."

Teldrin' Spansule capsules are "the best method available" because they incorporate 3 distinct advantages:

- They contain chlorprophenpyridamine maleate, the widely prescribed, well-tolerated antihistamine.
- 2. They release this drug slowly, continuously, and uninterruptedly over a period of 8-10 hours, with a therapeutic effect lasting approximately 12 hours. Side effects are thus held to a minimum.
- 3. They provide maximum dosage convenience.

## TELDRIN\*

chlorprophenpyridamine maleate

## SPANSULE\*

brand of sustained release capsules

S.K.F.'s widely acclaimed new



## ANTIHISTAMINE

made only by

preparation

Smith, Kline & French Laboratories, Philadelphia 1 the originators of sustained release oral medication

1. Rogers, H. L.: Ann. Allergy 12:266 (May-June) 1934.

\*T.M. Reg. U.S. Pat. Off. Patent Applied For

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prohibited from using the title of doctor—until, at least, they can prove they know what it means.

Ph.D., Florida

SIRS: To claim that calling a Ph.D. "Doctor" creates "needless confusion" is to make a mountain out of an academic molehill . . . When the cry, "Is there a doctor in the house?" goes up, I've yet to hear of a Ph.D. or a chaplain answering it.

James A. Brussel, M.D. Queens Village, N.Y.

Sins: A youngster asked me how he could become a doctor quickly. I told him to take up tending bar. The practitioners of that healing art are called "Doc" too . . .

Hans Schroeder, M.D. San Francisco, Calif.

#### **Retiring Made Easy**

Sins: In a recent editorial, you suggested several ways to liquidate a practice. As a medical management man, I'd like to add one more to the list. It's based on an actual case that occurred in 1953.

Old Dr. A, retiring, said to young Dr. B, "I'll let all my patients know I'm giving up and recommend that they switch to you. For one year, you pay me half the net on those referrals. For another year, one-third. Then I'm out."

What has happened? Well, Dr. A got \$400 a month the first year, plus collected receivables. He's getting \$300 a month this year.

As for Dr. B, he has benefited too. He put no money down, and he didn't have to buy Dr. A's old equipment. He's not been stuck with any "pig in a poke." And he can rest assured that, according to available evidence, the plan is perfectly ethical.

Horace Cotton

Mastrom, Inc.
Charlotte, N.C.

#### Never the Twain?

SIRS: I think you're rubbing it in a little when you print pictures of such fabulous set-ups as Dr. Bassett's "dream" office. After all, your own surveys indicate that most of us can never afford such buildings.

Perhaps you should have two editions: one for the West Coast and Texas boys, and one for us here in the East. Your Eastern edition might feature ways to convert a linen closet into a three-man suite.

Lester Lando, M.D. Monsey, N.Y. Te

#### Community Blood Banks

Sins: After reading through your recent—and extremely valuableseries of articles, may I express some of my ideas on the subject of community blood banks?

First, if a bank is a community enterprise, it cannot—and should not-be controlled by any single group. If a blood bank is run by the local medical society, or by any other single organization, it is not a community bank...

Secondly, to be most effective

Relaxed ... But Alert/
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Smooth and pain-free range of motion with complete muscle relaxation is accomplished by Tolyphy without loss of muscle tone or depressant effect on the central nervous system.

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- a. Powerful spasmolytic action of Tolyspaz (Chimedic brand of mephenesin) with
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the community bank should centralize all laboratory work on its premises. Here, at the King County Central Blood Bank, we perform all the cross-matching tests for all the hospitals in this area, carry on intensive research jointly with the local medical school, and do medicolegal investigative work. We feel that only very large hospitals could attempt these services; and it's debatable whether they could-or, rather, would-do the work as economically as we do it. Yet in many areas the community blood banks are thwarted by the hospitals in their efforts to render such services. Why? Even a cursory investigation gives the answer: money.

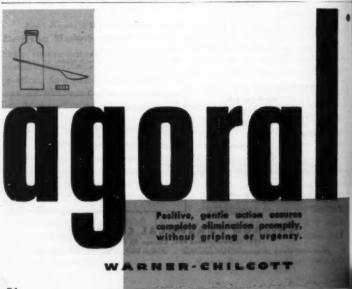
Finally, a physician may well

have good ideas on how to run a blood bank. But to argue that the M.D. is qualified to run it simply because he "studied" blood is rather like saying that he should be a scuptor because he studied anatoms. Blood banking today is a highly specialized field in which the average physician, or even the pathologist can play only a perfunctory role.

J. Richard Czajkowski, Phn Director, King County Central Blood Resi Seattle, Was

#### 'Free' Insurance Exams?

Sirs: Why don't the insurance companies protect their investment by encouraging periodic check-ups of all policyholders? Why, for example, don't they give a premium return



The Comprehensive Antispasmodic for both skeletal and associated smooth muscle spasm

EXPASMUS, a new combination of antispasmodics, plus a powerful analgesic—in single prescription form effectively reduces both skeletal and smooth muscle spasm, while affording more rapid release from pain.

Though skeletal muscle pain-spasm often engenders seemdary smooth muscle spasm, no single antispasmodic preparation free of belladanna, barbiturates or amphitimine has heretafore been formulated to treat both types of spasm. In this respect, Expasmus is unique as it/combines the smooth muscle relaxant, dibenzyl succinate and the skeletal muscle relaxant, mephenesin with the powerful analgesic, salicylamide to provide safe, fast-acting and comprehensive therapy.

**Description:** Each tablet of Expasmus cantains dibenzylsuccinate, 125 mg.; mephenesin, 250 mg.; salicylamide, 100 mg. Packed in battles of 100 tablets, on your prescription only.

Indications and dosage: For relaxation of skeletal and associated smooth muscle spasm; relief of arthritic and low back pain; as a mild non-barbiturate sedative and relaxant in tension—Average dose, two tablets every four hours. Maximum daily dose, twelve tablets.

Samples Available to Physicians

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A new, effective weapon against acute

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## **Restores Local Circulation.**



PARENZYME (INTRAMUSCULAR trypsin) is based on an entirely new concept of biological continuity... in terms of clinical enzymology. In very small doses, it initiates physiologic mechanisms—and

- · dramatically restores circulation
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Safe, compatible not an anticoagulant. No toxic reactions have been reported following administration of this new, intramuscular form of trypsin. PARENZYME therapy does not preclude the coadministration of other drugs. PARENZYME does not alter the clotting mechanism.

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Dosage: Therapeutic: 2.5 mg. (0.5 cc.) of Parenzyme (Intramuscular trypsin) injected deep intragluteally 1 to 4 times daily for 3 to 8 days. When more intensive therapy seems indicated, small doses at more frequent intervals ensure better results than larger doses less often.

MAINTENANCE: To stabilize response to therapy, or in recurrent or chronic diseases, 2.5 mg. (0.5 cc.) once or twice a week may be required for maximum benefit.

Vials of 5 cc. (5 mg./cc.: crystalline trypsin suspended in sesame oil), by prescription only.

Information on PARENZYME and on the research background of clinical enzymology will be mailed on request.

## Parenzyme

Intramuscular trypsin



for an annual physical-exam report by a doctor of the policyholder's own choice?

M.D., Utah

Congressional Medal of Honor.

I even know of a doctor who married a banker's widow and lives on the profits.

M.D., Michigan

#### Singular Sidelines

Sins: I was really tickled by your account of the psychiatrist who writes best-selling comics in his spare time. [See "The Man Who Creates Rex Morgan," October, 1954.] I wish you'd print more stories about doctors with sidelines.

There must be plenty of men to choose from, too. In this one state, I've heard of a physician who raises trout for sale, another who's the best farmer in his area, and a third who was a professional soldier before he became an M.D.—and who holds the

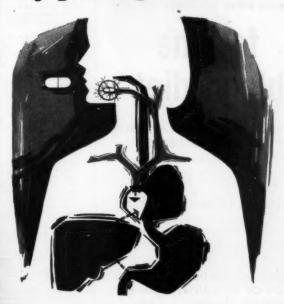
MEDICAL ECONOMICS will be delighted to receive the name and address of any person (or organization) who might make an interesting subject for a profile or other writeup. Such a person may have a unique practice or secondary occupation. Or work in an unusual place.
Or be a leader in medicine and an engaging personality as well. Or have an interesting patient (or patients). Or be noteworthy as a hobbyist, adventurer, collector, or sportsman.



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Metandren Linguets for buccal or sublingual administration provide methyltestosterone about twice as potent per milligram as unesterified testosterone.<sup>1</sup>

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## METANDREN LINGUETS

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A VITAMIN AND MINERAL RICH DIETARY SUPPLEMENT

## for the bland diet

#### OVALTINE PROVIDES A WEALTH OF ESSENTIAL NUTRIENTS

And in a balanced relationship of protein, vitamins, minerals and other nutrients. See chart at right.

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This dietary supplement is an easily digested addition to the bland diet.

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CHLORINE													900	me.
COBALT				0			10						0.006	me.
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*IRON														ME.
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MANGANE	31	E.											0.4	me
*PHOSPHOR	Ħ	Ħ	3.						,				940	ML.
POTASSIU	M	١.				0							1300	ME.
SODIUM													560	mr.
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#### VITAMINS

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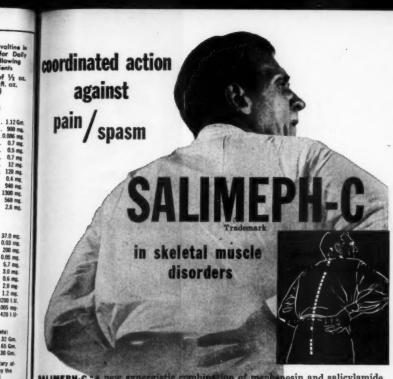
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SALIMEPH.C, a new synergistic combination of mephanesin and salicylamide, successfully combats the interrelated pain and spasm of arthritis, myositis, bursitis, spondylitis, and low-back pain by providing:

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REFERENCES: 1. Natenshon, A. L., Wisconsin M. J., in press. 2. Seeberg, V. P., et al.: J. Pharmacol. & Exper. Therap. 101:275, 1951. 3. Brodie, D. C., and Szekely, I. J.: J. Am. Pharm. A., Scient. Ed. 40:414, 1951. 4. Wegmann, T.: Schweiz. med. Wchnschr. 80:62, 1950.

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Each tablet of SALIMEPH-C contains: salicylamide 250 mg., mephenesin 250 mg., and ascorbic acid 15 mg.

**SUPPLIED:** bottles of 100, 500, and 1000 tablets.

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. . . a "confused" old lady

# Dexamyl' helped

. . . an extremely nervous man

(Photographs and excerpts of case histories from the files of a general practitioner.)

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tablets—elixir—Spansule† capsules
relieves both anxiety
and depression—promotes a

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'Dexamyl' provides the synergistic action of two mood-ameliorating components: 'Dexedrine' and amobarbital.

Tablets—each containing Dexedrine\* Sulfate (dextroamphetamine sulfate, S.K.F.), 5 mg.; amobarbital, ½ gr. (32 mg.).

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mith, Kline & French Laboratories. Philadelphia

V.M. Roy, U.S. Pat. Off.

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Easily Digested! Recognizing the importance of digestibility, Gerber's use only fully-ripe fruit for their new Strained Bananas for babies. Degree of ripeness is always uniform. A touch of tapioca is added for stability. 89% of the easily-digested carbohydrates are derived from the fully-ripe banana puree.

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Pleasant consistency! Extra-smooth texture makes Gerber's Strained Bananas particularly agreeable to infants.

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Photomicrographs show why



With ordinary soap. Even after thorough washing, thousands of active bacteria remain on the skin.

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This is a complete kit for Wintrobe hematocrit and sedimentation tests with Dr. Best's Calculator for rapid and simple correction of Wintrobe Sedimentation rate.

With the kit comes a stainless steel syringe cannula, permitting use of the same syringe for taking of blood sample and for filling the Wintrobe tube.

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#### The complete kit contains:

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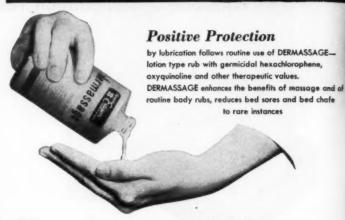
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#### WRITES OFF BED SORES AND BED CHAFE?



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with repeated drying out of the skin result from rapidly evaporating rubs, which also make skin susceptible to cracking and soreness.

1000 CC. H<sub>2</sub>O 1 CC. ALCOHOL

Due to the marked affinity of alcohol for moisture, the contents of the 1 cc. pipette above, added to the 1000 cc. of water, will be immediately dispersed through it. THUS alcohol tends to remove the natural moisture of the skin when applied to it.

MATERNAL MORTALITY? Steadily declining.

SEVERE SURGICAL SHOCK? Frequency greatly reduced.

BED SORES? Where DERMASSAGE therapeutic lotion rubs are routine, practically a closed chapter in medical and nursing history.

Even the vexation of minor sheet burns is reduced to the vanishing point in the overwhelming number of cases where DERMASSAGE care has been adopted.

The reason for success of this method is as inescapable as most other scientific truths, once established: skin chafing and bed sore can be presented in nearly every case by regular application of a softening, emollient rub—especially one which also reduces risk of infection . . DERMASSAGE not only avoids the skin drying effects of earlier rubs, but gives positive protection against chafing and soreness.

ME-12-54

Have you adopted the skin care which defeats bed sores before they develop?

## dermassage

#### YOU CAN TEST

#### DERMASSAGE

to your unqualified satisfaction without rost.

#### EDISON CHEMICAL CO.

30 W. Washington, Chicago 2

Please send me, without obligation, your Professional Sample of DERMASSAGE.

Name.....

Address



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binding a wound with cheese

A wound is as strong as the connective tissue that holds it together... and the maximum strength of a wound is reached more rapidly when the diet contains liberal amounts of protein for growth of connective tissue. <sup>1</sup>

Chesse, long recognized as an excellent and concentrated source of easily-digested milk protein, simultaneously provides genercus amounts of calcium, phosphorus and other nutritionally important minerals and vitamins.

Cheese is likewise indicated for its high potein value in the geriatric diet<sup>2</sup> and whenever low tissue protein stores are suspected, not only in poorly healing wounds but also in patients with bed sores, chronic bullous diseases, atopic dermatitis, and senile pruritus?

The wide variety of Borden cheeses lends itself to a diversified diet—from main dishes based upon popular Cheddar and Swiss or refreshing salads with soft Cottage or Cream cheese—to epicurean Camembert or Liederkanz Brand that add a tangy finish to the meal.

High palatability, pleasing texture and delicious flavor, characteristics of Borden chesses, stimulate the appetite and contribute to greater eating enjoyment for both the convalescent and other members of the family.

Manufacturers and distributors of BORDEN'S Instant Coffee • STARLAC non-fat dry milk • BORDEN'S Evaporated Milk • Fresh Milk • Ice Cream • Cheese • EAGLE BRAND Sweetened Condensed Milk • BREMIL powdered infant food • MULL-SOY hypoallergenic food • BIOLAC infant food • DRYCO infant food • KLIM powdered whole milk

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3. Morgan, D. B.: J. Missouri M. A. 49:896 (Nov.) 1952.

Borden \*\*

Company 350 Madison Avenue,

New York 17, N. Y.



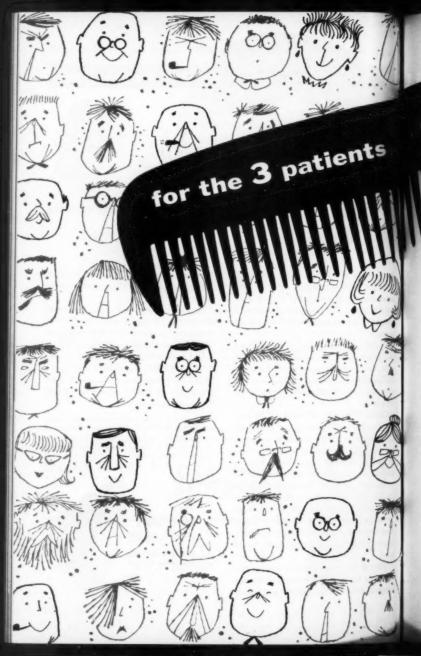
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who have
seborrheic dermatitis
of the scalp

OR the scalp-scratchers, shoulder-brushers and comb-clutterers, there's welcome relief with Selsun Sulfide Suspension.

Published reports on more than 400 cases<sup>1-8</sup> show that Selsur completely controls seborrheic dermatitis in 81 to 87 per cent of all cases, and in 92 to 95 per cent of common dandruff cases. It keeps the scalp free of scales for one to four weeks—relieves itching and burning after only two or three applications.

Selsun is remarkably simple to use. Your patients apply it and rinse it out while washing the hair. It takes little time. No complicated procedures or messy ointments. Ethically advertised and dispensed only on prescription. In 4-fluidounce bottles with directions on label.

#### prescribe... SELSUN®

sulfide Suspension

(SELENIUM SULFIDE, ABBOTT)

- 1. Slepyan, A. H. (1952), Arch. Dermat. & Syph., 65:228, February.
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## SANDRIG

(RESERPINE LILLY)



## for the relief of hypertension

### a pure, crystalline alkaloid of Rauwolfia

Sandril' produces a gradual and sustained reduction of blood pressure as well as a state of mental quietude and relaxation. In mild to moderate labile hypertension, 'Sandril' alone is usually edequate. In more severe, fixed hypertension, 'Sandril' is a valuable adjunct to 'Provell Maleate' (Protoveratrine A and B Maleates, Lilly).

The emotion-calming effect of 'Sandril' is also beneficial in such conditions as anxiety states, nervousness, and menopause.

Supplied as 0.25-mg, scored tablets in bottles of 100 and 1,000.

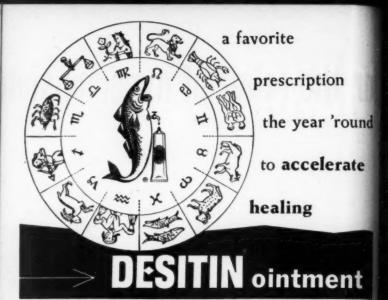
Lilly

ELI LILLY AND COMPANY, INDIANAPOLIS 6, INDIANA, U.S.A.

In the menopausal patient, the calming effect of 'Sandril' lagrantly appreciated; estrogen therapy may be enhanced. In the geriatric patient, nervousness is overcome by the quieting effect of 'Sandril.'







the pioneer external cod liver oil therapy

New impressive studies again confirm the clinical value of Desitin Ointment to protect, soothe, facilitate healthy granulation, and speed healing even in stubborn skin conditions often resistant to other therapy.

wounds • burns • ulcers (decubilus varicose)

diaper rash • intertrigo

#### non-specific dermatoses • perianal dermatitis

Protective, soothing, healing, Desitin Ointment is a non-irritating, non-sensitizing blend of high grade Norwegian cod liver oil (with its unsaturated fatty acids and high potency vitamins A and D in proper ratio for maximum efficacy), zinc oxide, talcum, petrolatum, and lanolin. Desitin Ointment does not liquefy at body temperature and is not decomposed or washed away by secretions, exudate, urine or excrements. Dressings easily applied and painlessly removed. Tubes of 1 oz., 2 oz., 4 oz., and 1 lb. jars.

samples and reprint<sup>1</sup> on request

#### **DESITIN** CHEMICAL COMPANY

70 Ship Street, Providence 2, R. I.

Grayzel, H. G., Heimer, C. B., and Grayzel, R. W.: New York St. J. M. 53:2233, 1953.
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 Turell, B.: New York St. J. M. 50:2282, 1950.

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#### in the management of hypertension

The potent autonomic ganglionic blocking action of Methium has now been augmented by the mild hypotensive and sedative properties of reserpine. A true synergistic combination, Methium with Reserpine produces "better hemodynamic stability than when either one is used alone."1 In one series, more patients obtained adequate blood pressure reduction than from any single drug or combination of drugs previously reported.1

Of special significance, a satisfactory response has been achieved with less than half the usual Methium dosage.2 As a remit, "the occurrence and intensity of physiologic side effects were markedly reduced and were minimal and of benign nature."2

Because of the potency of Methium, careful use is, nevertheless, required. Precautions are indicated in the presence of renal. cardiac or cerebral arterial insufficiency, Markedly impaired renal function is usually a contraindication.

Supplied: Methium 125 with Reservine - scored tablets containing 125 mg. of Methium and 0.125 mg. of reserpine. Methium 250 with Reserpine - scored tablets containing 250 mg. of Methium and 0.125 mg. of reserpine.

- 1. Ford, R. V., and Moyer, J. H.: Am. Heart J. 46:754 (Nov.) 1953.
- 2. Crawley, C. J., et al.: New York State J. Med. 54:2205 (Aug. 1) 1954.

#### with Reserpine CHLORIDE

HEXAMETHONIUM CHLORIDE

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Some of the very best people use

#### VI-PENTA

Pleasant orange-tasting Vi-Penta Drops supply required amounts

of A, C, D and principal B-complex vitamins for people of growing importance.

Add to other liquids or give by the drop directly from the bottle.

In 15, 30, and 60-cc vials with calibrated dropper, dated to insure full potency.

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## **Editorials**

The wrong way to build

a practice • Postscript on veterans' hospitals • The myth of medicine's 'bad press' • Electronic record cards • More practices are being sold • Atomic alert

#### Efficient Pricing

Too many doctors build their practices on the basis of high fees and low volume. They could earn just as much, and satisfy the public a lot more, if they aimed for the lowest prices and the greatest number of patients consistent with good medical care.

This is the conclusion any orthodox economist might reach if he were in close touch with the profession's business problems. But for doctors themselves to say as much well, it's a mite *un*orthodox.

Nevertheless, we're saying it. And we're joined in this view by an increasing number of medical men. One of them, Dr. Thomas K. Callister of Salt Lake City, recently put the idea into these thoughtful words:

"Medicine, in its national as well as individual sense, is a business... And while medicine knows no direct competition for the consumer dollar, its failure to think in terms of cost has...endangered its survival as an independent entity. "Medicine must accept, as any other business does, that its components are quality, price, and service; that its aim is to increase efficient operation; and that its over-all policy is to afford the public the most of the above components at the least cost commensurate with a satisfactory return."

But aren't we already operating pretty efficiently? Not if you listen to the public, Dr. Callister points out: The cry of the land is "Medical care costs too much!" This, despite the fact that our percentage share of the total consumer outlay hasn't gone up for the last twenty-five years.

"What this means," Dr. Callister observes, "is that the public . . . is dissatisfied with the *unit price* of medical care, not with its over-all cost." It's the individual fee that stirs up discontent—especially in surgical cases:

"Most persons outside the profession, and many within, consider it morally wrong—regardless of aptitudes and training required—for so indispensable a commodity as health

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REF

service to be disposed of at rates of \$100 or more an hour. Yet much of surgery (pre-operative and post-operative time considered) will exceed this on a cost basis.

"Quite conceivably," Dr. Callister concludes, "fees in general are too high. That is, they could be reduced without a consequent reduction in [the doctor's] net income . . ."

All this supports something we have long observed: The most successful doctors we know are not the highest-fee men. Instead, they put top emphasis on *efficient operation*.

They attract a great number of patients through their moderate charges. And they handle them successfully by delegating all possible routine to as many as three or four well-trained aides. The secret of American enterprise is nothing more than this: higher production, lowunit prices.

Have you applied this principle in your own practice? If not, your patients may eventually find that they can get the same service for less money elsewhere. They're perhap bound to, in view of the growing number of medical men who are moving toward more efficient pricing.

#### 'Too Damned Bad!'

Last month we ventured an opinion that the large number of veterans with mental disorders, tuberculosis, and other long-term illnesses didn't

**TABLETS** 

## Remanden.

extends the scope of penicillin therapy B

#### LESS PENICILLIN WASTAGE -- NO RENAL IMPAIRMENT

The 'Benemid' in REMANDEN "selectively and reversibly inhibits the transport mechanism responsible for the tubular secretion of the penicillins...It does not inhibit all tubular secretory systems." Penicillin ordi-

narily is excreted in large amounts in the urine. With REMANDEN, most of the penicillin is reabsorbed and recirculated.



Philadelphia 1, Pa.
DIVISION OF MERCK & CO., INC.

Reference: 1. Am. J. Physiol. 166:639 (Sept.) 1953.

with MULTIFIT' SYRINGES apy

When you use B-D MULTIFIT SYRINGES you get

ease and speed of assembly - less labor Tedious matching of parts is eliminated,

lower replacement costs Unbroken parts may be fitted to intact opposite parts-because every MULTIFIT plunger fits every MULTIFIT barrel.

reduced breakage Because it's molded, the MULTIFIT Syringe barrel is tougher-stronger-more resistant to breakage.

longer life The clear glass molded barrel virtually eliminates loss due to friction or erosion.

sizes now available:

2 cc., 5 cc., and 10 cc. - LUER-LOK® or Metal Luer tips.

BECTON, DICKINSON AND COMPANY . RUTHERFORD, N. J. 8-0, MULTIFIT, AND LUER-LON, T. M. REG. U. S. PAT. OFF.

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Before Use of Riasol



After Use of Riasol

## PSORIASIS



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In the clinical investigation of RIASOL, patients who had resisted all other treatments were selected With these controls, the results with RIASOL are impressive:

Improvement of skin lesions, 76% Complete clearing of skin, 38% Great improvement of skin, 67% Scaliness cleared or greatly improved, 71%.

Redness and elevation cleared or greatly improved, 67%.

Recurrence of psoriasis, 19%. Adverse effects with RIASOL, 0. Remissions with medications other than RIASOL, 16½%.

RIASOL contains 0.45% mercury chemically combined with soaps, 0.5% phenol and 0.75% cresol in a washable, non-staining, odorless vehicle.

Apply daily after a mild soap bath and thorough drying. A thin invisible, economical film suffices. No bandages required. After one week, adjust to patient's progress.

Ethically promoted RIASOL is supplied in 4 and 8 fld. oz. bottles at pharmacies or direct.

#### MAIL COUPON TODAY-TEST RIASOL YOURSELF

SHIELD LABORATORIES 12850 Mansfield Ave., Detroit 27, Mich.

Please send me professional literature and generous clinical package of RIASOL.

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RIASOL FOR PSORIASIS

#### EDITORIALS

necessarily justify the building of more and more V.A. hospitals. This month Palmer Hoyt, publisher of the Denver Post, adds a forceful posteript:

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ME-12-54

The contention of veteran groups seems to be that such long-term illnesses among veterans must be the responsibility of Uncle Sam because alternative facilities are inadequate. If they are inadequate for non-veterans, that is apparently just too damned bad!

"If we haven't hospitals [enough] to absorb the demands imposed by society, it is no answer to siphon off some of the load by creating a special class of citizens and paying for them out of a different pocket . . . Whom do we think we are fooling? . . . V.A. hospital and medical care has cost \$4 billion since 1947. Can anyone be under the illusion that this represents 'cheap' hospital and medical care?"

We should "shrink our V.A. hospital program," Mr. Hoyt suggests, and put the money into more hospitals open to all the people. His proposed shrinkage won't appeal to organized veterandom. But it should appeal to some of our new national legislators. Weren't they recently elected to represent all the people, and not just veterans alone?

#### Magazine Medicine

There's been a lot of head-shaking lately over our profession's "bad press." A physician in Phoenix, Ariz.,

sulfathiazole gum

brings a high concentration of sulfathiazole directly to the site of oropharyngeal infection — producing the most prolonged, effective local antibacterial levels with virtually no systemic absorption.

Now — even more pleasing flavor and chewing texture.

3 4 grains of Sulfathiazole in pleasant chewing gum form.

White Laboratories, Inc., Kenilworth, N. J.



in everyday practice

#### PENICILLIN

still the antibiotic of first choice for common infections . . .

#### REINFORCED BY

#### TRIPLE SULFONAMIDES to increase antibacterial range and reduce resistance...

Three strengths: 125M, 250M, 500M

#### Each tablet contains:

Penicillin G Potassium, Crystalline 125,000 (or 250,000 or 500,000) units

Sulfadiazine . . . 0.167 Gm. Sulfamerazine . . . 0.167 Gm. Sulfamethazine . . . 0.167 Gm.

#### Supplied:

Scored tablets in bottles of 50. Biosulfa 125M also available in bottles of 500.

\* TRADEMARK, RES. U. S. PAT. OFF.

Upjohn

THE UPJOHN COMPANY, KALAMAZOO, MICHIGAN

#### EDITORIALS

was apparently thus influenced to write:

"The public has become intolerant of doctors and hospitals chiefly because of what they read in magazines . . ."

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Far be it from us to debunk the power of the printed word. We think it only fair to point out, however, that the words printed about doctors and hospitals add up somewhat differently than you might be inclined to think.

Recently, for example, Robert M. Cunningham Jr. reviewed all such articles that had appeared in the nation's leading magazines over a two-year period. More than 300 articles of this type were listed in the "Reader's Guide to Periodical Literature." Only about a dozen articles, Mr. Cunningham found, were critical even in part. That's less than 5 per cent.

What, then, has built up the myth of our profession's "bad press"? We suspect that it's a natural human sensitivity to criticism of any sort or amount.

We in medicine tend to magnify the critical articles out of proportion—as witness the statement of our Phoenix friend. People outside the profession take a much less alarmist view.

In fact, Mr. Cunningham concludes: "The public is impressed by critical articles about doctors and hospitals only to the extent that such articles confirm actual experience."

That means we needn't worry too

#### EDITORIALS

much about criticism of our profession in print. There's relatively little of it; and we have only ourselves to blame for the part that hurts.

#### **Electronic Records**

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At the National Business Show, we spied a record card that jumps when you call it. You can file up to 5,000 of these cards any old way. When you want to summon one from the file, you simply push a key and the right card pops up. The secret? A coded metal strip at the bottom of the card, plus electronic controls.

We hurried back to the office and told our elderly secretary. "How much?" she sniffed suspiciously. About \$1,800 installed, we said.

"What if the thing breaks down?" sheasked next. "Ever pawed through 5,000 cards filed any old way?"

We'd like to hear from some pioneer user of these modern marvels. But we're afraid we won't be it.

#### **Practice Sales**

The sale of a medical practice used to be part of the British tradition. Whenever an established physician was ready to retire, he could always count on plenty of prospective buyers. As a result, the price he got often ran as high as two years' gross.

Few British practices are sold any more. Under socialized medicine, the doctor has been deprived of his former right to set a price on "goodwill." But, meanwhile, in the



in refractory or relapsing cases

#### ERYTHROMYCIN

the antibiotic of choice against resistant Gram-positive cocci . . .

REINFORCED BY

#### TRIPLE SULFONAMIDES

to cover Gram-negative bacteria and to potentiate the erythromycin . . .

#### Each tablet contains!

 Erythromycin
 . . . . . 100 mg.

 Sulfadiazine
 . . . . 0.083 Gm.

 Sulfamerazine
 . . . 0.083 Gm.

 Sulfamethazine
 . . . 0.083 Gm.

#### Supplied:

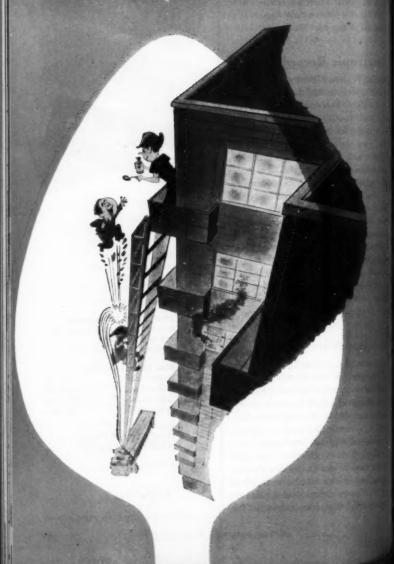
Protection-coated tablets in bottles of 50 and 500.

\* TRADEHARK

Upjohn

THE UPJOHN COMPANY, KALAMAZOO, MICHIGAN

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# VI-DAYLIN

(HOMOGENIZED MIXTURE OF VITAMINS A. D. Bs. Bs. Bs. C AND NICOTINAMIDE, ABBOTT)

#### the nutritional formula for growing children

A full day's serving of eight important vitamins (including 3 mcg. of body-building B<sub>12</sub>) in each spoonful.

Delicious lemon-candy flavor and aroma. No pre-mixing, no droppers, no refrigeration. Mixes easily in milk, cereals or juices. Now with B<sub>6</sub> added. In 90-cc., 8-fluidounce and one-pint bottles.

Each delicious 5-cc. teaspoonful of Vi-Daylin contains:

Vitamin A... 3000 U.S.P. units
Vitamin D... 800 U.S.P. units
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Nicotinamida......10 mg.

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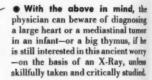
BULLETIN

## Detection of Mediastinal and Cardiac Enlargement

#### By X-RAY IN INFANTS

MANY CASES of unnecessary worry and concern result from faulty techniques in the X-Ray of chests of infants. The infant breathes rapidly, cannot hold his breath, and is often so uncooperative that it is not surprising that an X-Ray technician might fail to obtain a good film at full inspiration. The shape of the mediastinal mass and the heart in a film taken on expiration may be greatly distorted, particularly if there is even a little rotation.

This affords an opportunity for the physician's self-education; to study a pair of films of a few healthy infants, one on full inspiration and one on expiration. The expiratory film may make the heart appear statlingly big and the mediastinum wide. To the unsophisticated, an inspiratory film following an expiratory film may give a completely satisfying picture of the effects of X-Ray therapy on the infant thymus.



NOTE: These bulletins are designed to help disseminate modern pediatrics knowledge to the general medical profession and appear monthly in Medical Economics.





OVER 50 VARIETIES-Strained Foods, Junior Foods, Pre-Cooked Cereal



Symbol Of Fine Quality Since 1869



Heinz Baby Foods And Heinz Baby Food Advertising Are Reviewed And Accepted By The Council On Foods And Nutrition. **Baby Foods** 

You Know It's Good Because It's Heinz! angina pectoris
coronary occlusion
peripheral or pulmonary embolism

# 'Paveril Phosphate'

relaxes vasospasm increases exercise tolerance lessens the frequency of pain

SUPPLIED AS:

1 1/2-grain and 3-grain tablets

AVERAGE DOSE:

1 1/2 to 6 grains three or four times a day, before meals and at bedtime



ELI LILLY AND COMPANY, INDIANAPOLIS 6, INDIANA, U.S.A.

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United States, practice sales have increased. At least, that's what available evidence suggests; and it raises the question, "Why?"

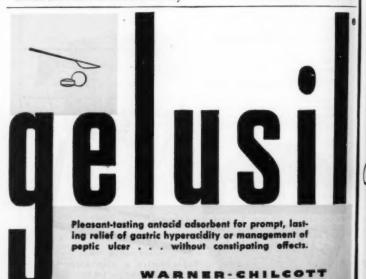
For one thing, older physicians are realizing that they can recover their investment only by disposing of their practices before death or retirement. For another thing, younger physicians are realizing that the purchase of a practice can put them years ahead financially. In other words, the sale of a practice can be a good deal for both seller and buyer.

By former British standards, today's sales prices are bargains. Onehalf of annual gross is about as high as they run. You'll find more details elsewhere in this issue. They help explain why an erstwhile Briish institution is today becoming Americanized.

#### Atomic Alert

So significant are the potential uses of atomic energy in medicine and in our peaceful pursuits generally that it befits us to keep an eye peeled for new developments, wherever they may occur. We're not quite sume whether the latest of these will be of most interest to obstetricians or to urologists. Either way, the future of a concern now listed in the Manhattan telephone book seems fraught with opportunity. It's called the Atomic Undergarment Company.

-H. SHERIDAN BAKETEL, M.D.



"That's what I'd call a 'Polysal recovery'!"



Polysal, a single I.V. solution to build electrolyte balance, is recommended for electrolyte and fluid replacement in all medical, surgical and pediatric patients.

Cutter Laboratories, Berkeley, California

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## ON EVERY COUNT ... SUPERIOR



Both Poly-Vi-Sol and Tri-Vi-Sol have an exceptionally pleasant "taste-tested" blend of flavors, carefully protected throughout manufacturing. Both infants and children really go for Poly-Vi-Sol and Tri-Vi-Sol. And because all vitamins are synthetic, there's never any unpleasant aftertaste.



Mead's years of research in the vitamin field made possible the development of outstandingly stable vitamin solutions. Poly-Vi-Sol® and Tri-Vi-Sol® require no refrigeration and may safely be autoclaved with the formula. And there's no need for expiration dates on the labels.





Both Poly-Vi-Sol and Tri-Vi-Sol are in ready-to-use form . . . no mixing is necessary. The solutions are light, clear and free-flowing. Sanitary, individually cellophane-wrapped calibrated droppers assure easy, accurate dosage. For infants, drop directly into the mouth. For children, give from a spoon.

With

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#### ITS FOR I



Six essential vitamins for drop dosage

Each 0.6 cc. supplies:

Vitamin A5000 units
Vitamin D1000 units
Ascorbic acid50 mg
Thiamine1 mg
Riboflavin 0.8 mg
Niacinamide 6 mg

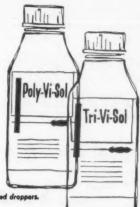
#### Tri-Vi-Sol

Vitamins A, D and C for drop dosage

Each 0.6 cc. supplies: Vitamin A......5000 units Vitamin D.....1000 units Ascorbic acid.....50 mg.

## superior hypoallergenicity

With all vitamins in synthetic (crystalline) form, and in a completely hypoallergenic solution, Poly-Vi-Sol and Tri-Vi-Sol are well tolerated even by allergic patients.

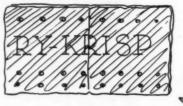


Amiliable in 15 cc. and economical 50 cc. bottles with calibrated droppers.

NEAD JOHNSON & COMPANY . EVANSVILLE, INDIANA, U. S. A. MEAD







RY-KRISD THE tread in allergy diets!

Just whole-grain rye, salt . water

There is only one RY-KRISP!



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Tedr tack, relie

symp minu Tedra

for 4 more

rained pause

#### Green light for asthma?

#### not necessarily . . .

Tedral, taken at the first sign of attack, often forestalls severe symptoms. relief in minutes ... Tedral brings symptomatic relief in a matter of minutes. Breathing becomes easier as Tedral relaxes smooth muscle, reduces tissue edema, provides mild sedation. for 4 full hours ... Tedral maintains more normal respiration for a sustained period—not just a momentary pause in the attack.

Prompt and prolonged relief with Tedral can be initiated any time, day or night, whenever needed, without fear of incapacitating side effects.

 Tedral provides:
 2 gr.

 theophylline
 2 gr.

 ephedrine
 3/8 gr.

 phenobarbital
 ½8 gr.

 in boxes of 24,120 and 1000 tablets

**Tedral**°

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## WELCH ALLYN

#### BETTER CASES for your instruments



Until four years ago, all diagnosis instrument cases were of this type wood boxes, leather or leathers covered, with plush lining. They we unsanitary and not very durable.

Then Welch Allyn introduced this No. 21 Deluxe Case. It was the first sanitary case; it can be washed inside and out with soap and water or sterilized by wiping with alcohol. This feature, plus its modern appearance, compactness and extreme durability, have made the No. 21 Deluxe Case highly popular. It has been widely imitated.





Now Welch Allyn again leads the way with the new No. 23 polyethylene one-piece molded case with patentel self-hinge. It offers many of the ad vantages of the No. 21 Deluxe Case at a lower price, making it particularly suited for students and interns. It can be washed or sterilized with standard germicides, is extremely compact and practically indestructible. It holds Welch Allyn operating or diagnostic otoscope head attached to batter handle ready for use, any Weld Allyn ophthalmoscope head, span bulbs and five otoscope specula. Available separately for use with existing Welch Allyn sets with medium battery handles or as part of complete sets. Your surgical supply dealer has the Welch Allyn No. 23 Case now.

WELCH ALLYN, Inc., Skaneateles Falls, N. Y.

Cortef\*
for inflammation,
neomycin
for infection:

. Neo-Cortef

ointment (topical)

Each gram contains:

Hydrocortisone acetate . . . . 5 mg. (0.5%) or 10 mg. (1%) or 25 mg. (2.5%) Neomycin sulfate . . . . . 5 mg.\*\*

Methylparaben . . . . 0.2 mg. Butyl-p-hydroxybenzoate . . . 18 mg.

Supplied:

5 Gm. and 20 Gm. tubes in plastic cases.

## Neo-Corte

ophthalmic ointment

Each gram contains:

Hydrocortisone acetate 15 mg, (1.5%) Neomycin sulfate . . . . . . 5 mg.\*\* Supplied: 1 drachm applicator tubes

Neo-Cortef

drops (eye and ear)

Each cc. contains:

Hydrocortisone acetate 15 mg. (1.5%) Neomycin sulfate . . . . . . 5 mg.\*\*

Supplied: 5 cc. dropper bottles

STRADEMARK

SEQUIVALENT TO 3.8 MG. NEOMYCIN BASE

THE UPJOHN COMPANY, KALAMAROO, MICHIGAN

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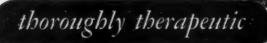
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As a true "hyperkinemic", Baume Bengué stimulates hyperemia and hyperthermia deep in the tissue area. This thorough action is invaluable in arthritis, myositis, muscle sprains, bursitis and arthralgia.

Baume Bengué also promotes systemic salicylate action. It provides the high concentration of 19.7% methyl salicylate (as well as 14.4% menthol) in a specially prepared lanolin base to foster percutaneous absorption.

I. Lange, K., and Weiner, D.: J. Invest. Dermat. 12:263 (May) 1949. Baume Bengué

Available in both regular and mild strengths.

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96

Thoroughbreds are born, not made -

188" BY J. MARRIS. LONDON. PUBLISHED 1863 BY BALLY SHOTHERS.

POLYGYOLING is the ONLY tetracycline produced directly by fermentation from a new specks of Strapsionyces isolated by Britol Laboratories, retain than by the chemical modification of older antibioties.

#### The most modern Bread-Spectrum Antibiotic



#### POLYCYCLIN

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## POLYCYCLINE

-the only tetracycline produced directly by fermentation from a new species of Streptomyces isolated by Bristol Laboratories...rather than by the chemical modification of older broadspectrum antibiotics.



effective in broad range

against gram-positive and gramnative oran



less texte

(lower incidence of side reactions) then older broad-spectrum on



more soluble

than chiertotracycline (quidar



more stable in solution

than chloristracycline or asytetracycline

- the ONLY oral suspension of tetracycline that is ready-to-use.

Requires no reconstitution, no addition of diluent. no refrigeration stable at room temperature for 18 months. Has appealing "crushed-fruit"

flavor. Supplied in bottles of

30 cc., in concentration of



POLYCYCLINE SUSPENSION 250

(TETRACYCLING Scient)

Dasage: average adult, 1 gram daily, divided doses; children in proportion to body weight.

250 mg. per 5 cc.



when you think of Totracycline, think of POLYCYCLINE



#### How to Sell a Practice

(or buy one)

Every year, several thousand doctors decide to relocate or retire. Their practices are usually worth more than the value of the tangible assets. But how do you price intangibles? How do you find a buyer? How do you arrange the transfer? Here's the full story of a typical practice sale

#### By J. P. Revenaugh

• For some years now, doctors wanting to sell their practices have outnumbered doctors wanting to buy them. This means that only the most transferable practices can be sold—and seldom for fancy prices.

What is a transferable practice? As a rule, it's an active one, with good current income; it's a general one, or at least not largely dependent on referrals; it's well equipped, with complete patient records; and it's well located, in an area where there isn't excessive competition. [MORE->

THE AUTHOR is a medical management consultant. The firm in which he is senior partner, Professional Business Management of Chicago, has handled more than a hundred practice sales since World War II.

Such practices, in my experience, have sold for as much as \$65,000. But the average is probably below \$10,000. Note, for example, the prices of six consecutive practice sales in Illinois and environs:

¶ A general physician outside Chicago decided to retire, after thirty years in the same suburb. A younger man from the city bought his practice for \$9,000.

¶ After five years in a rural town, a young G.P. decided to take prolonged specialty training. He sold out his interests for \$5,500.

¶ A Chicago pediatrician was forced to move west because of his wife's health. His well-established practice went for \$7,000.

¶ Another metropolitan M.D.—an internist—found he was in the wrong neighborhood. Most of his patients were of a different national background from his. A colleague in the area seemed to suit the location better; he bought the practice for \$1,500 and combined it with his own.

¶ A 62-year-old physician in a small industrial city was offered a job with a research foundation. He took it, after selling out for \$8,500.

¶ A country doctor lived between two booming towns and maintained practices in each of them. When the load became too great, he sold one practice. The price included a custom-built medical office: \$25,000 complete.

What really constitutes a medical practice? In other words, what is it that the doctor sells?

There are, to begin with, the tangible assets: equipment, records, supplies, etc. There are less tangible things like the location and the lease. Least tangible of all are the patients' loyalties—their past loyalt to the seller, their prospective loyalty to the buyer. And therein lies the secret of successful practice sales:

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Loyalty to the old doctor can be transferred to the new. Why? Because most people are creatures of habit. They will call the same telephone number; they will visit the same medical office; they will follow their medical records. They will do all these things if you encourage them.

#### Don't Make It Difficult

Conversely, if you discourage them, no practice sale can succeed. I remember the case of a young doctor in Indiana who bought a retiring physician's practice. The old man had been grossing \$2,000 a month; the young man couldn't seem to do better than \$250. A few months after the sale, he called on my firm for help.

What was wrong? The retiring M.D. had thoughtlessly given up his telephone number, let his secretary go, and taken the records away with him. Patients hadn't even been notified that a new doctor was available. It was too late to repair all the damage, but we did recover the records and get out an announcement. The very next month, the young doctor grossed \$1,500.

This case suggests another key point about practice sales: Such a sale has to be a good deal for the buyer as well as the seller. If it isn't, the buyer may have to default—and the seller may not be paid.

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Increasing numbers of doctors recognize this. They are pricing their practices realistically. They are working out transfer details so that their successors will have every possible advantage.

#### The Steps to Success

How do they go about this? What me the specific steps that lead to a successful practice sale?

Two years ago, a physician I'll call Lloyd Leathers got in touch with my firm. He had practiced for twenty-five years in a residential community not far from Chicago (let's call it Arcadia). Now, at 63, his health was none too good. He wanted to move west and retire.

"Can you help me sell my practice?" he asked.

As it happened, we could. And because his case answers the questions raised above, I'd like to tell you about his experience in some detail:

#### The First Test

The first thing we wanted to find out was whether his practice seemed salable. "I do general medicine and some surgery," he told us. "My goss income came to \$32,000 last year."

Further investigation shor dthat

his income had remained steady for several years; that the three other general men in his neighborhood were approaching retirement age too; that the office he leased was located in the best part of town; and that his records were kept meticulously by a girl who'd been with him six years.

It checked: an active, general practice, well located and well equipped.

"I think we may be able to find a buyer," I told him. "That is, if the price is right . . . "

#### What's a Fair Price?

"Well, that's something I wanted to discuss with you," said Dr. Leathers, slowly. "I've put twenty-five years of hard work into building this practice. It seems to me it should be worth quite a bit—maybe \$25,000 or so." [MORE→



"But don't you think it's glandular?"

"Sounds steep," I told him. "Remember, the prospective buyers are mostly young men. They can go into practice for themselves with a far smaller investment. They can go into group or partnership practice with no cash investment at all. If you're going to interest them in buying your practice, you've got to make it a really attractive bargain from their point of view."

"Well, then," Dr. Leathers said, "what do you suggest?"

"Let's start with your tangible assets. Do you have some sort of inventory?"

He did. After checking costs and depreciation, we estimated that the contents of his office (including leasehold improvements) were currently worth about \$5,000.

#### **Minimum Demands**

"We can get an appraisal later," I told him. "But let's figure that as the *minimum* you should take for your practice."

"I should hope so!" said the doctor, with some feeling. "Do you mean to say that practices sometimes sell for nothing more than the value of the physical assets?"

"Yes, sometimes. I recall one case where a young doctor paid just \$500 for records; the seller was moving to another state and taking his equipment with him. Yet, largely on the basis of those records, the buyer grossed \$25,000 in his first full year. Which proves there's more to a practice than the tangibles."

"Thank goodness for that," said Dr. Leathers. "I was afraid you wee going to tell me that intangibles don't count. Now, how do you measure them? What's the best yard-stick?"

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#### The Income Yardstick

"Well, gross income gives some indication at least of the following a doctor has built up. Just how much of this following the new doctor can acquire depends on a lot of other things. But under favorable conditions, the buyer should be able to match your volume.

"He should also be able to match your net—and from the buyer's viewpoint, that's generally the more significant figure. All things considered, your net income is probably the fairest yardstick to use."

The doctor thought a moment. Then he said: "As I told you, my gross is \$32,000. After paying all my professional expenses, I'm left with net earnings of approximately \$20,000 before taxes. Would half that be too much to ask as compensation for the following I've built up over the years?"

#### **Asking Price**

"Let's say it's about the most you could ask for that sort of thing. Actually, in today's market, you might have to come down as low as one-quarter of your net—plus, of course, the appraised value of your physical assets. There's no formula that fits every case. But a good many

practices sell for the value of their physical assets plus one-quarter to one-half of annual net."

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Dr. Leathers doodled on a scratch pad. "Then you're suggesting," he said, "that I may have to sell my practice for the value of my assets (\$5,000) plus as little as one-quarter, maybe, of my annual net (\$5,000), making a total of \$10,000 or so. That's a far cry from the price I had in mind."

"Yes. And don't forget," I told him, "that we're also a far cry from finding a doctor who wants to pay even the lower price."

# Search for a Buyer

Over the next few weeks, we set about finding a purchaser. Dr. Leathers was instructed not to tell his patients about his decision (a practice can disintegrate fast if word gets around that the doctor is leaving). But he did tell other doctors about it—anonymously—through the classified columns of the state medical journal, a Chicago newspaper, and the Journal A.M.A.

Here is the advertisement we helped him devise:

ILLINOIS—GENERAL PRACTICE established 25 years; thriving residential area, excellent hospital facilities within 10 miles; well-equipped office with complete files; reasonable rent; desirable location on main street; gross income over \$30,000 each of last 5 years; terms arranged; moving out of state. Box 777.

Note that the ad mentioned all possible strong points and did not mention price. The idea was to produce as many contacts as possible with doctors who might be prospects. In all, the ad brought seven responses in a month—not bad for a competitive market. And one of the doctors seemed particularly interested; equally important, he seemed the right type.

# The Leading Prospect

He was 35, this man. He'd been practicing as a salaried assistant in Chicago, and now he wanted to move out. His training was good and so were his references. Accordingly, Bill Covington (as I'll call him) was invited to bring his wife and spend the week-end at the Leathers' home.

The Covingtons liked the looks of the town—and of Dr. Leathers' setup. During the next month, the young doctor considered several other possibilities. Then, one morning, he strode into my office and announced:

"I'm ready to buy. But I warn you, I don't have much ready cash. What would you think of my paying Leathers a percentage of future income, instead of a flat sales price?"

# **About Percentage Deals**

"Well, a fixed sales price is apt to be preferable," I replied. "After all, the practice has an ascertainable value as of this moment. If you get more than that value out of it, that's your doing; you shouldn't have to pay extra for it, as you would through a percentage agreement. It would be unfair to you.

"And it would be unfair to Dr. Leathers if the opposite happened: if you made less out of the practice than you should, and therefore paid him less because of the percentage agreement.

"Of course, if we can agree on a fair sales price, you can pay it off in installments—there's no trouble about that. We think 25 per cent down and the balance within two or three years is a good way to clean it up."

There followed another week-end consultation between the two doctors. They had the contents of the office appraised; they talked with the secretary; they went over the record files. And finally they came together on the price: \$12,000, payable \$3,000 in immediate cash and \$300 a month later on (beginning three months after the transfer).

# Down to Details

Now came the turnover planning. At a conference in my office, the two doctors went over the little details that, if not attended to in advance, can wreck a practice sale. Here's a brief summary of the points we covered:

RECORDS. "Am I violating any confidences if I turn over my patients' records as part of the sale?" Lloyd Leathers wanted to know. He was assured that the transfer of records was no different from their joint

inspection by any two doctors interested in a case: Both men were legally bound to respect the patients' confidences. Furthermore, he was told, if records aren't included, a practice generally isn't worth buying.

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SECRETARY. The girl who kept the records would obviously be worth a lot to Dr. Covington. But she was reportedly uncertain about whether she wanted to continue. We recommended that she be offered a substantial raise to ensure her presence for at least six months. (A good secretary can be worth more than goodwill.)

LEASE. The sale was dependent on the transfer of Dr. Leathers' lease, which had two years to run at \$150 a month. The landlord had no objection, Dr. Leathers reported; so we anticipated no trouble in having the lease assigned to Bill Covington.

TELEPHONE. "My office phone number is easy to remember—3123," said Dr. Leathers. Even if it hadn't been, we would have recommended that the same number be transferred to Dr. Covington (it's part of the patients' habit pattern). Dr. Leathers was asked to get the telephone company's approval.

Introductions. Could Dr. Leathers stay in Arcadia a few weeks after Dr. Covington took over? It would smooth relations with the professional community—the physicians, the pharmacists, the hospital people. "I'll be glad to do the honors," Dr. Leathers agreed.

ACCOUNTS RECEIVABLE. These generally remain the property of the seller—but the buyer should collect them. "If Dr. Covington sends out bills in Dr. Leathers' name," I commented, "it helps to establish contact between old patients and the new doctor." Our recommendations: that accounts receivable be listed in duplicate at the time of sale; that they be collected through the office as usual; that proceeds be turned over to Dr. Leathers monthly.

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"Not those. My husband hasn't read them yet."

ould ofesians, ople. Announcements. People can be told about the transfer by formal notice or informal letter. Dr. Leathers felt strongly that an informal note would be most appropriate in his case. So the following letter was prepared for eventual mailing to all patients of record, over Dr. Leathers' signature:

"On the occasion of my retirement from active practice, I am pleased to announce that Dr. William P. Covington will take over my office. I have turned over to Dr. Covington all my case histories and records of treatment. In my opinion, he is well qualified to give you the same kind of care I have always tried to give you . . ."

# How It Worked Out

Before that letter was mailed, the doctors went through a lot more detail work. Toward the end, they called in their lawyers. The result was the contract shown on the adjoining page—the legal instrument through which the practice was transferred on July 15, 1952.

Today, two years later, Dr. Leathers is enjoying life in Colorado. Although his health has improved, he has no desire to resume practice. Why should he? His finances are in good shape—thanks in part to the \$300 he has received every month from his successor in Illinois.

And what of Bill Covington? He's doing well too. He's grossing even more than Dr. Leathers did—the natural result of youthful energy applied to an old-established practice.

Two years ago, this young man was an \$8,000-a-year assistant in Chicago. By next year, when his Arcadia practice will be completely paid for, he should be grossing \$40,000 and netting \$24,000. Thus he will have succeeded in tripling his earnings by means of an investment of \$3,000 cash.

# What Can Go Wrong

Hundreds of practices are sold throughout the United States each year, and most sales probably don't turn out this well. In many cases, the fault lies with the practice itself or the way it's turned over. But there are other common causes of failure. Note the following three:

1. Wrong type of doctor. A practice is built up over the years by the doctor's professional ability—and also by other things: his personality, his business methods, his activities in the community. If the buyer doesn't measure up to the seller in the eyes of his patients, the latter may not stick with the new manlong.

Patients notice things you might not think of. Just recently, for example, a long-established suburban practice was sold for \$6,500. On the face of it, the practice was an excellent buy. But the buyer didn't prosper as expected.

Why not? Apparently because he was a married man, and the seller had been a handsome bachelor. Middle-aged spinsters comprised a good part of the patient list. Many

# **Excerpts From a Practice-Sale Contract**

THIS AGREEMENT made this 15th day of June, 1952, by and between Dr. LLOYD LEATHERS, hereinafter called the seller, and Dr. WILLIAM P. COVINGTON, hereinafter called the buyer.

WHEREAS the seller desires to sell his medical practice and business now being conducted in the offices at 99 Main Street, Arcadia, Ill., and the buyer desires to purchase said business:

NOW, THEREFORE, it is agreed by and between the parties hereto, for and in consideration of the mutual promises and agreements hereinafter listed, that the seller will convey his entire medical practice at such location, together with all furniture, fixtures, equipment, materials, supplies, patients' records, and other items listed in Schedule A, subject to the following terms and conditions:

1. The entire purchase price is agreed to be the sum of \$12,000, payable \$3,000 upon the signing of this agreement and the balance in monthly installments of \$300, beginning three months after delivery of the premises and business to the buyer on July 15, 1952...

2. The consummation of the sale is agreed to be contingent upon the buyer obtaining a lease in his own name for a period of at least two years at a rental of \$150 per month.

3. The seller agrees that letters of announcement will be prepared and mailed to the patients of record, and the seller will furnish the stationery for this purpose. The buyer, however, will assume the cost of postage . . .

4. The seller agrees to permit the buyer to list his name in the telephone directory under the number ARcadia 3123...

5. The buyer agrees to cause the mailing of statements at the end of each month on the accounts receivable owned by the seller. The buyer further agrees to deposit payments on such accounts to the seller's bank account, or follow whatever directions the seller issues . . .

6. The seller agrees that if he returns to the practice of medicine in the township of Arcadia, Ill., within a period of three years, he will pay to the buyer the sum of \$6,000 as liquidated damages . . .

IN WITNESS WHEREOF, the parties have hereunto signed their names and attached their seals.

Elayd Leathers William P. Conglon

CAUTION: These excerpts are illustrative only and not for use without legal advice.

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seller nelor. ned a Many of them apparently decided to look elsewhere for their medical care.

Wrong tax treatment. Many sales have collapsed because the tax load turned out to be too heavy for the buyer. Take a case in point:

The senior physician in a twoman office was ready to sell out to the junior. They had a tremendous practice netting \$75,000 a year, of which the young man was getting one-third. He could foresee his own net income rising to at least \$60,000. So he tentatively agreed to pay the older man a whopping \$50,000 for "goodwill," spread out over five years.

Now, goodwill is never a problem to the seller, because he can treat the money he receives for it as a long-term capital gain. But it is a real problem to the buyer, because he can't deduct depreciation on goodwill (as on other capital investments) when making out his Federal income tax return. At the last moment, both doctors woke up to the tax implications:

The young doctor would have to pay about \$18,000 more in income taxes than he was already paying each year. That, plus his annual payments for goodwill, plus additional payments for the assets, would just about wipe out his income gain. In other words, he'd be no better off for five more years—and a lot more vulnerable.

At our suggestion, the deal was changed, and goodwill was taken out of it. Instead of making any payments labeled as goodwill, the justice agreed to share income with the senior for twenty-five months, at the rate of \$1,000 a month. This the young man could afford, because he wouldn't have to pay taxes on it. Nor would the income taxes be burdensome to the older man, since he'd then be in a lower bracket with entra exemptions (both he and his wife having reached 65).

# The Widow's Mite

3. Wrong timing of sale. If, because of a doctor's advanced age or poor health, his practice has started to melt away, its actual value may be a lot less than its apparent value. And if the doctor has already died, it may be worth nothing at all beyond the value of the physical assets.

Doctors' widows often learn this lesson the hard way. One, for example, had been told while her husband was alive that his practice was worth \$40,000. Three weeks after he died, we estimated its value at \$9,000.

The widow held out for a higher price—and the value dropped some more. After another three weeks, she was lucky to sell it for \$5,000. Even at that greatly reduced price, the buyer got no bargain.

Selling your practice? Then don't wait too long. The only way you can get a respectable price—perhaps the only way you can get a buyer—is to make the necessary arrangements while it's active and flourishing. END

# Things to Know About Investment Funds

Can you tell an open-end trust from a closed-end trust? Do you understand leverage and dollar cost averaging? Would you like to compare past performances of specific funds? A unique reference book gives most of the answers

# By Mauri Edwards

• Wall Street in recent years has enjoyed an almost unprecedented boom. From 1949 through the end of last year (to use a convenient cut-off point), the Dow-Jones Industrial Average rose 74 per cent; and stock prices whooshed to a quarter-century peak.

Yet thousands of potential investors steered clear of this bull market. And many who did invest in common stocks had reason to regret it. Here's why:

- In the midst of the big general advance, one stock in seven slumped.
- One in four others either stood still or gained less than half as much as the over-all average.

The moral, according to most Wall Street brokers: This is indeed a good time to invest—if you invest wisely.

One of the safest places to put money is "in the modern investment company... known as the mutual fund," says Arthur Wiesenberger, senior [MORE TEXT ON 114]

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<sup>\*</sup>Most investors use the terms "investment company," "investment trust," and "mutual fund" interchangeably and somewhat loosely. In this article, the term "investment fund" is used to describe all types of investment companies.

# TABLE 1

# Twenty-Five Representative Open-End Investment Funds1

Change in Net Asset Value (1946-1953) <sup>3</sup>	+ 3.6%	- 1.9	+21.0	+ 3.1	+ 13.5
Aíms	Long term capital growth from com- mon stocks	Income from diver- sified investments	Capital growth from stocks and bonds	Income from con- servative stocks and bonds	Income and capital growth from diversified investments
Income	4.2%	55. 70.	6.0	3.3	8.4
Manage- ment Cost <sup>2</sup>	0.58%	0.65	0.95	0.62	0.44
Loading	1.0 10:	6.25	70.	7.53	7.5
Price Per Share	\$ 5.24	4.26	10.09	25.41	23.48
Assets (in Mil- lions)	\$250	35	32	96	36
Year	1934	1932	1934	1932	1929
	Affiliated Fund	American Busi- ness Shares	Axe-Houghton Fund A	Boston Fund	Broad Street Investing Cor- poration

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+29.6	+12.0	- 7.3	+	+20.1	+53.5
Income from single- industry shares	Income from stocks and bonds	Income, capital appreciation from common stocks	Income and capital preservation through stocks and bonds	Income from com- mon stocks	Income from stocks and bonds
6.0	3.9	4.0	5.0	4.0	3.7
0.68	0.61	0.98	0.79	0.74	0.59
73.57	8.0	30 30	8.75 0.79	8.67	6.0
21.21	7.21	17.10	7.15	2.02 8.67	33.33
50	99	12	88	120	102
1938	1932	1937	1944	1932	1932
Chemical Fund	Commonwealth Investment Company	Delaware Fund	Diversified Investment Fund	Dividend Shares	Eaton & Howard Bal- anced Fund

<sup>&</sup>lt;sup>1</sup>All dollar amounts and percentages as of Dec. 31, 1953, \*Expressed as a percentage of assets. \*For purposes of comparison, the Dow-Jones percentage change was + 58.5%.

Twenty-Five Representative Open-End Investment Funds1 TABLE 1 (Cont.)

	Year	Assets (in Mil- lions)	Price Per Share	Loading	Manage- ment Cost <sup>2</sup>	Income	Áims	Net Asset Value (1946-1953)*
Fidelity Fund	1930	\$ 92	\$18.63	7.5%	0.63%	4.8%	Income from stocks and bonds	+39.4%
Fundamental Investors	1933		156 20.84	8.75	0.63	4.4	Capital growth and income from common stocks	+34.8
Gas Industries Fund	1949	22	20.67	7.5	0.78	2.9	Income from single- industry shares	+15.1
Incorporated Investors	1925	131	11.19	7.5	0.54	3.7	Income from common stocks	+31.6
The Investment Company of America	1933	56	6.28	8.0	0.85	3.6	Appreciation from common stocks	+ 0.5
Investors Mutual	1940	512	15.26	7.5	0.56	4.1	Income from stocks and bonds	+10.9

+30.6

Appreciation from

0.58

Investors Stock 1945

and bonds

+30.6	+ 0.7	- 4.50 70.	+50.1	+15.2	+41.4	+ 9.0	+ 9.3
Appreciation from common stocks	Appreciation from common stocks	Income from bonds	Income from equity-type Securities	Income from stocks and bonds	Growth from single-industry shares	Income from common stocks	Income from stocks and bonds
4.0	2.3	4.3	4.4	3.9	හ හ	4.9	3.7
0.58	1.04	0.77	0.27	0.64	0.79	0.75	0.50
	2.0	8.75	7.2	7.5	8.25	8.0	8.0
58 17.95 7.5	6.17 8.7	8.44 8.75	21.11 7.5	67 19.47 7.5	7.40 8.25 0.79	72 13.11 8.0	21.78
80	. 15	22	522	19	53	72	280
1945	1938	1937	1924	1937	1948	1940	1928
Investors Stock Fund	Knickerbocker Fund	Manhattan Bond Fund	Massachusetts Investors Trust	The George Putnam Fund of Boston	Television- Electronics Fund	United Income Fund	Wellington Fund

<sup>&</sup>lt;sup>1</sup>All dollar amounts and percentages as of Dec. 31, 1953. \*Expressed as a percentage of assets. \*For purposes of comparison, the Dow-Jones percentage change was + 58.5%. \*Covers the period 1949-1953. \*Covers the period 1949-1953.

# TABLE 2

# Ten Representative Closed-End Investment Funds<sup>1</sup>

Increase in Common Stock Net Asset Value (1946-1953) <sup>3</sup>	35.4%	24.2	10.3	18.4	19.2
Aims	Income from diversified common stocks	Income from diver- sified common stocks	Capital apprecia- tion from stocks	Income from diversified common stocks	Income from diversified common stocks
Income	4.6%	4.7	4.4	4.7	3.2
Manage- ment Cost?	0.56%	0.77	1.83	0.20	99.0
Lever-	None	None	None	None	Low
Price Per Share	\$27%	17%	29%	50	20%
Common Stock Asset Value	\$ 49 \$37.08 \$27%	23.39	39.80	30.73	22.52
Assets (in Mil- lions)	\$ 49	21	62	31	74
Year Begun	1929	1915	1923	1933	1929
	The Adams Express Company	American International	Atlas Corporation	Consolidated Investment Trust	General American Investors Company

Growth from diver-

3.5

0.56

None

33%

34.38

143

The Lehman 1929

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31.2	106.7	139.8	115.0	949.4
Growth from diver- sified common stocks	Investment in met- als and oil	Appreciation from diversified stocks and bonds	Income from diver- sified common stocks	U.S. & Inter- 1928 61 10.39 6% High 0.51 3.5 Income from diver- 949.4 national Securities Corporation
ඩ 1ට	6.7	4.7	3.0	e, rc
0.56	0.62	0.38	0.31	0.51
None	None	15% High	High 0.31	6% High 0.51
33%	40%	15%	48%	8%
34.38	53.24	28.20	77.07 48%	10.39
143	141	176	91	19
1929	1921	1929	1924	1928
The Lehman 1929 Corporation	Newmont Mining Corporation	Tri-Continen- 1929 tal Corpora- tion	U.S. & Foreign Securities Corporation	U.S. & International Securities Corporation
		2 .3		

JAII dollar amounts and percentages as of Dec. 31, 1953. \*Expressed as a percentage of assets. \*For purposes of comparison, Dow-Jones percentage change was 58.5%.

partner in the New York Stock Exchange firm that bears his name.

Mr. Wiesenberger, an ardent advocate of the funds, states his case in a 384-page, big-format volume entitled "Investment Companies." Whether or not you want to buy the book (the latest edition costs \$20), you'll do well to consult it if you're seriously thinking of investing in the funds. It's a mine of dependable factual information about investment funds in general; it also gives a financial picture of most of the funds individually.

From the start, Wiesenberger's book eloquently pleads the case for the investment funds.<sup>2</sup> As an example, he cites this most recent period of boom, in which some stocks have floundered while others have soared. How have the funds been doing? Says Wiesenberger:

Almost all investment fund common stocks "advanced 50 per cent or more between their 1949 lows and the end of 1953... The holder of investment company securities participated fully in the growing profits of American industry, because fund shares automatically provide a cross-section of the market."

# Getting Diversified

During the same period, of course, the Dow-Jones average did

even better than that. So—you may ask—why wouldn't you have get equivalent results by spreading your money over the entire Dow-Jones list? That way, you could also have avoided paying the heavy investment fund loading charges, couldn't you?

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Wiesenberger's reply: "The cost of diversification may be prohibitive to the investor who tries to buy it directly." A year or so ago, for example, "to buy one share apiece of all the Dow-Jones [average] stocks would [have] cost \$2,383; and the combined expenses of purchase and sale would [have saddled] the small investor trying this expedient with a surcharge of 12.4 per cent"—as compared with the usual investment fund charge of 7 or 8 per cent.

# A Convenient Package

In other words, buying the whole Dow-Jones list would be both a cumbersome and an expensive process. By contrast, the book explains, "investment company shares enable investors to buy...much wider and sounder diversification... in a convenient package with sums as small as \$50."

Wiesenberger also notes this significant advantage of the funds:

"Their operations are a matter of public record. They cannot bury their mistakes. No other form of investment management is under comparable compulsion to reveal errors as well as successes."

Not surprisingly, then, invest-

<sup>&</sup>lt;sup>1</sup>Published by Arthur Wiesenberger & Company, New York, 1954 (Fourteenth Annual Edition).

<sup>&</sup>lt;sup>2</sup>For some arguments against this type of investing, see "Don't Go Overboard on Mutual Funds" (MEDICAL ECONOMICS, November, 1952).

ment fund growth is considered by many brokers to be the market phenomenon of our time. In 1940, fewer than 1 million investors owned fund shares worth \$1 billion. Today, more than 2 million shareholders own fund shares worth \$5 billion. (In 1953 alone, gross fund sales were \$672 million.) By 1960, says the author, some 4 million Americans will probably own investment fund shares worth \$12 billion.

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# Started in Belgium

The wide popularity of investment funds has come about fairly recently. Not so the idea of "pooling individual resources to obtain the benefits of risk-cutting through diversification and central professional management." This dates back, in fact, to the early nineteenth century.

In a brief historical section, "Investment Companies" says that the first known fund was begun by King William I of Belgium in 1822. The idea got to Scotland in the 1880s, and crossed the Atlantic about ten years later.

The first American company—Boston Personal Property Trust—was set up as more or less a family affair in 1893. It had a total capital of about \$100,000. And it still exists—with assets of nearly \$9 million and an unbroken record of dividend payments.

Today, it's just one of more than 200 active investment funds, all of them differing as to aims, methods,



"Marsha, how would you like to have free medical care for the rest of your life?"

and degree of risk. "Thanks to this almost limitless diversity," says Wiesenberger, "the investor can find at least one investment company security to serve almost any purpose—subject always to the qualification that investment success can never be guaranteed."

It's in helping the investor make a choice that "Investment Companies" can be particularly helpful. For it analyzes the portfolio holdings, earnings, and performance of 173 different funds.

# Open and Closed

Of these, 120 are the familiar open-end funds so popular in recent years, and fifty-three are closed-end funds. What's the difference between the two? The book puts it this way:

"The closed-end company . . . like ordinary companies . . . has a fixed capitalization. Its shares have been issued at some time in the past, and new shares are not continuously available directly from the company. [The issued] shares are usually traded on the New York and other national security exchanges.

"One buys these shares exactly as one buys any other . . . security. Consequently, the supply and demand for closed-end shares have an important effect on their prices. In this respect they differ fundamentally from open-end shares, which are priced on the basis of their asset values."

. The open-end funds are usually

set up to offer new shares continuously. The offering price of a fund share is determined solely by the asset value of the issues that make up its portfolio. The supply of fund shares—and the demand for them-doesn't enter into the price at all.

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As a result, these shares usually aren't traded on the stock exchanges. Instead, they are bought through authorized investment dealers. A few companies have their own direct sales representatives.

Such distinctions, while important to the broker, are largely academic to you and me. Probably more vital, from our point of view, is a knowledge of the management policies and characteristics of the individual investment funds.

# What Are Your Aims?

The right fund for you to invest in is, obviously, the one whose aims approximate your own. Are you interested chiefly in income, for example? Or are you concerned mostly about the safety of your capital? Or is appreciation in rising markets what you're seeking mainly?

These are the three most common investment aims. And Wiesenberger points out that there are dozens of funds to suit each of them.

If it's income you're after, the detailed records in "Investment Companies" will show you which funds have paid a reasonably high, steady return over the years. If, on the other hand, you're focusing on the safety of your capital, you'll find a number of balanced funds that gear their investments to the fluctuating value of the dollar.

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Finally, if it's appreciation you want (and you needn't be a speculator to fit into this category), you may be especially interested in the so-called leverage shares. As the book makes clear, these tend to move faster than the market—"and naturally in both directions."

# The Leverage Story

Just what is leverage? According to "Investment Companies," it's the speculative force that steps up the rate at which a fund's earnings zoom or dive. This force is measured by the prior claims of the company's preferred stocks, bonds, or bank debt. If a stock has no debt or securities senior to it, it's of the non-leverage type. If the senior claims are few, the stock is then a low-leverage issue. If there are numerous senior claims ahead of it, it's a high-leverage stock.

Suppose, for example, an investment fund has \$10 million in assets and has issued 1 million common shares. Suppose it owes \$2 million to banks; it has \$3 million in outstanding bonds; and it has issued \$4 million, at par value, of preferred stock.

That makes \$9 million tied up in senior claims. So only \$1 million is left for the common shares—or \$1 per share. Clearly, this is a highleverage venture.

Along comes a bull market, and

the fund's assets double in value. But notice: Senior claims are still only \$9 million. So now there's \$11 million for the common stock—\$11 a share, or a rise of 1,000 per cent, stemming from a gain of just 100 per cent in the total value of securities held by the fund.

Sounds fine? Well, it is. But what if the market goes in reverse? Then the holders of common stock will lose their money equally fast. And if the fund's assets shrivel to less than \$9 million, they may be left holding the bag.

# Up! Up! Up!

To see leverage in actual operation, take a look at two closed-end companies—American International and U.S. & Foreign Securities. Early in 1942, American International's senior claims amounted to 62 per cent of its assets, leaving 38 per cent for the common shares. That's a moderate leverage situation. U.S. & Foreign, on the other hand, had senior claims amounting to 94 per cent of its assets—high leverage, indeed.

That year, American International common hit a low of \$2\% a share, while U.S. & Foreign dipped to \$2\%. Then came four years of bull market. In 1946, the per-share asset value of American International common reached \$16\%-a gain of 495 per cent. Meanwhile, U.S. & Foreign common, with its much higher leverage, jumped 1,200 per cent—to \$32\%. (In that period, incidentally,

### INVESTMENT FUNDS

the Dow-Jones average climbed just 129 per cent.)

American International later retired its senior obligations and became a non-leverage fund. U.S. & Foreign also retired many of its senior claims and is now a moderate leverage fund. Both these funds have continued to climb in recent years—but not so spectacularly as in the early Forties.

Leverage isn't usually a factor in open-end funds; but there's still plenty of choice available to the investor who shops around for a fund of this type. He can buy shares in an all-bond fund, in a preferred stock fund, or in a specialized fund made up entirely of common stocks from a single industrial field.

The majority of fund investors,

however, buy shares in either diversified bond-stock funds or diversified common stock funds. These two categories spread-eagle the field.

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When the investor has selected the fund that looks best to him, he can, of course, buy shares according to any plan he choses. But for longterm investing, Wiesenberger strongly recommends a system of regular investments of equal size.

# **Dollar Averaging**

Wall Street men speak of such systematic investing as "dollar cost averaging." Wiesenberger calls it "a means of turning to one's advantage the fact that stock prices do fluctuate and of capitalizing upon declines in stock prices when they occur." He gives the following example of how



"What's good for appendicitis?"

dollar cost averaging works:

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"Assume that a rapidly declining market develops at the start of an accumulation program and that an investor is able to make three successive purchases of the same stock at \$10, \$8, and \$5 a share. If he invests \$1,000 each time, he will obtain 100 shares with his first purchase, 125 shares with his second, and 200 with his third, a total of 425 shares. (For the sake of simplicity, all purchasing costs are ignored in this example.)

"The average of the three prices paid is \$7.67. Obviously, the investor is better off than he would have been if he had made his entire investment at the starting price of \$10. But he is also better off than he would have been if he had invested the \$3,000 in a lump sum at the average price of \$7.67. At that price, he would have obtained only 391 shares . . . instead of the 425 shares shown above."

Why is this so? Explains Wiesenberger: "The same number of dollars buy more shares when the price is low than they do when the price is high. The 200 shares bought at \$5 nearly equaled the total of shares bought at \$10 and \$8. This served to reduce sharply the average cost of all the shares purchased—to \$7.06 a share...\$0.61 below the average of the prices paid."

To be sure, this example is an extreme one. Few investment funds are likely to lose half their asset value; you, as an investor, obviously hope they won't decline at all. "But as long as purchases are made at varying prices, and equal amounts of money are invested each time," says the author, "the average cost of shares acquired will always be lower than the average of the prices paid."

# The Latest Wrinkle

To give more investors an opportunity to benefit from dollar cost averaging in buying investment funds, many of the funds now make available a variety of so-called accumulation plans. Some of them, writes Wiesenberger, "accept as little as \$10 monthly; some have higher minimums; some have no specific requirements at all. [So] even the smallest investor can begin a plan for systematic investment."

Apparently, the idea of dollar cost averaging is taking hold in the U.S. Three years ago, only twenty-eight investment funds offered accumulation plans. Now "Investment Companies" lists ninety-two.

That's not all. Where only about 50,000 persons were buying fund shares through such plans three years ago, "today, these invest-as-you-go plans have 200,000 investors who are investing . . . \$72 million a year. This represents about 10 per cent of 1953's gross mutual fund sales."

In view of all the evidence, then, is there any reason to be timid about buying stocks? Not, maintains Wiesenberger, so long as you "invest the modern way" – by putting your money regularly into the investment fund best tailored for you.



# He Made a Movie To Help His OB Patients

By Edwin N. Perrin

• "You'll never make any money. You waste too much time talking to your patients."

That's what Dr. Paul Seyler's secretary said to him a couple of years ago. She spoke half in jest; but the young Dayton, Ohio, obstetrician took her words to heart.

"The fact is," he now says, "I was talking too much. A lot of doctors—especially Ob./Gyn. men—make this mistake. They want to explain things to their patients (and quite properly so); yet every explanation burns up valuable time."



FILM STRIP shows obstetrician Paul Seyler examining Mrs. John Sperry, who "starred" in his educational movie for prospective mothers. On facing page, sound track is added to film by Dr. Seyler, assisted by his wife, Karla, and a neighbor, Mrs. M. H. Bolender (center).

So Paul Seyler decided to prove his aide's prophecy false. Result: He no longer spends hours discussing the facts of pregnancy with future mothers. Instead, he shows them a motion picture.

"It works wonders," he says. "They like being *shown* childbirth, instead of simply being told about it. And I'm delighted because I now have extra time for more important things than just talk."

The doctor himself directed, produced and manufactured the film, which he screens twice a month in his office. But it wasn't his original intention to make the picture himself.

"First, I hit on my idea for a time-saver: a movie that could be shown to a dozen patients at a clip," he explains. "Then I looked around for one."

As he envisioned it, the film would portray the birth process from first-month check-up to delivery-room episiotomy. And it would be more than just a time-saver: It would explain birth to the average patient rather more understandably than any book or lecture could.

# **He Gets Camera**

But he searched through all the standard lists of educational films, without success. None of the available material seemed right for his purpose. He had about given up when his mother-in-law came to the rescue: She gave him an eight-millimeter movie camera as a Christmas present.

That was in December, 1953. Until then, it hadn't occurred to him to make a film of his own. But now that he had the camera—well, the idea seemed irresistible. He mapped out his plans and got to work.

Only a few months later, he completed "A Family Affair." On June 30, 1954, he put the finishing touches to the film. It was an hour long; it was in full color and sound. And it was ready to go.

# A Movie Is Born

Dr. Seyler himself did virtually all the photography and writing for the picture. "He chose the musical background, too. His wife Karla (a former nurse, whom he'd met, appropriately, in the delivery room at Cincinnati General Hospital) acted as narrator. And the two of them, with the help of some technically minded friends, dubbed in the sound track.

Dr. Seyler figures that the finished job cost him between \$500 and \$700.

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Naturally, not everything west smoothly with the production. The young physician made several false starts, for example, before he finally hit on a satisfactory continuity. In the beginning, for one thing, he used up footage on about fifty different patients. Then he got the idea that finally gave "A Family Affair much of its warm appeal: He hemanized and personalized his story by concentrating on the pregnancy of one woman only.

The "stars" of the show, whom the doctor hand-picked from among his patients, are a young couple in their twenties, John and Sally Sperry. Both are photogenic; and both were remarkably cooperative.

# Stand-Ins for Sally

"We loved making the picture,"
Sally Sperry says today. "It was a
lark. But it was more besides. It
gave added meaning to my own
pregnancy."

The Sperrys appear throughout the movie—except in the actual examination and delivery scenes. For these, which are notably graphic, the doctor used shots he had taken of various patients. All the "actresses," of course, remain unidentified.

"I didn't want to leave anything to the imagination," Dr. Seyler explains. And he hasn't. The color film shows X-ray pelvimetry, vaginal examination, and the full routine of the fin

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eyler exolor film ginal exutine of delivery. There's even a shaving scene.

"A Family Affair" had its premiere at Dayton's Miami Valley Hospital (where much of it had been filmed) on July 1, 1954. Dr. Seyler ran the projector; and a first-night audience of about a hundred (physicians, hospital employes, guests, and everyone who had helped in the filming) sat out front.

Almost without exception, those who saw the movie then—like those who have seen it since—were enthusiastic. "The picture will help any new father and mother, and even many of the old ones," said a local pediatrician. "It's a superb professional job," commented another doctor.

One of Dr. Seyler's patients wrote him a glowing thank-you note. "Bless you for caring enough about us mothers to make such a movie," she said.

# His Big Night

But no one was quite so delighted as the movie-maker himself. "This is my production and my night," he told a friend at the opening. "And I couldn't be more thrilled. I only wish I could show the picture to every parent in the country."

So far, that hasn't been possible. But Dr. Seyler has managed to get a gratifyingly wide circulation for "A Family Affair." He has held office showings twice a month for patients, as originally planned. In between, and at his own expense, he has

screened it for a variety of clubs and civic groups in and around Dayton. Audiences have numbered as high as 200.

# His Future at Sea

As of now, though, the doctor's career as a movie-maker is temporarily in abeyance: He has been recalled to a fifteen-month tour of duty with the Navy. Even so, he insists, he'll find time for some preliminary work on his next film.

"It's going to deal with the problem of infertility—frankly and helpfully," he says.

After that, he wants to do a movie explaining sex to teen-agers.

"The Navy's a pretty good place for research," he adds, philosophically. "On that second subject, at least, it ought to be."



"You're the only reason I want to get well!"

# Here Are the Practice Costs You Can Tax-Deduct

You'll save money by using this checklist when you fill out your 1954 Federal income tax return

By John C. Post

When you figure out how much to deduct for professional expenses on your 1954 Federal income tax return, you'll probably concentrate on the big items like car upkeep, depreciation, and rent. That's as it should be—provided you include all other deductibles, too.

The following list should serve as a convenient jog to your memory. It describes, in alphabetical order, the thirty-one major deductions for practice costs now allowed by the Internal Revenue Service.

Accounting: Amounts paid for bookkeeping, preparation of tax returns and estimates, and general auditing.

AUTOMOBILE: Full operating cost if automobile is used only for professional calls or if other use is inconsequential. No part of cost if use is solely for transportation between home and office. Proportionate cost if part of use is nonprofessional. When permitted as business deduction, auto upkeep includes chauffeur's salary and uniform; depreciation; repairs; tolls; towing; garage rent; gasoline; oil; insurance premiums (fire, theft, collision, liability, etc.); lubrication; license fees; loss or damage not covered by insurance; loss on actual sale of automo-

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bile, with depreciation considered; tires and tire repair; inspection fees; parking charges; and auto club dues.

BAD DEBTS: Arising from business loans or services performed, but only if previously reported as income. You must claim the deduction for the year in which the debt has become worthless.

Clubs: Dues and expenses, if they're necessary for maintaining your business or professional contacts. These include payments to service clubs and chambers of commerce if such membership is intended to benefit you in a professional way. (Itemize amounts, name organizations, and be prepared to prove necessity.)

COLLECTIONS: Expenses incurred in collecting professional accounts—attorneys' fees are included.

Contributions: Amounts, up to 30 per cent of adjusted gross income, given to recognized charitable organizations—provided that no more than 20 per cent of your income goes to charities other than churches, hospitals, or educational institutions. To be deductible, contributions need not be made in cash. If property or securities are given, deduct their market value.

Conventions: Cost of transportation to and from out-of-town meetings; cost of rooms, meals, tips, etc.

CREDIT BUREAU FEES

DEPRECIATION: On all your professional property, including automobile, instruments, books, equipment, furniture and fixtures, or any other asset having a useful life of more than one year.

Entertainment: Meals, drinks, theatre tickets, admission to games, transportation, and similar costs *if* they are "ordinary" and "necessary" to your practice.

EQUIPMENT: Books, instruments, and equipment used in your professional work and having a useful life estimated at one year or less; also rental of equipment necessary to practice.

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### PRACTICE COSTS YOU CAN TAX-DEDUCT

GIFTS: If ordinary and necessary to your practice, and if benefit can be proved. (See Entertainment.)

INSURANCE: Premiums on policies in connection with your profession, covering accident, burglary, public liability, fire, storm, theft, or malpractice; also indemnity bonds on office employes.

INTEREST: On practice-connected loans and mortgages. In installment contracts where the interest rate is not specifically stated, you may deduct 6 per cent of the average monthly balance during the taxable year (but not more than the carrying charge itself).

JOURNALS AND BOOKS: If estimated to have a useful life of one year or less. Most medical journals and books are in this category. Cost is one determinant. For example, a set of books costing \$100 probably would not be allowed as a current expense. But yearly depreciation on such books would be allowed.

LEGAL: Litigation expenses in connection with your practice.

LICENSES: Physician's annual license fee.

Losses: Losses not covered by insurance (or in excess of insurance collected) that result from property damage caused by fire or acts of nature; damages paid as a result of civil suits against you arising out of your profession; business bad debts; theft losses; damage to your auto.

MAINTENANCE: All maintenance expenses of a building used entirely as your office. Proportionate cost if part is used for office, part for home Maintenance includes such items as heat, light, water, repairs, painting decorating; wages paid to janiton and elevator men; payroll taxes; and depreciation. tic se

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MEDICAL SOCIETY DUES

MOVING: Such expenses if in connection with a continuing practice.

POST-GRADUATE COURSES: The cost of such study if it's of direct help to you in your present practice. In other words, the course should merely enable you to do your current work more efficiently—not to shift, say, to a different specialty.

RENT: If paid for professional equipment or office quarters. If only part of your residence is used for business purposes, only a proportionate part of the rent is deductible.

REPAIRS: Repairs to your office, including cost of decorating, painting, patching, alteration (other than permanent improvement); putting property in safe and efficient operating condition; new surfacing; repairs to roofs; repairs necessitated by a casualty, such as explosion, fire, or hurricane (not including capital restoration). Also covered are repairs to medical and business equipment.

SALARIES: Paid to secretaries, assistants, substitutes, and other professional aides and consultants. Also the Social Security taxes (not employe's share) paid on such salaries. If an employe devotes only part of her services to your professional establishment, deduct a proportionate part of her salary. (Wages of domestic servants ordinarily include value of food and lodging, light, and special privileges furnished them.)

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SUPPLIES, MEDICAL: Dressings, vaccines, drugs, etc., consumed during the year. (See EQUIPMENT.)

Supplies, Office: If used in your practice, including bills, cards, and envelopes; labels, letterheads, and minted forms; ink; postage.

Taxes: If incurred in the production or collection of income. Under these conditions only, you may deduct taxes on admissions; bond transfer stamps; taxes on cable messages; customs and import duties; deed stamps; taxes on dues, on initiation fees, on property transportation, on radio messages, on safe deposit boxes; stock transfer stamps; taxes on telephone and telegraph transportation of persons, on equipment services.

TELEPHONE AND TELEGRAPH: Such costs when incurred professionally (including a "fair" share of the expense of your home phone, if so used).

Travel: Expenses of going to conventions affecting your practice, including baggage transfers, lodgings, meals, railroad fares, plane fares, boat fares, bus fares, telegrams, tips.

UNIFORMS: Purchase price and laundering costs, on the theory that the uniforms are required by custom or for reasons of cleanliness. Such uniforms must not be suitable for ordinary wear.

Note: Don't forget that elsewhere on Form 1040 you can deduct a number of nonprofessional expenses as well. Among them are casualty losses; legal fees; maintenance of rented-out property; losses from asset sales; interest payments; and many state and local taxes (real estate, income, personal property, sales, cigarette, and—in some states—gas and liquor taxes).

# Last Straw

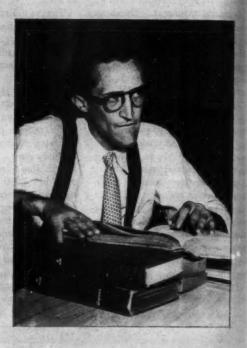
• The doctor decided to tell the patient the truth. "I feel I must tell you," he said, "that you're a very sick man. I can't offer you much hope. Now, is there anyone you would like to see?"

The patient beckoned him close and whispered feebly, "Yes."

"Who?"

"Another doctor!"

-RUTH CAMP



MEDIC'S CREATOR, James Moser (above), works hard to see that his scripts have true medical flavor. At top left (facing page), he gets briefing on laboratory techniques from Dr. J. Philip Sampson, president of the Los Angeles County Medical Association. At top right, Moser and the show's producer, Frank La Tourette, discuss the case of a young traction patient with Dr. R. V. Gentry, head of the medical society's radio-TV committee.





# 'Medic' Does Job for M.D.s

Here's a behind-the-scenes look at the remarkable new television series that at last gives the public an authentic glimpse of doctors at work

# By Wallace Croatman

• Television has found a brand-new doctor—one who is nothing like the white-frocked huckster that used to peddle cigarettes, cold cures, and laxatives. The new man is a grim-faced, raspy-voiced individual with the TV name of Konrad Styner; and he serves as host, narrator, and sometimes star player on N.B.C.'s dramatic series, "Medic."

In the past few months, Medic has established itself

ad

Medic's serious tone is borne out by these scenes from initial episode . . .



Doctor tells husband wife has leukemia...



Child is delivered after mother has died...

as a top-ranking TV show. It has already cut into the popularity of the established "I Love Lucy" series, which runs at the same Monday night hour over C.B.S. The Dow Chemical Company, Medic's sponsor, says in its national advertising that it's "proud to present a program of such exceptional merit."

Organized medicine, too, is happy about the new program. The Los Angeles County Medical Association assists in the preparation of the show and has given it its official seal of approval. And George F. Lull, secretary and general manager of the A.M.A., says he looks forward to seeing Medic every

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O.R. crew assembles for 3 A.M. emergency...



Anxious doctor listens to faint heartbeat . . .



Child saved, doctors relax with smoke . . .

week-and hopes that other doctors do, too.

Dr. J. Philip Sampson, the Los Angeles association's president, hails the series as "a new concept in television drama, which for the first time blends a dramatic presentation with a faithful reproduction of medical techniques." Here, as never before, he adds, "television informs while it entertains."

It's clear, in fact, that just about everybody is taking this new program seriously. And since patients are starting to question their doctors about the techniques demonstrated on the show, it's high time practicing physicians got a glimpse of Medic backstage.

Let's begin, then, with a look at James Moser. He's the man who dreamed up the idea of a really authentic series of medical dramas; and he's the man who now writes them.

# Realism His Goal

Moser—a lean, serious-minded young man in his mid-thirties—labors mightily to achieve what the N. B. C. promotional department calls the show's "rusty-nail realism." If a story is to deal with deafness, for instance, he prepares for it by temporarily wearing a hearing aid; if he's planning a script on polio, he actually takes the trouble to crawl into an iron lung.

In particular, he tries to avoid the sweetness-and-light approach that falsifies so many popular presentations of medical themes. "If we're going to approach the world of medicine honestly, we have to show both life and death," he says. "They can't all be happy endings."

He showed his serious intentions, last September, in his very first production (scenes from which are reproduced in these pages). The story dealt with a pregnant woman who had acute leukemia, and with Dr. Konrad Styner's fight to save the child. The doctor won the fight—but only after the mother had died.

As his Christmas-week offering this month, Moser has written another unusually naturalistic play: an account of the tragic aftermath of a too-merry pre-Christmas office party. At the season when even hard-bitten TV detectives generally take time out for tree-decorating. Medic's Konrad Styner will introduce "the case in point: Frances Monahan." Her story, he'll explain, "concerns a threat to human life about which the doctor can do little [except by giving] his best to correct the damage inflicted . . ."

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Styner plays no direct role in the drama that follows. The main characters are a neurosurgical resident (Max Konrad) and an interme (George Rosenthal). Early in the episode, which takes place on Christmas Eve, the two doctors and a nurse (Julie McCabe) hear an ambulance siren growling outside their post in the hospital's neurosurgery admitting room. Their reactions set the tone for the grim business to come:

ROSIE: Wheels . . . [starting to rise]. Here we go. [He goes to the water cooler for a drink.]

KONRAD [glancing at wall clock]: Never fails . . . Right on schedule.

McCabe [crossing over into the treatment room]: Just about. Little early, if anything.

Konrad and Rosie move to the window in the treatment room and look down at a driveway. The camera picks up what they see: a stretcher case being removed from the ambulance.

KONRAD [grunts]: What d'ya know . . . brand-new ambulance.

Rosie: How'd they ever guess? ... Just what I wanted for Christmas.

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From this point on, the two men stuggle successfully to save the life of Frances Monahan, a young woman who has been badly hurt in an auto accident. At first they pay little attention to George Otis, the belligerently drunk—and unhurt—driver of the wrecked car in which she was a passenger. Otis wants to go home; he's told several times that "nobody's keeping you here." Finally, though, Konrad's pent-up emotions spill over:

Konrad: I have a suggestion for you, Mr. Otis... I suggest you wait a little longer. Wait until the girl's mother gets here. You can listen while I explain the condition her daughter's in. Or maybe you'd like to do the explaining yourself.

Oris: That's your job, not mine.

# It's Konrad's Job

Konnad [nodding]: That's right, it's my job ... You might learn something from it ... You can hear the kind of questions they ask ... You can see the heartbreak and misery in their faces when we give 'em the answers. Believe me, it'd be a lot easier to lie ... And it won't be any easier with the girl, when the shock clears up ... She's gonna ask questions ... I'd like to have you there, Mr. Otis ... I'd like very much to have you there ... Because you know what her first question's gonna be? You know what she's gonna

ask? [Brief pause.] She's gonna ask, "Why is it dark?"

O'ris [reacting; puzzled]: What d'ya mean? You said she'd be all right...

KONRAD: I said she's out of the critical stage . . . There's not much doubt she'll recover.

OTIS: Then what're you getting at? Why would she ask if it's dark?

Konrad: Because it is dark, Mr. Otis. She's blind... Both eyes... completely macerated. She's blind for the rest of her life... What about it, Mr. Otis? Would you like to wait around?

# M.D.s at Their Best

Despite the grimness of scenes like these, most doctors who have worked with Medic expect the show to do medicine a lot of good.

For one thing, all Moser's stories aren't tragic. For another, when they are, it's always made very clear that the tragedy would have been worse but for the intervention of devoted physicians.

As Jerry L. Pettis, executive assistant to the president and public relations director of the Los Angeles County Medical Association, puts it:

"This show gives the profession a chance it's never had before to propagandize medicine's good side. And the really good part is that the job is being done unobtrusively, in the natural course of the dramatic sequences."

In the cold black-and-white of a brochure, says Pettis, it's hard to get across the fact that doctors' fees are small enough reward for the job they do. "It's far easier, in a show like Medic," he says, "to have a scene showing a woman up against it financially. She's seriously ill—and worried about money. So she tremulously asks, 'How much do I owe you, Doctor?' When he answers—with all the sympathetic understanding in the world—'Don't worry about it now; let's just get you well first,' it's worth more than 10,000 words in convincing the public of the profession's altruism."

You don't have to be intimately connected with Medic to recognize the unobtrusiveness of the sort of message Pettis mentions. Independently, an East Coast medical man who'd just seen the first show remarked to the writer of this article that he'd found the pro-M.D. message "far more subtle than anything organized medicine usually goes in for: The show depicted a doctor willingly getting up in the middle of the night; it showed a whole O.B. crew sweating at 3 A.M.; it set the stage so that there wasn't a doubt that the baby would have died but for the doctor's stubborn refusal to give up."

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Understandably, Medic concentrates on the clinical—not the economic—side of its patients' problems.



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Doctors' fees are mentioned incidentally, if at all. But patients of modest means invariably find that stilled personnel and modern facilities are readily available.

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In one episode, for instance, a pretty 19-year-old girl is stricken with a heart attack as she climbs up the stairs to meet her sweetheart. Though she obviously has little money, she's restored to health through the services of a distinguished cardiologist, who not only clears away the scar tissue blocking her mitral valve but gets her heart going again when it stops during the operation.

Medic will continue to stress the ways in which doctors serve the public. The Los Angeles County Medical Association insists that, as long as it endorses the series, the profession will be shown in the best possible light.

# How It's Checked

Under their agreement with Medic's producers, the Los Angeles doctors study each episode from the time the rough idea is conceived until the final film version has been put together.

Step one in the authenticating process is a weekly meeting between Jim Moser and the medical society's TV committee. At these meetings, Moser presents his ideas for future dramas. The doctors have the power to accept or reject any of his suggested themes.

So far, they've been pretty broad-

minded about the subject matter. (The leukemia episode is just one example of their willingness to handle delicate themes.) But they have vetoed a few ideas—notably the following:

# Not Everything Goes

¶The story of a homosexual and his frantic search for help. ("Too sensational," the committee decided. But it agreed to reconsider the theme after the show has become more firmly established.)

¶The story of a "bad doctor" who is brought to justice by the grievance committee of his local medical society. ("Not in line with our policy of showing the profession in a good light," ruled the committee.)

¶The story of a student's struggle to get through medical school and set himself up in a community. (The committee's comment: "The idea doesn't seem to fit the show's format.")

# Copy Conference

Once it has approved a subject, the committee chooses a Los Angeles physician who's an expert in the field, and sets up a meeting between this specialist and Moser. After absorbing some of the specialist's views, the author turns out a rough script.

Copies of his first draft go to each member of the doctors' TV committee, as well as to the specialist. A week or so later, the medical men and the writer get together for a rough-copy conference; and the script is gone over line by line, with committee members making copious comments. Moser then incorporates all necessary changes in his final version.

And quite a few changes are usually called for. On one occasion, the committee was shown a script in which the older member of a surgical team decided, over his younger colleague's violent opposition, not to operate on a child with a critical head injury. (In Moser's original version, the patient later died, just as the younger man had predicted.)

After one look at this scene, the physicians got out their blue pencils, "We will never show two doctors disagreeing on the management of a case," they said.

# 'I Couldn't Do It'

Another time, Moser depicted a doctor as doing a remarkable bit of plastic surgery—so remarkable, in fact, that the plastic surgeon who was advising the author said it couldn't be done.

"I've got the most modern equipment available," he explained. "And I know I couldn't get those results not with all my equipment and the county hospital's equipment put together."

In a case of this sort, major revisions may be necessary. Sometimes, though, Moser manages to satisfy his doctor-critics by making only minor changes.

For instance: The leukemia epi-

sode originally wound up with a nurse asking the doctor, "Should I tell Mr. Carroll that his wife died? Dr. Styner's reply was an abrupt "No, tell him his baby lived." the

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This was a good TV punch line, the committee conceded, but it also made the doctor seem hard-hearted. So, in the final version, Styner added: "Tell him I'll be out in a minute to talk to him."

Once the final script has been approved, the actual filming begins. Like its prototype, "Dragnet"—a TV drama that uses the files and facilities of the Los Angeles Police Department—Medic stresses real-life locations, as well as situations. One of the main "shooting" locations is the huge Los Angeles County General Hospital. But some of the smaller hospitals and clinics in the city have been used, too. (Only occasionally does a private physician's office figure in the plot.)

# Consultants Help

During the filming, there are always at least two M.D.s on the set. Both of them are experienced specialists. Both are particularly interested in the subject currently being handled. And both act in a consultative capacity.

Between them, the two doctors give advice on everything from lighting angles to casting. "We're especially careful not to permit an Alcatraz type to play a member of the medical profession," one consultant says.

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are althe set. seed spey intery being onsultadoctors g from "We're For the most part, Medic is acted by professional actors and actresses. But real doctors and nurses often play "bit" parts. For instance, if the script calls for a character to do smething that couldn't be safely entrusted to a layman—like delivering a baby—a licensed M.D. naturally acts as stand-in.

After the shooting's over, medical men get still another chance to weed out technical errors. The entire committee is invited to an evening session (which may last four or five hours), during which the raw films are gone-over.

"What may have looked good in

the final script sometimes looks awful on the screen," Jim Moser points out. As a result, retakes are fairly common. When the rough film has been O.K.'d, a polished version is put together with musical score, synchronized sound, etc. Only after the committee accepts this version does the medical society officially approve the episode.

Despite the drawn-out process of authenticating each film, mistakes sometimes slip through. Luckily, most of the boners so far have been small enough to escape the notice of all but a few sharp-eyed doctorviewers.

Once, for example, a character was shown with a stethoscope stuck

DMEDICAL ECONOMICS



"Well, then, can you give me something to take it out of my mind?"

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in his ears backward. Another time, an actor-surgeon diligently scrubbed up for an operation—and promptly recontaminated himself by toweling his arms up and down instead of only once in a single direction.

Though mistakes of this sort are rare, Medic *does* sometimes have to sacrifice its highly prized realism to TV's code of ethics. The leukemia show is a case in point.

#### Some Taboos

In that episode, the climax came when Dr. Styner tried desperately to get the dead woman's baby to start breathing. As one real doctor remarked, the hero might have saved the TV audience minutes of suspense by sticking his thumb up the baby's anus—"which any sophomore medical student knows will make a baby breathe faster than anything."

Obviously, not even Moser's passion for realism would have got *that* past the network's censors.

To its credit, Medic has achieved a consistently high level of honesty. In another episode, when an obstetrician interviews a pregnant woman, he comes right out and asks, "When was your last period?" Network officials conceded that such a question would cause some maidenly blushes among the TV audience. Yet they decided that the question had enough bearing on the "case in point" to be allowed to stand.

Almost everybody who discusses

Medic compares it with Dragnet. There's certainly a lot of similarly between the two shows. And this is scarcely surprising, when you consider that Jim Moser got his Trutraining as a writer for the older series. But from the viewpoint of medicine's public relations, the similarity is often a source of embarrassment.

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Take Richard Boone, who plays the role of host-narrator Konrad Styner: He's obviously a hangover from Moser's Dragnet days. Boone, in fact, played the police captain in the movie version of Dragnet; and some critics have commented that he makes a more convincing cop than physician.

As Dr. Styner, Boone is consistently tough-sounding and pokerfaced. "A doctor can't function when he gets emotionally involved," he explains. But while there may be much truth in this statement, many a doctor wishes that the Medic star would learn that a person can be unemotional without looking like a ramrod.

Then, too, Boone and his fellow Medic doctors sometimes lapse into the kind of monosyllabic dialogue that seems more suited to a police station than to a doctor's office. The Los Angeles society's TV committee constantly finds itself weeding out expressions like "No, Ma'am, I don't," and "It was 10:10 a.m. Friday, Nov. 27."

If Medic's physicians often seem cold and thick-skinned, there's rea-

son for it: The idea behind the series hit Jim Moser in 1949, when he was adapting some "Dr. Kildare" movie screenplays for radio. He conceived of Medic's tough-grained realism as an antidote to the flabby sentimentality of Kildare.

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In order to learn more about the realities of medicine, he began to bone up on medical terminology and techniques. He visited medical libraries. He hung around hospitals. He talked to every doctor he could meet.

Then, early in 1953, the young Dragnet and Kildare alumnus took his new idea (and a sample script) to the Los Angeles County Medical Association. He offered the medical society both script and sponsor approval; and he promised to interpret faithfully the doctors' side of all doctor-patient relationships.

#### The Doctors Approve

The medical men pondered the invitation for seven months before finally agreeing to provide the show with technical assistance and official sanction. Soon afterward, N.B.C. and Dow Chemical also got into the act.

Now, more than a year later, Medic has established itself as the first consistently good TV drama to reflect medicine's views. As far as authenticity is concerned, it ranks with the Smith, Kline & French discussion-type series, "March of Medicine"—another N.B.C. program.

In a way, its authenticity results

from its efforts to let the public know about good medical technique—not necessarily about optimum technique. It's concerned simply with showing how a given doctor handles a given patient's care with the facilities at hand. And this avoidance of the sensational, the over-slick, and the over-imaginative helps to keep it lifelike.

Medic's modesty is actually a convenient thing for the producers, too, since it gives them an "out" in case a doctor-hero happens to overlook one of the very latest procedures. And physicians in general certainly approve of this reluctance to play up optimum techniques.

#### 'Miracles' Are Out

As a matter of fact, the Los Angeles doctors tend to discourage suggested episodes featuring "miracle" cures. A given technique, they point out, may be commonplace in a metropolitan area like Los Angeles; yet it may still be out of the question for the small-town practitioner. And the program would defeat its purpose if it left the ordinary family doctor open to embarrassment.

Even so, some doctors complain that the series puts too much stress on unusual cases: leukemia, heart stoppages, and the like. And a number of physicians are wondering, too, whether the public will continue to lap up the diet of ungarnished realism that Medic offers.

Dr. E. Vincent Askey, Los An-

geles surgeon and vice speaker of the A.M.A. House of Delegates, raises the question in these words:

"I thought the show about leukemia was marvelous, technically and theatrically speaking. But my patients and nurse don't agree with me. For them, an unrectified tragedy at the end of a play is more than any television audience should be expected to endure."

#### Can Laymen Take It?

A Pasadena internist, Edward C. Rosenow Jr., comments in a similar vein:

"I can bear to see stark realism on my living room screen because I live with it day after day. It's another matter for my wife and kids, who can't bear to sit and watch a woman cringe under the news that she has an incurable ailment. On any other show, the physician-hero would find that the villain had switched X-rays and that the patient was going to live, after all. But on Medic, once the prognosis is negative, you know it's going to stay that way."

A few TV critics agree that Medic is a strong mixture for the average layman to take. Faye Emerson, for one, admits that she and her husband, pianist Skitch Henderson, were "dissolved in tears" after the first episode. And Harriet Van Horne, of the New York World Telegram and Sun, finds Medic's approach "a shade too terrible, too agonizing."

John Crosby, of the New York

Herald Tribune, says he got a "borrified fascination" out of watching
the first show. "I'm not at all sure!
was enjoying myself," he concedes,
"but I couldn't tear myself away.
This, I suspect, will be the lure of
the show. Hospitals, like police
stations, have strong audience appeal, as witness all the soap operas
. . . The idea is to tear their hearts
out; and, believe me, this is a show
that can do it."

Crosby may be right. Still, if "tearing their hearts out" is the key to Medic's success to date, it's odd that the show has gone over so well with the nation's doctors. That it has gone over well is proved by testimonials galore.

#### **Endorsed by Doctors**

"This is the greatest public relations work a county medical society has ever done for organized medicine," says the vice president of one large society. "I think the creator of this series should have a plaque and a bust of himself in our Hall of Fame."

A small-town G.P. states his reaction more conservatively, but with no less enthusiasm: "This program is a wonderful rarity among medical features, because it shows the profession as we are—or, at least, as we should be."

It would seem that, with few exceptions, America's doctors like Medic about as well as anything that has yet come over the air waves.

EN

# How Receipts Can Boost Cash Collections

One form features a summary of the patient's account; another form includes an itemized charge slip. Here's how they can help you

#### By Lois Hoffman

 More and more doctors are discovering what many businessmen learned long ago: Giving receipts is good business practice.

Properly handled, the receipt may well stimulate cash collections, for it helps create the impression that on-the-spot payment is accepted as a matter of course. Then, too, the receipt serves as a tangible "thank you" to the patient; and it assures him that his payment has been recorded in a businesslike manner. (Incidentally, he may find the receipt useful for his income tax records, too.) And, finally, the stub or carbon retained by the doctor's aide provides a double check on her financial records.

When receipts are given for every payment—whether received from the patient in person or by mail—the duplicates may be used to verify all entries in the daybook. But many physicians find them valuable mainly as a record of cash payments made during the rush of office hours, when slip-ups in bookkeeping are most likely to occur.

There are various kinds of receipt forms, of course. But we think you'll be especially interested in the two illustrated on the following pages, since they're well adapted for use in doctors' offices. 

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#### RECEIPTS CAN BOOST CASH COLLECTIONS

GEORGE J. LUTTRELL, M.D. 88 NORTH VINE STREET EVANSTON, ILLINOIS

DATE Dec. 10, 1950

RECEIVED OF albert appleton \$500

DOLLAR

ACCOUNT TOTAL \$ 33.00

AMOUNT PAID 5.00

BALANCE DUE \$ 28.00



#### THIS RECEIPT SUMMARIZES THE PATIENT'S ACCOUNT

Reminder of balance due is a feature of this standard form, resembling those sold by most stationers. (For a few dollars more, your printer will make up pads of similar forms, with individual variations to suit your practice.)

The receipt book, so labeled, is generally kept on the aide's desk in plain view. As the patient prepares to leave, the secretary asks whether he requires another appointment. "The fee for this visit is \$5," she says pleasantly, one hand on the receipt book. Sometimes she may want to add: "You can pay now, if you wish." If the patient does pay, the aide makes out his receipt, keeping a carbon copy for her files. Note that the "Thank you!" is handwritten, rather than imprinted, for a more personal touch.

#### THIS RECEIPT IS ATTACHED TO A CHARGE SLIP

When introduced in one medical office, this form soon boosted monthly on-the-spot payments from less than \$200 to about \$1,600. Here's how it's used: At the close of each visit, the doctor notes on the slip the services he has given, then asks the patient to leave the slip with his receptionist. The patient is sure to note that prominent word, "Received."

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PLEASE LEAVE THIS SLIP WITH THE CALL 1.00 DISECTION TOTAL GEORGE J. LUTTRELL, M. D. 88 NORTH VINE STREET EVANSTON, ILLINOIS

If he pays cash, the aide gives him the filled-in receipt, keeping the upper portion of the form for her files. If no payment is made, she keeps the entire form. Each day, cash receipts (not including payments by mail) should add up to the sum of the totals on the charge slips from which the receipt forms have been torn off.

MEDICAL ECONOMICS DECEMBER 1954

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# These M.D.s Have Own 'Major Medical' Plan

They wanted a chance to buy 'catastrophic' illness insurance on a group basis. And they got it

#### By Emerson F. Long

• Dr. Smith lives in Arizona, Dr. Jones in Connecticut. Both men are general practitioners. Both have families. Not long ago, they both bought major medical expense insurance policies.

The two policies have the same face value (\$5,000 maximum benefit for each illness) and the same deductible amount (\$500). But Smith's contract in Arizona contains a 25 per cent co-insurance clause, while Jones' is only 20 per cent. Also, Smith's annual premium is \$163, while Jones in Connecticut pays only \$75.

Smith deliberately chose a plan with a high premium. He tock it for granted that in paying more for major medical insurance, you're bound to get more. He was not entirely right.

Let's assume that illness strikes the families of both men and that, by coincidence, the total medical bill of each comes to \$6,750. Of this sum, the Arizonan has to pay \$2,062.50 out of his own pocket. His Connecticut colleague has to pay only \$1,750.

Thus, though both men get their money's worth from their policies, Dr. Jones in Connecticut certainly has the better deal. This is especially true since the insurance company, after paying its share of his bill, cannot then cancel his policy, as might the Arizona doctor's carrier.

About a dozen insurance companies now sell major medical expense coverage to individuals; and few of them would cancel a policy peremptorily. Yet, with rare exceptions, their contracts give them the right to do so.°

Jones has had an advantage over Smith from the beginning. Since he lives in Connecticut, he was able to buy comparatively inexpensive, noncancelable insurance under a group plan arranged by his state medical society.

The Connecticut doctors' plan has been in effect for nearly three years—since April 15, 1952. Before that date, physicians who wanted so-called catastrophic coverage had to buy it on an individual basis. But a number of them felt that it ought to be possible to arrange for a group plan; so the state society set out, in pioneer fashion, to see what could be done.

The medical men took their problem to the Commercial Insurance Company of Newark, N.J. There was born the Professional Men's Group Catastrophic Medical Expense Plan, sponsored by the Connecticut State Medical Society and underwritten by the Newark company.

The program has proved an "unqualified success," says Dr. Creighton Barker, the society's executive secretary. "Many hundreds of our total membership of 2,900 are now covered by it. In fact, better than 50 per cent of all cligible members have subscribed."

Obviously such a plan must offer something pretty special, to appeal so strongly to so many doctors. Here, briefly, are its distinctive features:

¶ Policies are noncancelable, except for nonpayment of premium or on withdrawal from the Connecticut State Medical Society.

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<sup>\*</sup>For a full discussion of this subject, see "How They're Insuring Those Major Medical Expenses," MEDICAL ECONOMICS, November, 1954.

up to the age of 70 (most major medical policies have an age limit of 60 or 65).

¶ The premium is comparatively low (\$75 covers all eligible dependents; premium range of twelve other companies: \$55-\$180).

The insured need pay only 20 per cent of his expenses above the deductible amount (for most policies sold on an individual basis, this co-insurance requirement is 25 per cent).

Are Connecticut's physicians satisfied with what they're getting for their money? Listen once more to Dr. Barker:

"Claims actually paid give ample testimony to the need for this kind of insurance and to what it is accomplishing for our members. Several claims have already been settled in the amount of \$5,000. The average payment on claims has been \$853, proving clearly that the plan is of financial importance to the individuals affected."

The major medical expense group plan is working so well, in fact, that some Connecticut physicians have wondered why their colleagues in other states haven't followed their lead. One good reason is that most doctors haven't yet heard of the Connecticut program.

The idea is so new, in fact, that the Commercial Insurance Company of Newark, N.J., says it still considers the Connecticut plan "experimental." But it seems very likely that when the experimental phase finally ends, doctors elsewhere will be eager to take advantage of similar insurance plans.



#### Fine Points of the Law on

#### ABORTIONS

The courts interpret the law so strictly that even the doctor who feels himself justified in recommending a therapeutic abortion can have made a grave error, says this lawyer

#### By Harold Raveson, I.L.B.

 The average woman who's healthy and who wants to be rid of a pregnancy knows that her family medical adviser won't do an abortion.

But what good is an adviser if he won't give advice? So she presses the point; and, as a result of her urging, the physician *may* be tempted to mention that he's heard of a certain Dr. Blank, with an office on Park Street, who might help her out.

Is the well-meaning family doctor who gives way before such pressure committing a crime? The answer, in many states: Yes. For it has been held that "mere advice and information are considered as completing the offense, even without an overt act."

Indeed, in one case where the woman died, a court ruled: "If [the doctor] merely urged or counselled, he would be an accessory before the fact and would still be guilty of murder."

Usually the physician knows perfectly well whether he's advising a criminal abortion or a therapeutic one. The essence of the crime is *intent*; and to every doctor his own intent is clear-cut.

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He may, of course, rationalize his advice in various ways: The patient is a tired, exhausted woman and the strain of labor might wreck her health; she has threatened suicide unless aborted; if her family doctor won't send her to a competent practitioner, she may be permanently harmed by some quack. Yet, no matter how he rationalizes, the physician knows what he's doing when he does it.

The woman may promise to keep the source of her information forever secret. But let the slightest trouble arise—an infection, a change of mind by the husband, an accidental disclosure—and the victim or her family will promptly point the finger at the doctor who started things.

While an occasional statute uses the words "pregnant woman" in defining the crime, a doctor can generally be convicted even if the woman wasn't pregnant. The crime has only two chief components: the intent and the act.

Take a case in point: The doctor isn't sure whether the woman is pregnant. He prescribes an ecbolic drug, hoping that it "will bring her around." As it turns out, she is not pregnant and the drug makes her a little sick. In retaliation, she sues the doctor for civil malpractice.

Whereupon it becomes known that the drug was prescribed for the purpose of inducing abortion. Next day the doctor is visited by a man from the district attorney's office.

Medicine may distinguish be-

tween abortion and miscarriage, but the law draws no such line. An attempt to interrupt a pregnancy is considered an abortion. And if the motive is anything short of the necessity for saving the mother's life, it's considered criminal abortion.

In some states, an abortion rates as "therapeutic" if needed to preserve the health of the mother. But in many jurisdictions, an abortion is lawful only if necessary to save her life. The physician must be ready to show that if the pregnancy had continued, death would probably (not just possibly) have resulted; and that emptying the uterus was the only reasonable method of saving the patient's life.

Chances are that the doctor may safely recommend an abortion if the woman has a disease of the heart (or any other organ) that would tend to cause her death under the strain of labor. Or he may do so if she has a toxemia or other complication that would ordinarily be regarded as a serious, life-threatening disorder and that would properly be treated by halting the pregnancy.

But that's as far as the legal limit of safety extends. Beyond it, the physician may well find himself out of bounds. For example:

A woman threatens suicide unless aborted. The doctor believes she means it and advises an abortion. He reasons that the alternative would be the patient's self-inflicted death. Is the physician in the clear?

He is not. What the law means by

"probable death" is a fatality resulting from the pregnancy or delivery. Take another example:

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Suppose a family doctor knows that the shame of pregnancy in a certain sensitive, unmarried girl would plunge her into a depression—perhaps into a severe psychotic breakdown. Is an abortion legally instified?

The answer is still no. A doctor who advises an abortion under these circumstances may find himself serving a long prison term.

#### Must Be Life-Saving

What if the woman has a chronic, intermittent disease—for instance, asthma, multiple sclerosis, or migraine? Pregnancy and labor are strains that might aggravate the illness; but can it be proved that an abortion would save life? Probably not, So there's no legal justification here either.

One authority puts it this way: "Induction of abortion is legally justifiable whenever there is such mechanical obstruction that the birth of a viable child is impossible or whenever the mother is suffering from such serious disease that her life is in peril and can be saved only by interruption of the pregnancy."

The secrecy or overtness of an abortion is a matter of considerable evidential importance. That's why a physician who knows what he's up to avoids doing an abortion in his own office.

Instead, he takes the patient to a

reputable hospital, has a consultant write his conclusions on the clinical chart, conforms to the hospital's rules, and does the abortion in the operating room with a full staff of assistants and nurses present. Since he has followed this procedure openly, it will be hard to prove that he had any intent to violate the law.

There are sometimes hard decisions to make, of course. For instance, an ethical practitioner may find himself in a bad spot if a woman is brought to his office bleeding after an incomplete abortion done elsewhere. He may find it necessary to finish emptying the uterus himself; yet he knows this is the kind of situation that can easily arouse suspicion.

So what does he do? He notifies the police, and he sends for an obstetrical or gynecologic consultant.

It may seem cruel to report this sort of thing to the police. It may lead to legal and social difficulties for the woman. It may be construed in some quarters as a breach of the doctor-patient relationship. But for the physician, it could be a lot more cruel if he failed to call the police and if the woman later died.

Remember this: No malpractice insurance policy gives any legal or financial protection if the doctor is indicted for criminal abortion. The best assurance against liability is a fully documented hospital clinical record—or a firm lateral shaking of the head when asked to recommend an abortionist.

# What's Happening to Malpractice Rates

Though coverage costs more than ever in some states, it's leveling off—thanks mainly to the National Bureau of Casualty Underwriters

#### By W. Clifford Klenk

Malpractice rates are still on the rise. Across the country, they're roughly 10 per cent higher than they were two years ago. And in certain areas—notably the Far West—the rate of climb seems jet-propelled.

Even so, there are—at long last—a few bright spots in the gloomy picture. In more than a third of the nation, for instance, major-company rates have apparently stopped spiraling. And in some respects they've actually dropped.

None of this could have happened, of course, without the average doctor's acute awareness of the malpractice problem and his individual efforts to solve it. But much of the credit for the partial stabilization of rates belongs also to the National Bureau of Casualty Underwriters.

It was about two years ago that some thirty stock insurance companies got together, under bureau auspices, to work out a standard malpractice policy form and to set uniform rate schedules. Naturally, since the malpractice problem differs from state to state, it was impossible to fix a single national rate. But at least the bureau was able to set a standard rate within every state.

This was no mean accomplishment. By standardizing

the policy form, the stock companies did away with much of the confusion that policy-shopping medical men used to face. By pooling their risk experience, the companies were able to give doctors the most realistic rates yet devised. And by setting an example, they naturally influenced rate-making policies of non-bureau companies.

Now, with two years of working experience behind them, the casualty underwriters have published brand new malpractice rates. The full set of up-to-the-minute figures appears on the accompanying map.

How do these new rates compare with the old ones? Generally, they're higher: The average national base rate for non-surgeons is about \$44 for \$5,000/\$15,000 limits—some 10 per cent more than in 1952. There's nothing spectacular about this change; but a state-by-state comparison of new and old rates uncovers some surprising facts. For example:

¶ In three states, rates since 1952 have doubled. The Oregon base rate, which was \$45 in 1952, is now \$90. In Illinois and Georgia, the jump has been from \$25 to \$50.

¶ In five states, base rates have climbed 60 to 75 per cent. In metropolitan Northern New Jersey, they're up from \$35 to \$60 (71 per cent); in the rest of New Jersey, up from \$20 to \$35 (75 per cent). Virginia rates went from \$30 to \$50 (67 per cent); Maryland's rise was from \$25 to \$40 (60 per cent); and Montana and Nevada rates rose from \$50 in 1952 to \$80 today (60 per cent).

¶In California, a well-known sore spot, the rise wasn't quite so notable (state-wide, the average increase was about 40 per cent); but base rates have reached a record-breaking \$130 in the San Francisco-Alameda and Los Angeles areas, compared with \$110 in the rest of the state.

[ New York State, by contrast, [MORE TEXT ON 155]

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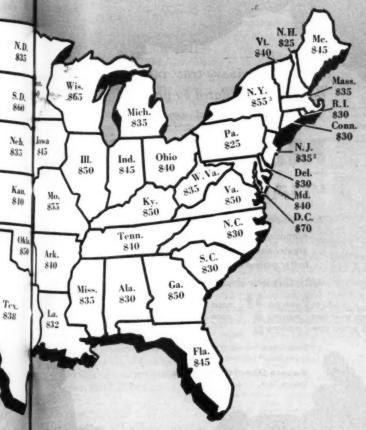
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#### New Malpractice Rate Fr



FOR NON-SURGEONS, with policy limits of \$5,000/\$15,000, insurance companies that are members of the National Bureau of Casualty Underwriters now quote these annual rates, by state. To determine the cost of higher-limit policies, multiply the base rate shown on the map by 1.55 (for \$15,000/\$45,000 coverage) or 1.71 (\$25,000/\$75,000) or 1.89 (\$50,000/\$150,000) or 2.06 (\$100,000/\$300,000).

#### ce Rate From Coast to Coast



San Francisco, Alameda, and Los Angeles counties, \$130; rest of California, \$110. \*Bergen, Essex, Hudson, Passaic, and Union counties, \$60; rest of New Jersey, \$35. \*New York City, and Massau and Westchester counties, \$75; rest of New York, \$55. Source: National Bureau of Canualty Underwriters. Map copyrighted, 1954, by Medical Economics, Inc., Rutherford, N. J.

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adults	morning	noon	evening	0.5 Gm.
children over five	morning	noon	evening	0.25 Gm.
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has held its own. It's one of seventen states where rates haven't budged since the bureau came into the picture. New York City metropolitan rates remain \$75, while the upstate base cost of malpractice insurance stays at \$55.

¶In one state—Indiana—bureau rates have actually declined. The base rate was \$60 in 1952; now it's

\$45-a dip of 25 per cent.

One final country-wide development: The bureau-company surcharge rate has been lowered. In 1952, for example, the added charge for partnership liability or for physician-employe coverage was half the base rate. It has now been reduced to one-third the base rate.

#### The Other Carriers

Of course, not all the companies that write malpractice insurance belong to the National Bureau of Casualty Underwriters. One or two stock companies remain outside the fold; and so do the mutual companies—some of which handle large group malpractice policies.

Two organizations that fill special niches in U.S. malpractice insurance also have no affiliation with the bureau. One, Lloyd's of London, is the only foreign concern in the field. The other, Medical Protective, is the one domestic company that deals only in malpractice insurance.

But bureau rates have affected the rates of many of these non-bureau companies. For instance, take

a look at the mutuals.

In Montana, to mention one area, almost all the mutual companies have stopped writing malpractice insurance rather than compete on bureau terms. Apparently, the mutual companies feel that Montana's bureau-fixed rate, while comparatively high, still isn't high enough.

#### Lower Rates

In certain other areas, the mutual companies are undercutting bureau rates. The San Francisco doctor who must pay \$130 for bureau-company coverage, for example, can buy a policy from American Mutual Liability for \$85. Similarly, St. Paul-Mercury Indemnity currently writes malpactice policies in Indiana for about 15 per cent less than the bureau companies charge.

It's yet another story in New York State, where Employers Mutual handles the state society's group plan. Until recently, this carrier, along with most others, had one rate for physicians, another for surgeons. Now, it has adopted three sets of rates: one for men who do no surgery, a second for those who do minor surgery, and a third for those who do major surgery.

Why the three sets of rates? Evi-

Ounder the heading of major surgery, Employers Mutual includes anesthesiology; operative obstetrics; cutting or probing into any cavity or sinus of the head, neck, throat, abdomen, spine, anus, or genital organs; incision or excision of breast, thyroid, or other gland; open orthopedic procedures; nerve and vascular surgery; removal of excess adipose tissue; skin grafts; surgical biopsies; and cystoscopy. Minor surgery includes uncomplicated obstetrics, transfusions, and any surgical procedure not classified as major.

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Elevate the mood, making the patient more willing to follow a reducing diet.

Prevent dietary deficiencies by supplementing the diet with the vitamins and minerals so often lacking in an unsupervised reducing regimen.

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#### MALPRACTICE RATES

dently, Employers Mutual is interested only in certain types of business. It offers rates almost as good as the national bureau's to metropolitan doctors who do no surgery; and it offers rates lower than the bureau's to upstate men who do no surgery. But, as the following figures show, it makes no effort to offer low rates to doctors who do major surgery:

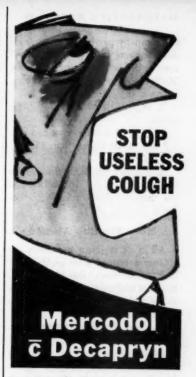
	Metro- politan	Upstate
Major surgery	\$226	\$119
Minor surgery	126	65
No surgery	76	40

Something of a newcomer to the U.S. malpractice field, Lloyd's of London has been doing malpractice business here for only a few years. It now writes several group policies, including one for the American College of Physicians (bought by 1,200 of A.C.P.'s 8,000 members).

#### **Low-Rate Companies**

Generally speaking, low rates are its chief lure. In New York State, for instance, Lloyd's rates are far below those of Employers Mutual and of the bureau companies. (In California, though, its rates are the highest of any now offered.)

Low-cost coverage is also the chief attraction of Medical Protective. This company is the veteran among malpractice insurers; it has been in the liability business for afty-five years. Average base rate for Medical Protective coverage is about \$26. This helps explain why



- Antitussive action does not obstruct productive cough (Mercodinone)
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the company probably has more doctor-clients than any other concern in the field. Three facts about Medical Protective should be noted, however:

- It operates in just eighteen states;
- It won't ordinarily write a policy with limits higher than \$5,000/ \$15,000; and
- 3. It won't ordinarily insure men in certain high-risk specialties (Xray therapy, plastic surgery, orthopedic surgery, etc.).

#### More Stability Ahead?

All in all, it's clear that there are still some critical areas on the U.S. malpractice map. But it's evident, too, that malpractice insurance rates in *most* places don't pose too pressing a problem.

In New England, where basic coverage by a bureau company costs, on the average, less than \$35, few doctors find cause for alarm. Nor do costs seem inordinately high in twenty-four other states where

\$5,000/\$15,000 coverage is at available for no more than \$50. Even in the high-rate areas, the National Bureau of Casualty Underwriters seems to be playing the long unfilled role of stabilizer.

Just the same, few medical men expect that the bureau, Lloyd's, or any other agency will be able to perform a miracle and send mal practice rates plummeting. "If anything," says one medicolegal authority, "we can expect them to stay high and perhaps go higher." Among his reasons for this conclusion:

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"The number of suits keeps growing, so there are more settlement, too. The low value of the dollar has increased the size of the average settlement. Lawyers are more ready than ever to go to court against doctors. And at the bottom, there are the many, many patients who are disenchanted with the modern physician. Until we solve that problem, we can't expect to reverse the direction of malpractice rates."

#### Hot Shot

- I'd been asked to see an elderly gentlemen, suffering supposedly from a urinary tract infection.
- In the course of the consultation, I asked him if his urine burned.
- "Well, to tell the truth, Doctor," he replied earnestly, "I haven't tried to light it."—ARMAND L. RUDERMAN, M.D.

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Remanden gives better plasma penicillin levels—both peak-wise and duration-wise. Levels are comparable to those obtained with intramuscular penicillin, superior to those of other oral penicillin preparations.

Remanden enhances and prolongs the action of penicillin. "Increases penicillemia by 2 to 10 times... infections ordinarily regarded as untreatable with penicillin have been successfully managed." 

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Remanden is the oral penidilin of choice. May be used alone in many common infections, or in fulminating infections as an adjunct to parenteral penicillin. Remanden reduces penicillin wastage-causes no renal impairment. With REMANDEN, most of the penicillin is reabsorbed and recirculated—there is no inhibition of other tubular secretory systems.<sup>4</sup>

Remanden is simple to administer—pleasant to take, In Tablets or pleasant-tasting Suspension. Assures flexibility of dosage.

Remanden supplements and augments initial intramuscular penicillin. An initial "loading" dose of injected penicillin is followed by 2 Tablets of REMANDEN or 2 tsp. of Suspension of REMANDEN every 6-8 hours.

Supplied: Tablets, REMANDEN-100 and REMANDEN-250, providing 100,000 or 250,000 units of potassium penicillin G with 25 mg. of 'Benemid'.

New Suspension Remanden-100. (In 60 cc. bottles.) One tsp. equals one Remanden-100 tablet. In 60 cc. bottles.



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On the sunny side of the cold season is the healthful nutrition of this wholesome giant of the citrus family. Aiding those who are deficient in vitamin C is a nutritional task for which grapefruit is well equipped by nature.

Its luscious flavor tempts patients to eat and drink large quantities as an aid in the dietary management of many febrile diseases.

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Calcium Gm.	.021	.021
Iron mg.	.3	3.
VITAMINS		
A i.u.	20	10;==
B <sub>1</sub> mg.	.075	.05
B <sub>1</sub> mg.	.62	.04
Niacin mg.	.92	.22
C mg.	35	41

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F L O R I F A TITUES

# If Your Patient's Afraid To See a Psychiatrist

The main reasons why people balk at psychiatric care, plus some counterarguments you can use

By Carl L. Kline, M.D.

 They tell of the family physician who was threatened with a lawsuit and almost talked out of town.

What had he done—set a fracture improperly? Or written the wrong dosage on an Rx blank?

No, indeed. He had merely tried to refer a neurotic woman to a psychiatrist; whereupon she had cried out in anguish to all who'd listen that her nasty, mean doctor had said she was crazy.

This pinpoints a mounting problem for many a G.P. today: how to suggest a psychiatric referral without alienating the patient.

Sophisticates among your clientele are likely to take it with good grace when you broach the matter like this: "Since you're in sound condition physically and since your trouble seems to be a basic emotional difficulty, I think a psychiatrist could do more for you at this point than I can."

But in the mind of a less knowing and intelligent patient, even a remark worded as mildly as this may conjure up a menacing specter. So such a patient is quite apt to hit the roof: "Why should I go to that kind of doctor? I'm not crazy!"

Because such reactions are common, you must quickly

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#### PSYCHIATRY

make it clear that psychiatrists offices are not used for treating "crazy" people. You can point out that most people who visit a psychiatrist these days do so to get help on common, everyday emotional problems.

Sometimes the stumbling block is not prejudice against the specialist but fear of high fees. This is your cue to point out that the patient would doubtless expect to pay several hundred dollars for a surgical operation to improve his condition physically. A course of psychiatric treatment, you can add, should be worth a comparable amount, since it will make him feel better mentally (and since, incidentally, it will probably be less painful and dangerous and will demand a lot more of the doctor's time). The psychiatrist, before starting work, should, of course, give the patient the best estimate he can of what the actual fee will amount to.

#### It Isn't Analysis

To rationalize the postponing of psychiatric care, some patients say they've heard that successful psychotherapy requires extended daily interviews. They complain that they can't possibly afford all that time. To which the practitioner who knows the score replies that it's highly unlikely that the patient will need that much treatment.

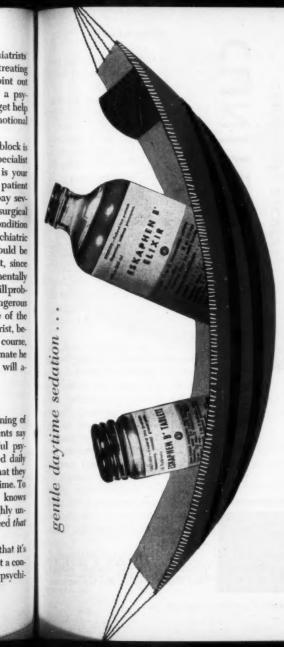
The doctor can point out that it's generally possible to work out a convenient schedule with the psychi-



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and I.V. ampoules.

pediatric suspension.



For the tense and nervous patient, 'Eskaphen B' provides phenobarbital-for gentle, effective daytime sedation—and thiamine—to improve appetite and general nervous tone.

# ESKAPHEN B\* tablets & elixir (phenobarbital plus B1)

Each Tablet and each teaspoonful (5 cc.) of the Elixir contains: phenobarbital, 1/4 gr.; thiamine hydrochloride, 5 mg.

\*T.M. Reg. U.S. Pat. Off. Smith, Kline & French Laboratories, Philadelphia 1

XIIM

"Mistakes...less likely with Clinitest."

good correlation with the amount of sugar mpletely accurate

determined with Benedict's quantitative method."\* when properly performed."\* atrist. And he can make it clear that psychiatric treatment needn't entail extended psychoanalysis.

He may well add that psychiatrists find they can often help natients by seeing them only once a week. In addition, the psychiatrist can usually fit his appointments to patients' time-tables better than the surgeon, since he doesn't have to anticipate emergency calls or reserve time for hospital visits.

#### Explaining Why

You'll often hear patients say: "I'm not neurotic. I don't just imagine these pains. I really have them," Nothing arouses more resentment than a doctor's implication that the patient's symptoms are imaginary. So a safe answer may well be something like this:

"I know your pains are real. But examination shows nothing wrong physically in the area affected. The fact is, your pains are caused by nervous tension. It's precisely because there is no physical disease present that I expect you to get well." And you can further reassure the patient by giving him a few examples of how emotional tensions can produce physical symptoms.

This sort of reassurance serves two purposes: It relates the need for psychiatric care to the physical symptoms. And it implies a favorable prognosis.

When you bring up the subject of psychiatry, a self-assured patient may object: "Why, I'm not nervous;

**Ames Diagnostics** Adjuncts in clinical management



\*Cook, M. H.; Free, A. H., and Giordano, A. S.: Am. J. M. Technol. 19:283, 1953

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patient nervous;



"... and be sure to take your VITAMINS!"

Hepatic disease strikes at the patient's nutritional well-being by interfering with vitamin intake, absorption, and utilization. Adequate vitamin supplementation goes a long way to maintain and improve the patient's nutritional reserves.

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# "PRESTONE"

ANTI-FREEZE
ASK FOR IT BY NAME-

MAKE SURE YOU GET IT

You're 6 ways safer with "Prestone" brand anti-freeze

- 1. Contains no alcohol. Vapor from "PRESTONE" antifreeze solution cannot be ignited by a spark or cigarette.
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I don't have a nerve in my body."

An adroit way to meet this objection is to say:

"Yes, I know that may be your impression. But, actually, without realizing it, you are nervous. If you showed it—if you gave vent to your nervousness—it would release the pent-up pressure. Instead, you have a tendency to hold back and keep your feelings bottled up. That's what makes your heart pound [or causes muscle cramps, or pours acid into your stomach, or whatever the psychosomatic explanation]. A psychiatrist can sit down with you and help you to work out all these emotional factors."

Another common line of resistance is based on a sense of shame: "If I'm seen walking into a psychiatrist's office, my family and friends will think I'm wacky."

#### 'It's Not Shameful'

That's the family doctor's opening to explain that "Most intelligent people today accept the role of psychiatry. Besides, the specialist doesn't have any distinguishing mark on his sign—just a plain M.D. Generally, the only people who know he's a specialist in nervous disorders are his other patients."

In spite of all your reasoning, some patients will still plead for medicine to make their symptoms disappear. One way of meeting this is to say: "I can do that easily enough. But you're too intelligent to be satisfied merely with some pain-

killing drug. Nothing to date has helped you. Why not get to the bottom of the trouble once and for all?"

It's well to remember that psychiatrists are available for consultation just as other specialists are. They know that in some cases the family doctor can get further with the patient than they can. Often the psychiatrist's main function is to give practical suggestions on handling the various kinds of emotionally troubled patients.

The referring physician should expect the psychiatrist to supply regular reports on each such patient referred. These reports will throw a lot of light on what makes people act the way they do.

END

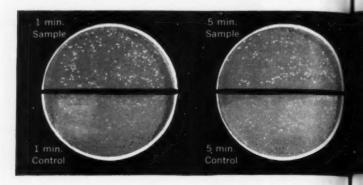


"I ask her if it's chronic or acute and she asks which is worse and I say acute so she says, well, that's what I've got."

I-FREEZE

7, N.Y.

#### Photographic evidence of Drilitol's antibacterial action against a combined culture of



were dissolved in 10 cc. diluting fluid. 2 cc. of this solution, which was a much lower concentration of the antibiotics than is provided by 'Drilitol', were combined with 8 cc. of a combined Hemophilus influenzae-Staphylococcus aureus broth culture.

control 2 cc. of the diluting fluid alone were combined with 8 cc. of the Hemophilus influenzae-Staphylococcus broth culture.

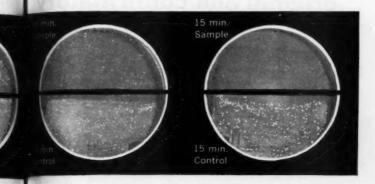
method Samples were taken from each after 1, 5, 10 and 15 minutes respectively, and streaked on chocolate agar. Photographs were taken after the plates were incubated overnight at 37° C.

RESULTS Hemophilus influenzae—total bacteriostasis in less than 1 minute.

Staphylococcus aureus—marked bacteriostasis within 15 Sm. minutes.

4. N

#### RAM-POSITIVE STAPHYLOCOCCI AND Iture GRAM-NEGATIVE HEMOPHILUS INFLUENZAE



'Drilitol'—the most widely prescribed antibacterial intranasal preparation-offers the following advantages:

- l. Two antibiotics-anti-grampositive gramicidin and anti-gramnegative polymyxin.
- 2. An efficient decongestant—Paredrine\* Hydrobromide.
- 3. An effective antihistaminic to counteract allergic manifestations thenylpyramine hydrochloride.
- 4 No risk of sensitization to-nor of engendering organisms resistant to -such widely used antibiotics as penicillin and the "mycins".

Available in two forms:

- 'Drilitol† Spraypak' and
- 'Drilitol' Solution

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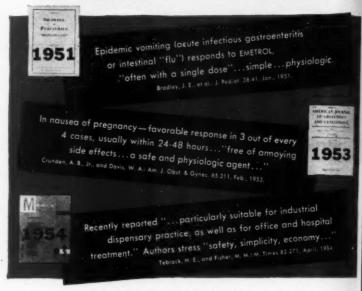
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# THE EVIDENCE... original and confirmatory



WHY EMETROL WORKS EMETROL quickly relaxes smooth muscle, reduces rate and amplitude of contractions, and is effective in direct ratio to the amount used.

Levenstein, J.: Report of Leberco Laboratories, Roselle Park, N. J.

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for rapid physiologic control of nonorganic nausea and vomiting

CAUTION: EMETROL must be taken undiluted. Forbid oral fluids of any kind for at least 15 minutes after each dose.

Available through all pharmacies in bottles of 3 fl.oz. and 16 fl.oz.

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## I Index My Medical Reading

Have you ever searched in vain for an article you remember having read 'somewhere'? If so, you may want to try this physician's simple system for keeping facts at his finger tips

By Charles Harvey, M.D.

One day, about four years ago, I was asked to lecture on heart disease in pregnancy before the internes and obstetrical staff of my local hospital. I remembered an article that had some good sidelights on the subject, so I started wading through the journals in my office.

Unable to find what I wanted there, I went into the basement where older issues were kept. But one look at the stacks of dust-covered copies was enough. I gave up.

This experience taught me a lesson: I resolved never again to waste valuable time scrabbling in dust heaps for half-remembered data. Next day I worked out a method of filing my medical reading systematically. It's really pretty simple:

When I want to save an article, I write the proper subject heading for it in the top right margin of its opening page. I also put a check mark after the title of the article in the table of contents. Then, when I've finished reading the journal, I leave it in my outgoing correspondence box.

My assistant takes over from there. She clips out each article I've checked, noting the name of the publication and date of issue in the top left margin of the first page. If the name and date are already printed on the page, she

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# SH!

We've forgotten about barbiturates since we discovered CLORTRAN

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In new CLORTRAN capsules you now can prescribe chlorobutanol, one of the safest and most reliable sedative-hypnotics, in a *stable* form heretofore unavailable.

Advantages: CLORTRAN is preferable to barbiturates because it is not habit-forming and produces "normal" sleep from which the patient can be easily and completely aroused, without hangover. Moreover, CLORTRAN is superior to chloral hydrate because chlorobutanol affords "chloral hypnosis without gastric irritation." As Beckman remarks, "the profession would do well to use this drug more often in insomnia."

In addition, CLORTRAN actually exerts a soothing, spasmolytic influ-

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ence on the gastric mucosa and muscularis.<sup>2</sup> It is specifically and directly beneficial in control of motion sickness.

Desage: Sedative-antispasmodic, 0.25 Gm. 2 to 4 times daily. Nausea or Motion Sickness: 0.25 Gm., repeated in 30 minutes if necessary. Hypnosis: 0.5-1.0 Gm., ½ to 1 hour before retiring.

Contraindicated only in severe cardiac, hepatic or renal disease.

CLORTRAN is supplied in goldenorange, soft gelatin capsules, 0.25 Gm. (3¼ Gr.) and 0.5 Gm. (7½ Gr.); bottles of 100.

1. Beckman, H. Treatment in General Practice (Saunders) 1948. 2. Krantz, J. C. & Carr, C.J.: The Pharmacologic Principles of Medical Practice (Williams & Wilkins) 1951.



TRAN

Sedative-Hypnotic-Antinauseant: Capsules Stable Chlorobutanol (Wampole)
Henry K. Wampole & Company, Inc., 440 Fairmount Ave., Phila. 23, Pa.

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RIES

circles them (merely to keep her from forgetting this step).

She then staples the pages together and puts them in a large folder that bears the same subject heading. All these folders are filed alphabetically.

### Asks for Reprints

Before she clips any item, she checks the back of the page. If, as sometimes happens, it's part of another item marked for filing, she may try to get a second copy of the periodical. Or, if it's not too big a job, she simply makes a typewritten copy of one of the pages.

Often, when two articles are back-to-back on a single page, I ask the author of one of them for a reprint. (Incidentally, I've found that he's more likely to comply with the request if I write a letter-rather than a postcard-telling him why I want the article.)

What if information worth remembering turns up in my library reading? I make a notation like this: FRACTURES, aftercare: A. Zinovieff:

"The Aftercare of Fractures"; Arch. Phys. Med. 35: 303-306, 1954.

### All Are Indexed

If possible, I get a reprint of the item. If not, my secretary types the reference on a sheet of paper (letter-size, so it'll be easy to spot) and files it in the folder marked "Fractures, aftercare." We handle refer-

# AND SOL hemorrhoidal suppositories Fast and prolonged relief from Irching and pain

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MEDICAL ECONOMICS DECEMBER 195

OUT AMESTMETIC OF AMA

AGING CHANGES THE BONE PICTURE

TIBIA,

magnified sagittal section

Estrogen and androgen are vitally concerned with the preparation and recalcification of bone matrix, and this readily explains why declining sex hormone production associated with aging so frequently leads to postmenopausal and senile osteoporosis. Note typical atrophic changes characteristic of postmenopausal osteoporosis (fig. 1), in contrast to normal bone matrix (fig. 2).

Not generally realized is that some degree of osteoporosis is almost "physiologic" after the menopause, and that this bone disorder is present clinically in about 10 per cent of all women over 50 years of age.\*

With combined estrogen-androgen therapy, pain in the spine and other bones is markedly relieved in a matter of weeks or months. The prognosis for bone recalcification, following extended periods of treatment, is good.\*

Estrogen and androgen as combined in "Premarin" with Methyltestosterone provide a dual approach for maximum efficiency in treating osteoporosis. A brochure outlining full details of therapy is available on request.

\*Reifenstein, E. C., Jr., in Harrison, T. R.: Principles of Internal Medicine, Philadelphia, The Blakiston Company, 1950, p. 655.

"Premarin" with Methyltestosterone is supplied in two potencies: the *yellow* tablet (No. 879) contains 1.25 mg. of conjugated estrogens equine and 10 mg. of methyltestosterone; the *red* tablet (No. 878) contains 0.625 mg. and 5 mg. respectively. Both potencies are available in bottles of 100 and 1,000 tablets.

### "PREMARIN" with METHYLTESTOSTERONE

for combined estrogen-androgen therapy

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capsule contain 0.30 Gm. of glutamic acid hydrochlorido with 0.25 Gm.

## elaxation

### for anxiety-tension patients

Mephate® is a preferred skeletal-muscle relaxant, because its glutamic acid hydrochloride component enhances the systemic action of the mephenesin, thus providing:

-effective relaxation on lower mephenesin dosage\*

-- therapeutic response in many patients previously unresponsive to mephenesin alone.\*

A. H. ROBINS CO., INC., Richmond 20, Virginia Ethical Pharmaceuticals of Merit since 1878

lephate



the improved relaxant

\*Hermann, J. E and Smith, R. J.: Journal-Lancet 71 273, 1951. ences to material in books in a similar manner.

One of my colleagues tells me that his aide clips and classifies articles, then passes them on to him for reading. I don't feel that my assistant is experienced enough for any such responsibility. And, besides, I like to index while reading. I find that it increases my efficiency because it keeps me from going off on tangents.

After my secretary has clipped a copy of a periodical, she throws it away—except for the Journal A.M.A. (which we keep for two years) and the specialty journals (which we keep for five). Though I seldom look at them again, I like to save them just in case.

My file now contains some fifty folders. In choosing subject headings, I follow the index of the Jounal A.M.A. pretty closely—though I supplement this list with some headings from specialty journal indexes.

I began with this system and I don't plan to change it. But if I were to start over again, I'd probably base my subject headings on those in the A.M.A.'s "Quarterly Cumulative Index Medicus: Subject Headings and Cross References."

No matter what the list of headings, the important thing, I've learned, is to stick to my choice. Our file would be utterly disrupted if, for example, I classified one article as "Cardina" and another on



The
Infra-red
Effect

# Improves circulation, relieves pain

in peripheral vascular disorders.

# Vastran

Vasodilator, Metabolic Stimulant

**Tablets** 

Each VASTRAN tablet provides a high dosage of oxidative coenzymes of the B-complex—including nicotinic acid (50 mg.), for safe, rapid vasodilatation in peripheral vascular disorders. Patients experience a warm, tingling flush of the face, neck and arms, much like the sensation they feel after exposure to an infra-red lamp. This "Infra-red effect" is positive evidence of VASTRAN'S vasodilator action.

### **HOW VASTRAN RELIEVES PAIN**

- 1st Vastran's effective vasodilating action rapidly oxygenates tissues and relieves ischemia, a major source of pain.
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- Indications—Peripheral vascular disorders, intermittent claudication, Meniere's syndrome, chronic arthritis, bursitis . . as well as tension headache, migraine and neuralgia.
- Dosage—I tablet t.i.d., preferably on an empty stomach. Note if desired, the "Infra-red effect" can be avoided simply by prescribing VASTRAN at mealtimes.
- Formula—Each VASTRAN tablet supplies:
  Nicotinic acid (Niacin) . . . . . 50 mg.
  Ascorbic acid (Vitamin C) . . . . 100 mg.
  Biboflavin (Vitamin B<sub>2</sub>) . . . . . 5 mg.
  Thiamine mononitrate (Vitamin B<sub>1</sub>) . . 10 mg.
  Pyridoxine HCI (Vitamin B<sub>6</sub>) . . 1 mg.
  Vitamin B<sub>12</sub> (from fermentation extractives) . . . 2 mcg.
- Supplied bottles of 100 and 500 scored tablets.

Samples and clinical literature on request

VASTRAN is a new product of Wampole LABORATORIES

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"sample" beyond one's better judgment, with acid indigestion a possible result. Patients tempted this
way will find grateful relief from stomach upset, when due to excess acidity, by
trying BiSoDol-tablets or powder. BiSoDol acts fast, gives prolonged relief, protects
irritated stomach membranes. You can recommend pleasant-tasting, dependable BiSoDol
with complete confidence. Samples on request.



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### MEDICAL READING

the same subject as "HEART DE EASE." Think of the trouble a new secretary would have with any sud inconsistent system!

For much the same reasons, I keep all subject headings as specific and as narrow in scope as possible. I index an article on angina pectoris under "ANGINA PECTORIS," for instance, not under the broad heading, "HEART DISEASE." Thus, the folders don't get too bulky; and items are easier to find.

I've also learned to steer clear of catch-all headings like "MISCEL-LANEOUS." They're a temptation, I admit. But they can put a crimp in the most efficient filing system.

In cases where two terms are used interchangeably, such as Adrenalin and epinephrine, I use only one folder. But, as an aid to the secretary—or to anyone else who may not be familiar with the file—I provide the necessary cross reference. Under "Adrenalin," for example, there's a guide card that says, "See Epinephine."

And the file also gives quick reference to various allied subjects. For instance, the "ARTERIOSCLEROSS" folder carries the notation, "See also HYPERTENSION."

If you decide to use an indexing system like mine, you'll be able to locate useful information in a matter of minutes. But remember, after you set it up, to stick to it.

And remember this, too: Better a modest index than one that's so ambitious you can't keep it going. END

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MEDICAL ECONOMICS - DECEMBER 1954

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# Daprisal\*

relieves both aspects of pain

physical—because it provides
the combined analgesic effect of
acetylsalicylic acid and phenacetin,
potentiated by amobarbital.
psychic—because it provides
the mood-ameliorating effect
of Dexamyl\* (Dexedrine\* and
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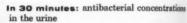
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In 3 to 5 days: complete clearing of pus

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With Furadantin there is no proctitis, pruritus ani, or crystalluria.

Average adult desage: Four 100 mg, tablets daily, taken with meals and with food or milk before retiring.

50 and 100 mg. tablets.

Oral Suspension, 5 mg. per cc.

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# Medical Social Service Gets Biggest Test

Now that doctors in the nation's largest city have hired a full-time consultant, some are wondering how they ever got along without her

### By Peter Jaeger

• Six years ago, when the trail-blazing doctors of Oakland, Calif., hired a full-time social service consultant for their medical society, some observers thought the innovation a dubious one. But it proved so successful that physicians in other areas soon followed suit. Now the idea is being given its largest-scale tryout yet—in the nation's biggest city.

The social service department of the New York County medical society began to function last spring. Its aim, according to Robert D. Potter, the society's executive secretary: "to render a more personal service to the doctor by expanding his opportunity to be an adviser and counselor to his patients." And New York's physicians already seem enthusiastic about it.

Directed by Miss Shirley Decker, the department performs a variety of services. For one thing, it helps local doctors to set fair fees in certain cases by ferreting out the facts about the patient's economic status. For another, it helps settle doctor-patient disputes before they reach the grievance stage. Finally—and to a far greater extent than similar services elsewhere—it acts as a liaison between local medical men and the more than 1,000 community

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THE BILE SALTS LAXATIV

Illustration by J. Gilmore, Ph.D., based on figure study by Rubens

# MTE

# works throughout hepato-intestinal system

FORMULA: Each tablet contains Bile Salts 1.07 gr., Ext. Cascara Sag. 1.00 gr., Phenolphthalein 0.50 gr., Oleoresin Capsicum 0.05 min.

- 1 LIVER—Veracolate stimulates liver action, increases flow of bile—nature's own laxative.
- 2 GALL BLADDER—flushed and thoroughly emptied by freeflowing bile.
- 3 SMALL INTESTINE—Veracolate improves fat digestion. Its bile salts prevent flatulence, "biliousness" and distress after eating. Other components improve intestinal tone and peristalsis.
  - COLON-Veracolate has a mild yet dependable laxative effect.

    Dosage (1 tablet t.i.d. or 2 tablets at bedtime) can be readily adjusted to suit each patient.



Box of 12 sample packets, each containing 6 tablets, available on request. Write the Medical Director, Standard Laboratories, 113 West 18th St., New York 11, N. Y.



### PROTAMIDE' for NEURITIS

... types resistant to other therapy—where nerve root inflammation is not caused by mechanical pressure!

### COMPLETE RELIEF OF PAR

in 80.7% of patients... 52.9% in 5 days1



### PROTAMIDE for HERPES ZOSTER

... even cases unresponsive to a wide variety of other medications<sup>2</sup>

### GOOD TO EXCELLENT RESULT

in 82.7% of patients in two studies. 70.4% with 5 injections or less<sup>2,1</sup>



.. as early as possible in the course of the illness

# in Neuritis - COMPLETE RECOV-

ERY IN 100% of patients when Protamide therapy was started not later than the fourth day of illness...80.3% recovering after five days of therapy.1

### in Herpes Zoster - GOO EXCELLENT RESULTS IN 92

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of patients (80% with 5 injections of when Protamide therapy was started in the first week of illness, 2,3



with "no untoward reactions or evidence of texicity"2

### PROTAMIDE is a sterile colloidal solution of pres denatured proteolytic enzyme obtained from the gladdi of fresh hog stomach. It is supplied in boxes of ten 1.3 a. a and the usual dasage is 1 ampul daily by intramuscheri Available through your regular source of supply.



health and welfare organizations.

A typical problem dumped in Miss Decker's lap was this one, from Manhattan G.P.: Where could a patient who badly needed psychiatric care get such treatment inexpensively?

"She's a 30-year-old woman whom Irecently referred to a hospital consultation service for psychiatric examination," he explained. "The diagnosis was mild schizophrenia. The hospital can't take her on, and yet the needs therapy immediately. Can you help her?"

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The woman's condition was such that she wouldn't allow her husband to leave her, not even to go to work. "So," says Miss Decker, "the most this couple could afford to pay for treatment was between \$5 and \$7.50 week; and they could afford that much only if the husband was working."

### Clinic Accepts Her

Shirley Decker queried several dinics before she found one with available facilities. Though this institution already had a patient overlead, the staff agreed to take on the additional patient at a \$7.50 weekly fee. Miss Decker also helped the woman arrange to delay payment until her husband had again begun to work. And within a few weeks, the patient's condition had improved to a point where the husband could return to his job.

In another case, a physician asked Miss Decker to try to help him find

a nursing home for a 65-year-old man. "The poor old fellow needs continued medical treatment." said the doctor, "so we've got to find an inexpensive home within easy reach of the city."

It took Miss Decker only a short time to locate just the place. And the doctor was, in a way, more grateful than the patient. "Without the help of your department," he said later, "I'd have been on the phone for hours, calling every nursing home I know of-and, probably, without success."

### Unusual Request

Not all problems are so easily solved. Some of the department's toughest assignments come from laymen, who are learning in increasing numbers about the medical society's newest service. Not long ago, an expectant mother telephoned the office. "Please," she asked Miss Decker, "where can I get a saliva test?"

Under gentle prodding, she explained what she meant: She had read somewhere about a saliva test to predetermine the sex of an unborn child; and now she wanted to take one.

Undaunted even by such a request, Miss Decker got to work. One agency asked her if the saliva test were for a dog; others refused to take her seriously; but she persisted and finally found a maternity center that knew what she was talking about. "Probably the woman just

### FOOD-PROOF



# Obocell

DOUBLES THE POWER TO RESIST FOOI

\*Irwin-Neisler's Brand of High Viscosity Methylcellulose. Bottles of 100, 500 and 1000.

IRWIN, NEISLER & CO. DECATUR, ILLINOIS

### MEDICAL SOCIAL SERVICE

wanted to know whether she sho knit pink or blue booties," M Decker says. "But we did our anyhow."

### Economics, Too

Though it stresses social service the department also works close with the society's bureau of medic economics and with its grievant committee. Here are two example of Miss Decker's activities in the areas:

In one case, a hospitalized infienza patient had been billed \$105 for her doctor's medical services. The woman protested the bill and brought her complaint to the grieance committee. On the basis of some ten visits from the doctor, plas several penicillin shots, she felt that his total fee should not have exceeded \$75. On the same basis, the physician himself naturally—and quite firmly—disagreed.

### Strapped for Money

The committee asked Miss Decker to investigate. So she called on the woman and discovered that she and her husband lived in a modest apartment in a run-down section of the city. The husband, a grocery clerk, had to support his aged mother. And, it turned out, they were strapped for money: Because the husband suffered from hay fever, there was a continuous expense of \$5 a week for allergy shots; and, in addition, they owed a dental bill of \$100.

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2 tsp. t.i.d.



a palatable and effective tonic

Eskay's Theranates\*

the formula of 'Neuro Phosphates' plus Vitamin B,

To stimulate appetite and restore general tone

Smith, Kline & French Laboratories, Philadelphia &T.M. Reg. U.S. Pat. Off.

# THE FIRST antifungal antibiotic MYCOSTATIN

SQUIBB NYSTATIN

### Highly effective for prevention and treatment of intestinal moniliasis

The intestinal flora of patients treated with oral antibiotics, particularly the broad spectrum preparations, undergoes profound changes. In many cases there is a strong overgrowth of Candida (monilia), and the extent of overgrowth seems to be proportional to the amount of the antibiotic taken. This phenomenon does not necessarily lead to clinical moniliasis, but a considerable number of patients with an overgrowth of Candida have intestinal symptoms, including diarrhea, ulceration, anal fissure, and persistent pruritus.

When such effects are due to Candida, they can be prevented by Mycostatin. Established monilial infection of the gastrointestinal tract can be cleared up by Mycostatin in 24 to 48 hours.

'Mycostatin' is a Squibb trademark

Dose: 500,000 units t.i.d.; to be doubled if intestinal fungi are not suppressed. Mycostatin is well tolerated by nearly all patients, and is compatible with the commonly used antibiotics.

500,000 unit tablets Bottles of 12 and 100 BROAD SPECTRUM ANTIBIOTIC OF CHOICE

# **STECLIN**

HYDROCHLORIDE

Squibb Tetracycline Hydrochloride

Steclin is the newest broad spectrum antibiotic.

- Fewer side effects, better tolerated than oxytetracycline or chlortetracycline.
- · Greater stability in blood serum.
- Efficient distribution to tissues and body fluids.
- · Fully effective blood levels.

50 and 100 mg. capsules Bottles of 25 and 100 250 mg. capsules Bottles of 16 and 100

**SQUIBB** 

The range of clinical usefulness of Steclin is similar to that of oxytetracycline and chlortetracycline. It is often superior to its analogs because therapeutic blood levels are achieved with fewer gastrointestinal side effects.

As with all broad spectrum antibiotics, overgrowth with nonsusceptible organisms, particularly monilia, may occur.

'Steclia' is a Squibb trademark

Miss Decker reported these facts to the committee. As a result, the doctors ruled unanimously that, while the original fee had been reasonable, this was a hardship case—and that, therefore, a reduction in fee was advisable. The woman's physician readily agreed to this decision, and the bill was settled for \$75.

### M.D. Cancels Debt

In another case, a doctor referred a year-old unpaid bill for \$175 to the society's bureau of medical economics. When Miss Decker was asked to investigate, she found that the original fee for surgery had been \$350; that \$175 had been paid off during the year; and that during that time the patient had not only been unable to work, but had been in and out of hospitals for treatment of arthritis.

The patient frankly acknowledged that he didn't think the bill was excessive. But he explained that current circumstances made prompt payment impossible. After this information had been relayed to the physician, the entire debt was carceled outright and the case considered closed.

Has the New York experiment proved a success, then? The society still takes a "wait and see" attitude. The consensus seems to be that any such program needs a full year to prove—or fail to prove—its worth.

E



Pragmatar\* highly effective in an unusually wide range of common skin disorders

'Pragmatar' offers these outstanding advantages:

- A superior tar-sulfur-salicylic acid ointment incorporating a unique oil-in-water emulsion base.
- Wide margin of safety which enhances Pragmatar's usefulness in patients of all ages.
  - · Pleasant to use; non-staining; not unpleasantly greasy.



### Seborrheic dermatitis

Characteristic frontal lesions of seborrheic dermatitis. Lesions may also appear on the temples, behind the ears and in the external auditory canal.

This patient had suffered chronic seborrheic dermatitis for 6 years. Treatment with 'Pragmatar' brought this marked improvement in the lesions in just 28 days.



Smith, Kline & French Laboratories, Philadelphia

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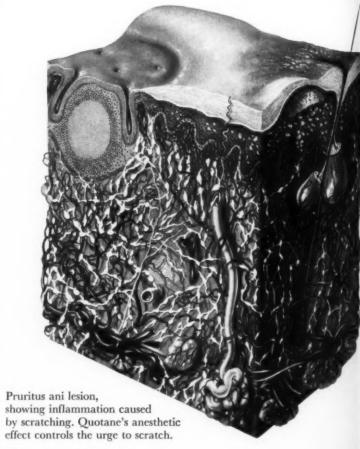
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'Quotane'-potent topical anesthesia without undue risk of sensitization in PRURITUS ANI



Quotane\* Hydrochloride Ointment Also available: 'Quotane' Lotion

Smith, Kline & French Laboratories, Philadelphia

\*T.M. Reg. U.S., Pat. Off. for dimethisoquin hydrochloride, S.K.F. (1-[β-dimethylaminoethoxy]-3-n-butylisoquinoline hydrochloride)

# Medicine Beckons The Feature Writers

With nearly everyone else writing about the latest in medicine, maybe the sports, society, and gossip columnists will soon get in the act. If they do, here's what you can anticipate

By Justin Dorgeloh, M.D.

• Doctors today can't complain that medicine's light is buried under a bushel. The layman can hardly open a newspaper without discovering at least one new cure for something. He follows the exploits of medical men in the Reader's Digest, Collier's, and the Saturday Evening Post. He masters the fundamentals of medical lore through Time or Newsweek (sometimes even putting himself one up on the too-busy doctor).

Yet the most telling blows for medicine are probably struck in novels, the funny papers, the cinema, and on radio and television. (Radio, for instance, has plugged medicine from the start—though, as has been pointed out, the detergent-drama heroes do seem overly susceptible to curable brain tumor and to the temporary loss of the use of both legs.)

Actually, no medical subject served with a garnish of scenario is beyond the lay appetite. So it's strange that those responsible for delivering medicine to the people have neglected certain spheres of literature that would increase its over-all coverage. For instance:

How about the layman who reads only the sports sec-

Lotion

tion of his newspaper? Or just the society page? Or nothing but the sagas of the gossip columnists? Some readers just won't devour anything that's not composed in the style to which they've become accustomed. In these circumstances, I maintain, it's medicine's clear duty to reach this untapped audience.

Let's say we have a thrilling account of a brand-new surgical operation to unfold to an expectant public. We know that the public today expects something sensational (what with artificial kidneys, redesigned hearts, and nylon aortas). So we propose replacing fistulous colons with puncture-proof inner tubes salvaged from imported sports cars.

To our maiden operation we in-

vite an assortment of top-flight writers. What will they report to their readers?

First, note the product of standard medical journalism as already found in the news magazines and in the general periodicals. Here, for instance, is how our operation is likely to be introduced in Time's medical section:

### **Guts and Inner Tubes**

Doctors throughout the nation stood helplessly by as countless patients succumbed to the ravages of ulcerative colitis. Not so Chicago's Charm Hospital's trailblazing surgeon, who decided to try out a radical new treatment. Reason: Ulcerative colitis is no joke.

One muggy morning last week, lantern-jawed, beetle-browed Dr.

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st week, ved Dr. Felix Flotsam took scalpel in hand, nodded to hawk-nosed, bug-eyed Dr. Hans Jetsam. Thus began the first operation to replace worn-out colons with rubber inner tubes . . .

Or in the Reader's Digest:

### The Most Unforgettable Colon I've Met

One memorable day last month I was summoned to witness an exciting new surgical operation, a fulfillment of mankind's oldest dream: the attainment of an artificial colon.

A hush descended on the operating room as two brilliant young scientists entered in cap and mask. It was they who had conceived the bold surgery I was about to behold. Their names? Dr. Felix Flotsam and Dr. Hans Jetsam.

Amid the ensuing hum of prepara-

tory activity my mind turned back to the dramatic incidents which inexorably led to this unforgettable scene:

One summer day in 1892, a schoolboy named Felix Flotsam was busily repairing a punctured tire from his bicycle. Felix, ever a thoughtful boy, said to himself: "There must be some use for these worn-out inner tubes"...

Now to try out the *new* vehicles for carrying our message to the public. Take first the radio broadcast:

Good afternoon, sports fans. This is Lefty Bunt bringing you a playby-play report on the artificial colon operation at Charon Hospital.

The Charon battery today is Flotsam and Jetsam, at present warming up with towel-clips . . . Here



#### THE FEATURE WRITERS

come the umpires with their microscopes . . . Dr. Mayhem throws away one of his hemostats and steps up to

the operating table.

Mayhem is currently batting .492 with the Tissue Committee. Last month was rugged for Mayhem—a flock of normal appendices dropped him 200 percentage points. I understand two of those cases are still under protest, and may go all the way to the Commissioner . . .

Wait! Mayhem has missed three bleeders with his hemostat . . . A pinch surgeon is going in . . .

Or suppose the New Yorker magazine sent its man Stanley to report the operation:

Glorious day outdoors Tuesday. I was indoors, at Charon Hospital. Big hubbub about an operation to replace a colon with an inner tube. Asked student nurse if it was a gag. She said no, operation to start in half an hour. Watched surgeom sitting in a circle, sharpening knives and exchanging anecdotes. Something in the air smelled like ether, asked nurse what it was. Ether. Service station man entered with inner tube. Big patch on tube...

The society editor of the local newspaper could well carry our message to influential quarters something like this:

On Tuesday last, Dr. Felix Flotsam of the Ebbtide Yachting Club and Dr. Hans Jetsam of the Grassy Green Country Club were hosts to a notable group of doctors at Charon Hospital. Dr. Flotsam was attired in white gown, green mask, and

NEW ... SUSPENSION

# Remanden.

extends the scope of penicillin therapy

### SUPPLEMENTS AND AUGMENTS INITIAL INTRAMUSCULAR PENICILLIE

To intensify penicillin therapy and maintain optimum penicillin concentration, follow an initial "loading" dose of 300,000 units of intramuscular penicillin with 2 Tablets of REMANDEN or 2 teaspoonfuls of Suspension of REMANDEN every 6

or 8 hours. For children, the followup dosage is based on 40 mg of 'Benemid' per Kg. of body weight per day in divided doses, every 6-8 hours.



Philadelphia 1, Pa.
DIVISION OF MERCK & CO., INC.

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mg. of eight per -8 hours.

INC.



### Klebsiella pneumoniae 29,000 x

Klebsiella pneumoniae (Friedländer's bacillus) is a Gram-negative capsulated organism commonly involved in various pathologic conditions of the nose and accessory sinuses, in addition to bronchopneumonia and bronchiectasis.

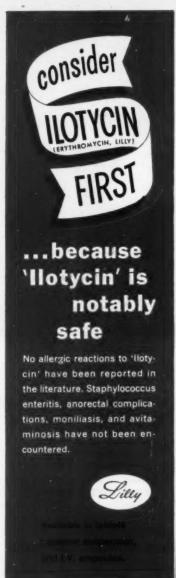
It is another of the more than 30 organisms susceptible to

# PANMYCIN

100 mg. and 250 mg. capsules

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### THE FEATURE WRITERS

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chartreuse cap. Dr. Jetsam wore a green gown with contrasting white cap and mask, and . . .

The man-about-town columnist, Herbert Busybody, in his daily "Laff, Town, Laff" should prove an effective carrier too:

Science 'n stuff. Last Tuesday yours truly got hisself an invite to Charon Hosp. to see a new loperation (ha!). Seems the local medico society needed somebody wit' oodles of readers (that's yours truly!) to give the op. a good send-off. So here goes on wot's new wit' doctors.

Fare enuf. On Tues. AY-EM I hopped a Tax-ee to Charon Hospital. The cabbie, a real character (they're all characters), told about a recent fare he'd had. Seems a booful blonde in mink who flagged his cab had dress, pink bra, and panties over her arm. When the doll got out at her home-sweet-home and reached for the do-re-mi, the mink slipped off her shapely shoulders and dropped to the ground. Now lissen, chillun, for the switcheroo: The chick was stark fully clothed ...

L'operation. Got gowned and masked in a room filled with Dr.'s and booful F. Nightingales. Doc Felix Flotsam was emceeing the surgery. Felix's wife Sandra is a bundle of booty, the erstwhile property of playboy Jimmie Balast. 'Twas in 1952 that Sandra and Jimmie finally parted, no hard feelings, in Reno. Jimmie's pals say he's still toting the torch for Sandra . . . One of the does at the op'rating table was wearing a long face. Seems he's in the minestrone with the Tissue Committee. In case the news busts out

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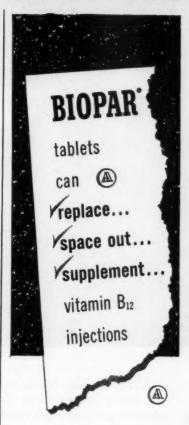
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all over, don't forget: another SKOOP for Busybody! . . . Didja ever wonder how the em-dees can work, wit' all them gor-jus nurses buzzin' roun'? . . . Incident'ly, one of the gals in white was Miss Southside District of 1949. First name's Sally, and the last name wild horses couldn't drag from yours truly. The initial is M. If ya r'member. Sally got hitched back in '49 and the guy turned out to be a heel. Well, Sally's got a new hubbie now, and she's bravely trying to forget the past. Good luck, Sally! . . .

Add Lib. Doc Tom Humerus was amongst those present-and-acc'td-for at the op'ration. He's a real wit, and that's no half-way compliment (get it?). F'rinstance, he was helping close up Nick Toper's nite spot last week with that gor-jus Margot Vermicularis (yep, she's back from Reno a'ready—how six weeks flies!) when Nick asks him for pr'fessional advice. How can he (Nick) give up the weed (mganing cig'rettes)? "There's nothin' to it," says Dr. Tom. "I quit smokin' at least once a week."

OKEH, chillun, that's enuf fer now. Tomorrow yrs. truly'll be back to reg'lar reportin' of the dissa and datta of our Fabulous Town. Glad ta have bin of service, Docs!

Perhaps these examples of variegated medical reporting will stimulate others to explore more fully this exciting field of literary exposition. If so, I can foresee the day when medical chitchat from the columnists and commentators will be as much a part of life as the common housefly.



Bottles of 30 tablets



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MEDICAL ECONOMICS DECEMBER 1954

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ELECTRON PHOTOMICROGRAPH

### Salmonella paralyphi B 23,000 x

Salmonella paratyphi B (Salmonella schottmuelleri) is a Gram-negative organism which causes

food poisoning · chronic enteritis · septicemia.

It is another of the more than 30 organisms susceptible to

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100 mg. and 250 mg. capsules

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Upjoku

# Should Blood Banks Make Money?

### By Bill Davidson

"Blood without charge" is a concept that has been widely publicized by advocates of the Red Cross blood collection program. As a result, many people have come to distrust agencies that charge patients for blood-even when the fee covers only the legitimate costs of collecting, processing, and administering it.

The following article\* appeared in the November 12 issue of Collier's (the same magazine that last year published "Why Some Doctors Should Be in JAIL"). It charges that the country's biood supply is controlled "partly by idealists, partly by human leeches."

Is the author suggesting that doctors who oppose the Red Cross blood program are leeches? Many a reader will get that impression, and many a physician will resent the slur.

It hardly seems necessary to point out that MEDICAL ECONOMICS disagrees with much of what the author implies. But since the issue he raises has such significance for doctors, we are reprinting his article in its entirety. We'll be interested to hear what you think of it.

• Last May, three women living in different parts of the country became desperately ill. They began to hemorrhage internally, and were rushed to hospitals, where emergency blood transfusions were necessary to save their lives. All three recovered, but there were revealing discrepancies in the events which followed.

The first woman lived in Kankakee, Ill., and the blood which saved her came from the American Red Cross Regional Blood Center in Peoria. She paid nothing for the four pints of blood she received.

The second woman lived in Houston, Tex. She received six pints of blood from a private blood bank operated under the auspices of the local medical society. After her hemorrhaging stopped, her family was told:

<sup>&</sup>lt;sup>6</sup>Copyrighted, 1954, by the Crowell-Collier Publishing Company.

# IN ANGINA PECTORIS



- Reduces nitroglycerin needs
- Reduces severity of attacks
- Reduces incidence of attacks
   Increases exercise tolerance
- Reduces tachycardia
- Reduces tachycardia
   Reduces anxiety, allays
- apprehension

  Lowers blood pressure in
- hypertensives
- Does not lower blood pressure in normotensives
- Produces objective improvement demonstrable by EKG.

Descriptive brochure on request.

Pentoxylon, the newest therapy in angina pectoris and status anginosus, combines the tranquilizing and bradycrotic effects of Rauwiloid® and the long-acting coronary vasodilating effect of pentaerythritol tetranitrate (PETN).

The rationale of this new combination is based in part upon the well-known observation that the frequency and severity of anginal attacks are augmented by fear and apprehension. The Rauwiloid effect in PENTOXYLON slows the rapid pulse which accompanies apprehension and pain. The slower heart rate, with its lengthened diastole, permits better coronary filling, more adequate ventricular filling, and wider stroke volume. Thus the work demand on the myocardium is diminished while PETN exerts its prolonged coronary dilating effect. Pentoxylon offers therapy in angina without xanthines, without stimulation of cardiac rate or work.

Development of full effectiveness of Pentoxylon requires about two weeks of therapy, though benefits have been observed after 24 hours. Continuing therapy over a period of time with Pentoxylon—in the usual dosage of 1 tablet q.i.d.—reduces or abolishes nitroglycerin requirements.

# PENTOXYLON'

Each tablet contains pentaerythritol tetranitrate (PETN) 10 mg, and Rauwiloid® 1 mg

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You now have to provide donors to replace twelve pints of blood—or we will have to charge you \$20 a pint for the six pints used, or \$120."

The third woman was taken to a hospital in New York City, where he was given four pints of blood. Though the hospital had bought two pints of blood from a private blood bank at \$12 apiece and had received the other two pints free from the Red Cross, the woman was charged \$84 for the purchased blood and \$44 for the free Red Cross blood. She also had to pay \$102 for "laboratory service"which, in her case, was simple blood typing, a routine procedure which takes no more than a few minutesbringing her total bill to \$230.

Do these stories make you think that the blood supplies of America are controlled partly by idealists, partly by human leeches? To a shocking degree, that's true.

### A Plan to End Chaos

It would seem that nothing could be less complicated than the elementary humanitarian procedure of providing human blood to save human lives—but there's no field of medicine where there is so much confusion today. Besides the almost unbelievable disparity in prices, the national blood situation involves greed, politics, danger to health, trade in human suffering. It also involves individual sacrifice and nobility of purpose.

There are good blood banks and

bad blood banks. In some areas, there is strict medical control; in others, anybody can go into the blood business, much as anybody can open a delicatessen. There are plans that would continue the chaos, and one over-all plan that offers great hope of ending it.

The chaotic blood situation has led to unprecedented bitterness in medical circles, with ugly charges and countercharges disrupting normally serene medical conclaves. Dr. Albert Wolf of Chicago's Michael Reese Hospital told me, "I have never heard such vitriol in my years

of practice."

Typical was a meeting of the Harris County Medical Society in Houston, at which a local doctor addressed himself to Dr. David N. W. Grant, respected medical director of the American National Red Cross and former Surgeon General of the Air Force. The local doctor sputtered, "No dirty socialistic bureaucrat from Washington is going to come down here and tell us what to do." At this meeting, the local medical society voted to cancel its agreement to allow the Red Cross to establish a Regional Blood Center in Houston, maintaining that the Red Cross promotes socialism by adhering to a policy of giving blood without charge to all residents of an area.

A few days later, the conservative Houston Post pointed out with irony that the Red Cross board of governors included such rabid "socialists" as Union Pacific board chairman E.

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### INTRIBEX Kapseals

Because they provide essential factors for production and maturation of red blood cells and for hemoglobin regeneration, INTRIBEX Kapseals produce optimal hematopoietic response in your anemic patients.

each Kapseal centains:

Intrinsic Factor Concentrate containing
7.5 mg, Vitamin Bin ½ U.S.P. Oral Unit\*
TO WHICH HAS BEEN ADDED THE FOLLOWING:
Ascorbic Acid 75 mg.
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Vitamin Ba, Crystalline 7.5 mg.

Ferrous Sulfate, Exsiccated . . . (5% gr.) 375 mg.

soange In uncomplicated permicious anemia or other types of megaloblastic anemia, S INTAIBEX Kapseals each morning or INTAIBEX Kapseal morning and night. In hypochromic anemia, or severe nutritional anemia, 3 or 4 INTAIBEX Kapseal daily.

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Roland Harriman and Sears, Roebuck vice-president Charles H. Kelldadt.

But there are even nastier charges than socialism, involving the unpleasant terms "profiteering in blood" and "trafficking in human misery." The Red Cross, of course, is a nonprofit organization, and so are most of the excellent, doctor-supervised institutions like Seattle's King County Central Blood Bank in San Francisco and the Junior League Blood Center in Milwaukee. Such groups obtain all or most of their blood from free voluntary dothers.

nations and they charge no more than the cost of collecting and processing it. "On the other hand," says Dr. Paul L. Wermer, secretary of the Committee on Blood of the American Medical Association, "there is no doubt that a few less scrupulous blood banks have been profiteering. This is deplored by all national organizations concerned with blood collection."

### 'Skid Row' Derelicts

Many of the profiteering charges involve so-called "skid row blood banks" which can be found in every major city. Bums come to these es-



"How should I know his name? He can't talk yet."

ice

### combined action means faster patient recovery

MIXED SULFONAMIDES WITH PENICILLIN

PARENTERAL PENICILLIN

BULFADIAZINE

rage) required to reduce fever 14.8 HOURS 24 5 MOURS IN . HOURS

Vollmer, Pomerance and Brandt observed that the administration of suffonamide mixtures when combined with penicillin reduced fever in patients with pneumonia more rapidly than sulfadiazine or penicillin alone.

the preferred quadri-sulfa mixture ...

### DELTAMIDE w/penicillin

combines 4 of the most useful sulfonamides with penicillin for-

a wider antibacterial spectrum

the advantages of a sulfonamide combination: faster therapeutic blood levels and better sustained: higher solubility in the urine; greatly reduced renal toxicity and lessened side-effects.

the true potentiation of action that occurs with the use of sulfonamide mixtures

the truly synergistic action that occurs when sulfonamides and penicillin are combined

\*Vollmer, H.; Pomerance, H. H., and Brandt, I. K.: New York State J. Med. 50: 2293, 1960.

Each tablet or teaspoonful of the pleasant-tasting checelate-figvered suspension contains:

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0.167 Gm. sulfadiazine 0.167 Gm. 0.167 Gm. sulfamerazine 0.167 Gm. 0.056 Gm. sulfamethazine0.096 Gm. 0.111 Gm. sulfacetamide 0.111 Gm. penicillin G 250,000 Units

#### Deltamide

Tablets: Bottles of 100 and 1606. Suspension: Bottles of 4 and 16 st.

Deltamide w/penicillia Tablets: Bottles of 36 and 108.

Powder for Suspension: 60 cc. belties to provide 2 oz. of suspension by the addition of 40 cc. of water.

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tablishments and sell their blood as often as they can get away with it for \$5 or \$6 a pint. The blood bank, in turn, sells the blood to hospitals for \$15 or \$20 a pint. Many of the hospitals then charge the patient whatever they can collect—sometimes as much as \$100 a pint.

## 'The Sewer Phase'

Surprisingly often, the skid row blood banks are attached to reputable universities and hospitals. One, known as "The Butcher Shop" to the derelicts along New York's Bowery, is directed by a distinguished researcher. Although he is salaried and has never been accused personally of profiteering, a profit is certainly made by the institution which employs him.

Experts all over the country refer to this blood bank and others like it as "the sewer phase of our profession." In New York, derelicts have collapsed in the street and have been rushed to city hospitals in a critical state, after having made repeated donations of their blood—with the blood banks apparently unaware of (or indifferent to) the fact that the men were being bled almost to death.

The situation became so serious that in 1947 the Journal of the New York State medical society published an outspoken article which said: "These patients show certain common features. All were men, indigent, unemployed or unemployable. They were all residents of

either municipal lodginghouses or cheap Bowery hotels. Eleven were chronic alcoholics. The small sums they received, five dollars a pint, were usually spent not on food, but on the purchase of more alcohol. Six patients had, as their primary diagnosis, lobar pneumonia, and one had the diagnosis of bronchopneumonia. There was one fatality in this group . . . He had given twelve transfusions in four months." (Reputable blood banks do not consider it safe for a person to give blood more often than once every three months.)

A number of safeguards have been set up since then, but skid row vagrants frequently manage to



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# OLD GOLD FILTER KINGS

## The One Filter Cigarette not Really Tastes like a Treat.

Pere's the first famous name brand in give you a filter. And when you see the Old Gold name on the pack, you know you're getting a quality tobacco goduct.

Rich tobacco taste — the Old Gold tobacco men have done it again! They have created a wonderful new filter carette that reflects their company's marly 200-year tobacco heritage. Old Gold Filter Kings give you true tobacco agte in every single puff.

On sale now with the other members of the Old Gold Family, new Old Gold Filter Kings sell at a popular filter price. Whichever kind of cigarette you prefer, make it one of the family . . . America's First Family of Cigarette...

Doctors: Today Old Gold Filter Kingsare sold in most U.S. cities, and oudistribution is expanding every day. If your city does not yet have Old Gold Filter Kings, simply write to P. Lorilard Company, 119 W. 40th St., New York 18, N. Y., and special arrangements will be made to issue you a regular supply.



True filter-true flavor-The effective filter that lets real flavor through. Pure white ... never too loose ... never too tight-this easy draw filter makes every puff taste like a treat.

evade them. And since "The Butcher Shop" alone still supplies more than 100,000 pints a year for transfusions in hospitals as far away as Egypt and Turkey, the question naturally arises, "How safe is the blood of an alcoholic Bowery bum?" Most hematologists say that there is no danger—that if it can pass rigid tests set up by the National Institutes of Health, it is indistinguishable from the blood of a healthy, clean-living person.

Other doctors point out, however, that there are no known tests for malaria or jaundice—both of which can be transmitted to patients in blood transfusions. These doctors say that the only way to find out if a donor's blood may be infected with these diseases is to ask him if he ever had them.

"Now do you suppose a Bowery

bum is going to admit he had jaundice," they ask, "if it means he's going to lose five dollars?" The samsituation may come up when friend or relatives offer to replace blood given to a patient by a private blood bank. There, too, a donor may lie if he knows a heavy financial penalty will be levied on the patient if the blood is not replaced on a two-pints-for-one or even a three-pints-for-one basis.

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One Rochester, N.Y., physician told me, "If I ever have an accident in New York City, where there is both Red Cross and private blood, I hope they can move me back to Rochester before they give me a transfusion. In this area, we have only Red Cross blood, donated by volunteers. Unpaid volunteers don't lie about such serious matters as jaundice and malaria."

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ANEMIA is usually a symptom, but present also are anorexia, anoxia, hypothermia, hypotonia and poor utilization. Often a finicky diet will aggravate the general asthenia.

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LIVITAMIN' WITH IRON each fluidounce contains: fasis, in elemental iron to 70 mg.) Buganese Citrate, Soluble . . .. 158 mg. Taiamine Hydrochloride ...... .... 10 mg. Mafferin . . .... 10 mg. Biamin B 12 (Crystalline) ..... ... 20 mcgm. .. 50 mg. Pridexine Hydrochloride ...... .... 1 mg.

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30 mg.
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60 mg.

..... 10 mg.

Whenie 8 12 ...... 5 mcgm.
Pytifasine Hydrochloride ...... 0.5 mg.

S.E. MASSENGILL

Organized medicine has avoided taking a stand on these as-yet-unresolved health questions, but there has been no mistaking its concern with the serious charges of profiteering. In June, 1952, the House of Delegates of the American Medical Association voted approval of the following principle:

## What the A.M.A. Says

"Since blood is derived from human beings only, our aim should continue to be directed at having no profit from trafficking in whole blood itself; however, all services rendered cost something and are paid for by or on behalf of every recipient of such services. The service charge should cover all costs of the operation, including depreciation and expansion reserves, but the realization of profit for the support of other institutional needs should be discouraged."

I asked Dr. Wermer, secretary of the A.M.A.'s Committee on Blood, to interpret this resolution for me, and he said, "It simply means that we feel you can't put a price on part of a human body—and that's what blood is. Therefore, buying and selling blood for profit, except when rare types can't be obtained in any other way, is unethical. As for service charges—covering the collection, storage and distribution of blood, equipment, maintenance and so on—costs vary from locality to locality, but \$7 to \$12 a pint seems fair in

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REMANDEN "increases penicillemia by 2 to 10 times and infections ordinarily regarded as untreatable with penicillin have been successfully managed." 1

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most parts of the country. If a blood bank charges much more than that, I'd say the money is being applied to something else."

## Where the Money Goes

It is difficult to run down that "something else." Most private blood banks label themselves non-profit, but such a designation may mean only that the bank itself cannot show a profit at the end of the year. But it can earn hundreds of thousands of dollars and funnel the money off into other channels. Blood bank personnel can vote themselves handsome salaries, they can assign the money to questionable "research," pay the bills of affiliated organizations, give vague "grants"

to co-operating doctors—in short,  $d_0$  almost anything they want with the money.

At a recent meeting of the American Association of Blood Banks, Dr. Wermer was asked from the floor whether it was proper for blood banks to channel blood money into other functions, such as paying janitors' salaries in hospitals to which the banks are attached. He replied, "Even if the money is spent for worth-while purposes like research, it's unethical if the research has nothing to do with blood."

An A.M.A. investigating commission looked into such a situation in Miami, where the excellent, non-profit Dade County Blood Bank was associated with a profit-making



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FOR SURFACE PAIN AND ITCHING of burns, abrasions, debridement, hemorrhoids, painful examinations, post-episiotomies, and many other conditions. Routinely used for care of post-partum patients in leading hospilals.

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blood-serum firm—most of whose profits went, in turn, to a third, non-profit, research outfit. The same doctors were on the board of directors of all three corporations. The commission found no evidence of wrongdoing, but said "widespread doubts and uncertainties" existed and recommended discontinuing the interlocking directorships and interchange of staff personnel.

## Who's Doing It

Although still smarting under the commission's recommendation, one of the Miami doctors admitted that profiteering in blood was one of the biggest problems faced by the medical profession. "Over 4,000,000 pints of blood are used by civilians

in the United States every year," he said. "That's a multimillion-dollar business."

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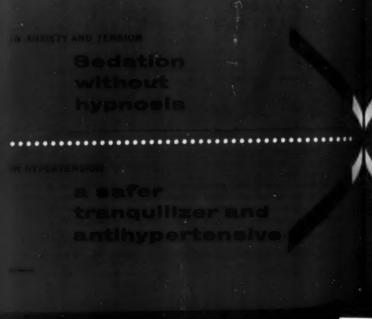
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Like other industries, the blood bank field has attracted people of various backgrounds. The principal source of blood in Long Island, N.Y. for example, is Edward J. Madden, executive director of Inter-County Blood Banks, Inc. Madden-who has fought a successful battle to keep the Red Cross out of Long Island's Nassau County and to limit the distribution of Red Cross blood in Queens, on the ground that he can do the job better-had no previous blood bank experience before he got into the business in June, 1942. He was seen often at Florida race tracks, and at one time owned a



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ne got 12. He race ned a stable of race horses (one of which he named Plasma).

Madden says he is in blood-banking strictly for humanitarian purposes and that he and his wife both work for the establishment without salaries. His income, he says, is derived from real-estate holdings in Florida. The blood bank is a non-profit corporation, supervised by a reputable hematologist, Dr. John M. Scannell, and it enjoys the support of three county medical societies.

## His Books Are Open

Madden willingly offers his books for inspection. He showed them to me, and I noted that he suffered a loss of \$60,500 supplying blood last year to indigent patients at Meadowbrook Hospital in East Meadow, Long Island. I also noted that he has an over-all annual surplus of \$10,-000 to \$30,000, which he says "goes to establishing other blood banks."

For each pint of blood administered, Madden demands a replacement of two pints of blood or a fee of \$35. His books indicate that seven persons in ten replace the blood; the rest pay cash. In 1953, the cash fees totaled nearly \$300,000. These figures serve as background for a curious incident in which Madden was involved in 1950.

On November 23d of that year, a Long Island Rail Road train crashed into the rear of another crowded train near the Jamaica station, and



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# Erythrocin STEARATE

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## Erythrocin . . . for faster absorption

New tissue-thin Filmtab coating (marketed only by Abbott) starts to disintegrate within 30 seconds—makes ERYTHROCIN Stearate available for immediate absorption. Tests show Stearate form definitely protects drug from stomach acids.



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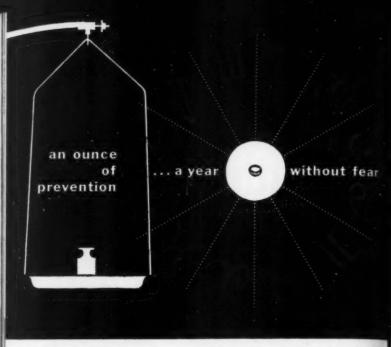
because there's no delay from an enteric coating, patients get high, inhibitory blood levels of ERYTHROGIN in less than 2 hours—instead of 4-6 as before. Peak concentration is reached at 4 hours, with significant levels for 8 hours.



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## for the patient with angina pectoris

With Peritrate, the long-acting coronary vasodilator, an ounce of prevention (28,350 mg. of Peritrate) lasts a full year or longer, since only 10 or 20 mg. are needed to protect most patients for 4 to 5 hours. Yet, no arithmetic formula can adequately define the effectiveness of Peritrate in providing dramatic relief from pain and from the fear of anginal attacks.

According to tests made by Russek and co-workers, Peritrate is unexcelled in exerting a prolonged prophylactic effect in angina pectoris. The results achieved "... were comparable to those obtained with glyceryl trinitrate (nitroglycerin), but the duration of action

was considerably more prolonged.<sup>71</sup> Patients on Peritrate generally exhibit significant EKG improvement,<sup>1,2</sup> and their need for nitroglycerin is often reduced.<sup>2</sup> A year-round schedule of 10 or 20 mg. 4 times a day will usually:

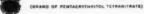
1. reduce the number of attacks (in 8 out of 10 patients<sup>2,3</sup>); 2. reduce the severity of attacks not prevented.

In 10 mg., 20 mg. and Enteric Coated (10 mg. delayed action) tablets.

Russek, H. I., et al.: J.A.M.A. 153:201
 (Sept. 19) 1953. 2. Winsor, T., and Humphreys, P.: Angiology 3:1 (Feb.) 1952. 3. Plot. M.: New York State J. Med. 52:2012 (Aut. 15) 1952.

## Peritrate<sup>®</sup>





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### Scene of Horror

As Dr. Kogel tells it, "The disaster eration was proceeding smoothly we had plenty of blood from encies set up to handle such emerncies, when suddenly a man med Edward J. Madden apared. Without any authority from he grabbed the radio facilities broadcast a call for volunteers come in and donate blood. Soon already chaotic area was gged with thousands of wellcuning citizens answering his apsal. Some 3,000 donors turned up at Madden's blood bank in Jamaica and he collected 400 pints of blood from them. We used none of it."

Reporting on the same incident, The New York Times wrote editorialv: "The brutal truth is that neither the radio appeal itself which was not issued by the Red Cross) nor the generous rush of housands of citizens to give their blood served any immediately usein purpose. On the contrary, traffic ams were created, sorely overtaxed hospitals were crowded with unnecessary donors and the atmosphere of semihysteria naturally generated by any major disaster could not help but be intensified . . . Item hardly be said that the public

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was victimized, for the blood given that night eventually was or will be used; but there seems to have been no necessity for the Inter-County Blood Bank to have added to the excitement and the confusion by issuing its radio appeal."

I asked Madden what happened to the 400 pints of free blood he collected. "We gave 100 pints," he said, "to hospitals caring for the train-wreck victims."

"And what about the other 300 pints?" I asked him.

"They went into our general blood pool," Madden explained; "but every donor got a credit of a half pint of blood in case he should ever need a transfusion."

Since only one person in 83 ever

requires a transfusion in the New York area, Madden that day gained about 296 pints of blood—word more than \$10,000 at Madden's standard price of \$35 a pint.

Many doctors resent the intrusion of lay people into the blood band business; but Madden has plenty of defenders in the Kings County Queens County and Nassau County Medical Societies in New York Why?

## The Basic Issue

The answer goes back to a base dispute about blood, stemming from two wholly divergent philosophis in the medical profession.

One group of doctors holds that blood is just another therapeutic

normal output of sodium and water

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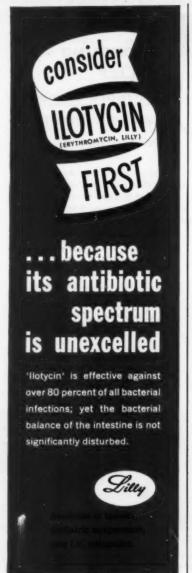
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### BLOOD BANKS

agent, like penicillin or aspirin, and that the patient should pay for it just as he pays for other medical supplies.

A second group, led by doctors in the Red Cross and the American Medical Association, believes that blood is something special—a part of a human being, in Dr. Wermer's words—and that no one can put a price on it.

## In the Early Days

The roots of the controversy lie in the history of blood-banking—a development so new that in 1940 one big Chicago hospital gave fewer than 100 transfusions, compared with nearly 5,000 in 1953.

Blood banks were not established in the United States until the mid-1930s, when a method of preserving blood was first discovered. Before that, hospitals maintained lists of "walking blood banks"—paid donors whom they called in for the complicated procedure of transfusing blood directly from the veins of the donor to those of the patient.

Some hospitals early sensed the money-making possibilities in blood and charged distraught families as much as \$500 a pint for emergency transfusions. Other hospitals found it difficult to get blood and insisted that a patient's family replace all blood used—on as much as a four-pints-for-one ratio—or pay a heavy penalty fee. Some hospital blood banks found it easier to pay derelicts \$5 a pint than to hound relatives. A

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# advantages -

Gantrisin 'Roche' is a single,
soluble, wide-spectrum sulfonamide -- especially soluble
at the pH of the kidneys.

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penicillin...for well-tolerated,

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therapy...in tablets of two

strengths -- Gantricillin-300

for severe cases;

Gantricillin (100) for mild

cases -- and in an easy-to
take suspension for children

-- Gantricillin (acetyl)-200

'Roche.'

few institutions ran their blood hanks on low-cost, humanitarian grounds. In general, a hospital's blood bank policy depended on which school of thought it favored -the "blood-is-just-another-drug" school, or the "blood-is-part-of-ahuman-being" school.

## Enter the Red Cross

But then came World War II, and almost overnight the hospitals lost their control of the situation. The armed forces needed millions of pints of blood to treat shock and wounds on the battlefield, and the handful of hospital blood banks just were not capable of delivering that volume. So at the request of the Army and the Navy, the American Red Cross began to establish blood donor centers in 1941. Everyone knows the magnificent story of the wartime Red Cross blood centers.

More than 13,000,000 pints of blood were given freely by the American people to the Red Cross from 1941 to 1945 (and later, 6,000,000 more were donated through the Red Cross for our troops in Korea and for civilian defense against atomic attack).

But the war also opened a Pandora's box of trouble in the blood bank field. Here and there, socalled "community blood banks" sprang up, using the Red Cross technique of soliciting free contributions of blood for use in all local hospitals. Some even worked under



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In discussing sedatives, Jackson A. Smith\* in 1953 wrate: "Chloral hydrate is well tolerated either alone or in combination with other sedatives. It produces a 'physiological' sleep with a minimal amount of 'hangover.'"

Bromidia is highly recommended in insomnia, hyperexcitability of the nervous system, delirium tremens and neurotic outbursts.

DOSAGE: Separific: 1 to 2 teaspoonfuls on retiring; Sedative: 1/2 to 1 teaspoonful repeated as needed.

On prescription in bottles of 4 az. or 1 pint.

## Write for samples and literature.

\* Smith, Jackson A.: Methods of treatment of Delirium Tremens, Journal of the American Medical Association 152:386, May, 1953.

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OCCY-CRYSTINE LABORATORY
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### BLOOD BANKS

contract to the Red Cross in collecting blood for defense.

Then medical officers came backfrom the wars convinced of bloods value as a lifesaver in shock, accedent and hemorrhage cases. They too, pushed the development of blood banks in their home towns. The development, unfortunately, followed the patterns already laid down in their localities, so blood banks of all varieties mushroomed helter-skelter, each following it own methods of collecting and distributing blood.

## **An Urgent Appeal**

The final contribution to the chaos came in 1947, when the Red Cross asked a commission of 50 prominent physicians to study the national blood bank situation. The doctors reported that many communities had little or no blood for civilian use-that thousands of Americans were dying unnecessarily each year for lack of blood. They urged the Red Cross to re-establish the blood-banking facilities it had operated so successfully during the war. The Red Cross agreed to go into the civilian blood business, but only in communities where no other adequate blood banks existed, and only where the local medical society approved.

On January 12, 1948, the Red Cross opened the first of 44 so-called Regional Blood Centers, each located in a major city but serving doctors and hospitals in a large sur-

# A New Cough Preparation little patients really like—

(and its high gastric tolerance repays their confidence!)

Vicks Medi-trating Cough Syrup is a new non-narcotic cough mixture with specialized characteristics designed to produce relief of coughs of colds by two mechanisms. It works direct by coating and soothing the irritated membranes to relieve coughs originating in the throat area. Containing Cetamium (Vick brand of cetylpyridinium chloride), the mixture has increased spreading and penetrating properties which enhance its local antitussive action.

Containing two effective expectorants—ammonium chloride and sodium citrate—it produces rapid non-irritating action. It has a high degree of gastric tolerance and palatability which makes it acceptable to both adults and children.

Active Ingredients: Sodium Citrate, Ammonium Chloride, Glycerin, Cetamium (Vick brand of cetylpyridinium chloride) in a pleasantly flavored syrup containing Eucalyptus, Menthol, Camphor, and other Vick aromatics.

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h lorving rounding area. That's when the howls began to go up from some of the private blood banks. For, though arrangements vary in different communities, the Red Cross insists on two basic principles: That blood be furnished only on a one-for-one replacement basis, and that the patient receive the blood without charge.

This is not "free" blood because the costs are borne by the American public through their regular contributions to the Red Cross. Nevertheless, some doctors running local blood banks sent up the cry of "socialism" and began their attempts to force the Red Cross out of the blood business. In most communities, however, there was harmony. There are places today where the program

is running so smoothly that doctors and lay people alike were amazed to learn from me that there is controversy and bitterness in other parts of the country.

Rochester, N. Y., for example, provides a picture of hope for the rest of the nation. In 1947, every hospital in Rochester had its own blood bank, but the blood was expensive and the supplies were limited. In the rural areas, there was virtually no blood at all. One of Rochester's distinguished physicians, Dr. Albert D. Kaiser, says, "I remember case after case where people died because the right kind of blood wasn't available at the right time. I particularly recall one woman in Albion, N. Y., who had se-



## TUSSAR ... quiets coughs

By mild expectorant and calming action, Tussar provides 'round-the-clock control of even obstinate, hacking coughs.

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Citric Acid, U.S.P 2 gr.
Prophenpyridamine Maleate
(10 mg./tensp., 5 oc. medicinal)
Chloroform, U.S.P2 minime
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Flavor, sweetening, aroma, vehicle.
If desired, either ammonium chloride, potassium iodide, or ephed-
rine can be added to Tusser. Supplied in 16 oz. and 1 gal. bottles.

THE ARMOUR LABORATORIES

ELECTRON PHOTOMICROGRAPH

## Diplococcus fineumoniae 35,000 x

Diplococcus pneumoniae (Streptococcus pneumoniae) is a Gram-positive organism commonly involved in

lobar—and bronchopneumonia • chronic bronchitis • mastoiditis sinusitis • otitis media • and meningitis.

It is another of the more than 30 organisms susceptible to

## PANMYCIN

100 mg. and 250 mg. capsules

STRADEMARK, REG. U. S. PAT. OFF.

Upjohn

ctors ed to ntrots of ple, the very OWD exlimwas e of ysinere aind ight WOsevere hemorrhaging one night in childbirth. They didn't have any blood available in the nearby hospitals. We had to send 40 miles for a technician to test the blood of donors, and we didn't get blood until 6:00 A.M. By that time it was too late. The woman had died."

In 1946, all the hospitals of the 12-county Rochester area banded together into a Regional Council and Dr. Kaiser was asked to investigate the medical needs of the group. He says, "Every hospital outside of Rochester itself told me, 'Give us blood. We can't afford to run blood banks or to hire technicians, but we need blood badly.'

"Doctors returning from the service added to the clamor. Among

them was Dr. Herbert R. Brown, Jr., the Navy commander whose blood bank on Guam saved thousands of lives in the Iwo Jima and Okinawa invasions. He suggested the same kind of central blood bank that he had run in the Pacific.

"It was then that the Red Cross stepped in. They offered to finance and run a Regional Blood Center here, provided they got the concurrence of the local medical societies and hospitals. They got that concurrence. The co-operation was complete and none of us has regretted it since."

This Ribo Hick Pyris H Vita Folia Pan Ase

Today, the Regional Blood Center in Rochester serves 43 hospitals in an area of 5,000 square miles. Every person who lives in that area

**NEW...**SUSPENSION

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## THE ORAL PENICILLIN OF CHOICE

REMANDEN is singularly effective in pneumococcal, staphylococcal, streptococcal and certain gonococcal infections and wherever secondary infection threatens. Valuable in rheumatic fever prophylaxis and in fulminating infections as an adjunct to parenteral penicillin. Sensitivity reactions by the oral route are fewer than with injected penicillin.



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## Mrs. Boiler

## is a Vitamin Spoiler

Each finy DAYALET contains:

Viamin A... 10,000 U.S.P. units (synthetic)
Vitamin D... 1,000 U.S.P. units (viosterol)

Ibiamine Monomitrate... 5 mg. fiboflavin... 5 mg. fiboflavin... 5 mg. fiboflavin... 5 mg. priduaine
Hydrochloride... 1.5 mg. Vitamin B12... 2 mcg. Falc Acid... 0.1 mg. Patesthenic Acid... 5 mg. Aussetsic Acid... 100 mg.

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tivity fewer Overcooked meals . . . undernourished family. When precious vitamins go down the drain, it's time for a change of cooking habits—and a potent multiple-vitamin supplement. Dayalets are rich in A, D, and the water-soluble B-complex and C vitamins. All this in an easy-to-take tablet that's smaller than a Spanish peanut. Prescribe Dayalets for your "Mrs. Boilers" (and their families).

Dayalets°



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5 reasons why

### 1 UNEXCELLED ANTIBIOTIC SPECTRUM

'llotycin' is effective against over 80 percent of all bacterial infections; yet the bacterial balance of the intestine is not significantly disturbed.

### 2 NOTABLY SAFE

No allergic reactions to 'llotycin' have been reported in the literature. Staphylococcus enteritis, anorectal compilications, moniliasis, and avitaminosis have not been encountered.

### **3 KILLS PATHOGENS**

'llotycin' is bactericidal in generally prescribed dosages.

### 4 CHEMICALLY DIFFERENT

Virtually no gram-positive pathogens are inherently resistant to 'llotycin'—even when resistant to other antibiotics.

### 5 ACTS QUICKLY

Acute infections yield rapidly.

Available in tablets, pediatric suspension, and I.V. ampoules.

Average adult dose: 200 mg. every four to

six hours.



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gets all the Red Cross blood he needs, without charge. The blood is provided by voluntary contributions of the citizens of the area and they have never failed to meet their quota.

How do Rochester's doctors and hospital officials feel about the Red Cross blood center? Dr. Frederick W. Bush, president of Rochester's Monroe County Medical Society, says, "In the light of its performance, how can I do anything but endorse the program as it operates here in Rochester?"

Joseph Henry, executive director of the Rochester Regional Hospital Council, told me, "The attitude of the hospitals is that the Red Cross blood center is the best thing to come down the pike."

Dr. Kaiser, who has held every position and won every honor in the local medical society, declared, "If we ever go back to the old commercial blood bank basis, the people would be furious and the doctors would suffer."

## 'It's Wonderful'

I spoke with Mrs. Dorothy White, a nurse who used to run the profitable private blood bank at Rochester General Hospital, and she said, "In the old days we had to keep searching for donors—often in the middle of the night. It was a difficult, nerveracking business and I'm glad to be rid of it. The new system is wonderful. Now I just open the refrigerator. It is always kept stacked with all

possible blood types by the Red Cross."

The Rochester experience is not unusual. I heard similar stories at other Red Cross blood centers and in cities like San Francisco, Milwaukee and Minneapolis, where there are fine central blood banks that are run without profit by civicminded residents of the community.

In many areas, however, the picture is not so bright. In Chicago, for example, there is no central blood bank and the Red Cross has not been allowed into the city by the medical society, except to collect defense blood in wartime. The local medical society feels that there is enough blood for civilians and that



"Psychology Magazine . . . Who do you think is calling, please?"

overcharges and other abuses are not their concern.

There are more than 50 private blood banks in Chicago, each operating in a different way. One of the main sources of supply is from the men along West Madison Street, Chicago's skid row. Fees to patients range from \$7.50 to \$100 a pint, with replacement rates varying from a one-pint-for-one to a four-pintsfor-one basis. If a citizen of Chicago wants to contribute a pint of blood for defense today, he must travel 50 miles to one of the Bloodmobiles operating from the Red Cross Regional Blood Centers at Peoria, Ill. or Madison, Wis.

In Houston, so much rancor was stirred up by the fight between the Red Cross and the Harris County Medical Society that the city lagged behind in blood collections for our troops in Korea and for civil defense. Houston's doctors abrogated their agreement with the Red Cross, charging (in addition to the "socialism" accusation) that the Red Cross was taking too much time to open its blood center. Instead, they signed a contract with Southwest Bloodbanks, Inc., which operates out of Phoenix, Ariz.

The executive director of Southwest Bloodbanks, Inc., is W. Quinn Jordan, a former worker in the Arizona State Welfare Department, who was appointed in 1946 to investigate the failing Salt River Valley Blood Bank, run by the Maricopa



# FOR HARD, DRY STOOLS OF Constipated Babies Borcherdt

# MALT SOUP

A gentle laxative modifier of milk. Just 1 or 2 tablespoonfuls in day's formula softens stools, usually overnight. Safe and easy to use.

## GOOD FOR GRANDMA, TOO!

For thin, under-par older patients, acts as nutritional malt laxative. Softens stools without side effects by promoting aciduric flora. Grain extractives and potassium ions contribute to the gentle laxative effect. Dose: 2 Tbs. A.M. and bedtime for several days until stools are soft, then 1 or 2 Tbs. at bedtime to maintain regularity.

Samples and literature on request

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16 oz. bottles.

ELECTRON PHOTONICROGRAP

## Staphylococcus aureus 35,000 x

Staphylococcus aureus (Micrococcus pyogenes var. aureus) is a Gram-positive organism commonly involved in a great variety of pathologic conditions, including

pyoderma • abscesses • empyema • otitis • sinusitis septicemia • bronchopneumonia • bronchiectasis tracheobronchitis • and food poisoning.

It is another of the more than 30 organisms susceptible to

## PANMYCIN

100 mg. and 250 mg. capsules

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County lagged or our efense. their Cross. social Cross o open signed Bloodout of South-Quinn e Arizt, who nvesti-Valley ricopa County Medical Society in Phoenix. During his investigation, Jordan became so interested in the possibilities of blood-banking that he decided to take over management of the Salt River Valley establishment. In a short time, he had built up a thriving enterprise serving 4,000,000 people in eastern California, Arizona, southern Nevada, New Mexico, Texas, Louisiana and northern Mexico.

Mr. Jordan runs an efficient, ethical outfit, but it cannot live up to the A.M.A. principle against trafficking in human blood because it purchases much of its blood from downand-outers and charges patients \$20 a pint if they do not replace on a two-pints-for-one basis. The Hou-

ston Post wrote that the Southwest bank is "merely a facility for the buying, processing and selling of blood"; and the ultraconservative Houston Chronicle declared that while most people are opposed to socialism, they also are tired of paying usurious prices for blood and that it would seem that the Southwest Bloodbank's rates are "still rather steep for persons of moderate means."

New York City has an equally confused situation. There are Red Cross blood centers in Manhattan, the Bronx and Brooklyn, but they do not provide coverage to everybody, as in Rochester. The local medical societies will permit them to collect blood only for defense, for the city

**TABLETS** 

## Remanden.

extends the scope of penicillin therapy

## ENHANCES AND PROLONGS THE ACTION OF PENICIUM

REMANDEN "increases penicillemia by 2 to 10 times and infections ordinarily regarded as untreatable with penicillin have been successfully managed." 1

SHARP DOHME

Philadelphia 1, Pa.
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Reference: 1. A.M.A. Exhibit, June 1951.

- 236

MEDICAL ECONOMICS DECEMBER 1954

# To the doctor who wants to avoid financial headaches

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PLAN

RECOGNIZES YOUR UNUSUAL PROBLEMS, PROVIDES AN UNUSUAL SOLUTION

All through his career, the doctor has financial problems that other business and professional men seldom face.

### AS HE STARTS HIS CAREER ...

How can the young doctor or intern with his modest income make certain that his family will be protected and that debts incurred in securing his training will be paid? No one knows better than the doctor that death and illness are constant hazards—and he has no company insurance or benefits to soften the blow.

#### AS HE BECOMES SUCCESSFUL ...

When his practice is established, the doctor can count on a peak income for a far more limited number of years than his friends in the business world. And when his income is highest—so are his taxes—making it more difficult to save for the future.

#### AS HE APPROACHES OLD AGE ...

At 55, 60 or 65, most of the doctor's business friends can count on comfortable retirement from company pension plans and Social Security—benefits not available to the doctor. In addition, his friends have had more opportunities to make carefully selected profitable investments.

### AT ANY PERIOD OF YOUR CAREER, AN "MD" PLAN IS YOUR BEST SOLUTION

Through its 110 years of experience in serving doctors, Mutual Benefit Life has developed the "MD" Plan for doctors only.

With it, the young doctor or intern can get the protection he needs in keeping with his income.

With it, the established doctor can eliminate his investment worries and create a sound estate.

And with it, the older doctor can acquire the security he desires.

### EACH "MD" PLAN IS INDIVIDUALLY PREPARED

And because it is designed for you and you alone, you'll want the details directly from your own Mutual Benefit Life man. If you'll ask your nurse to drop us a line, we'll have him get in touch with you to arrange an interview that's mutually convenient.

THE

## MUTUAL BENEFIT

LIFE

ORGANIZED IN 1848 300 BROADWAY, NEWARK, N. J. hospitals and for indigent city patients in private hospitals.

As an afterthought, the county societies also allowed the Red Cross to set up a "credit system," whereby employee groups and other organizations can contribute blood to the Red Cross, against which any member of the group can draw whenever blood is needed. Some of New York's private blood banks have credit systems, too, but they operate on a two-pints-for-one basis. In other words, you have to contribute two pints of blood in advance in order to get one when you need it. If you have no credits, you can be charged fantastic prices for blood in New York City.

The Blood Banks Association of

New York State, a voluntary clearinghouse for blood organizations has become very sensitive about public reaction to charges of blood profiteering; recently it came up with a new "assurance plan." Under this plan, if you contribute one pint of blood, you or any member of your immediate family can each get four pints of blood for one year, if you need it. The trouble is that only a small percentage of the contributors will ever need it, and some probing New York newspapermen figured out that there was a mathematical certainty of a tremendous surplus, which could be sold by the blood banks at a profit of several million dollars.

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When this aspect of the program

DOCTOR WHY SHOULD YOU PRESCRIBE AND RECOMMEND THE NION CALCICAP LINE

- Perhaps it's because you like the formula. Dicalcium Phosphate. 290 mg. 190 mg. Calcium Gluconate. Vitamin D (Ir. Yeast) 375 USP Units
- Perhaps it's because you like the low patient cost.
- Perhaps it's because patient acceptance assures that your medication is actually taken.
  - For whatever reason, -please continue using the Calcicap line.
  - If you haven't started using our Calcicap line, write for samples and literature.

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was disclosed, Dr. William M. Marlel of the Red Cross promptly resigned from the association's board of directors. In an exchange of letters with the association, Dr. David N. W. Grant, medical director of the American National Red Cross, wrote:

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"As the program of the association developed, we have been concerned about some of the actions taken by it and its representatives. We are particularly concerned about the association that contemplates selling a large percentage of the blood collected, while nowhere in the brochure of the association is this fact given to the public."

But the antagonists in blood

feuds are not always the doctors and the Red Cross. Often the feuding involves doctors versus doctors, or doctors versus hospitals. In Miami, for example, some hospitals revolted against the excellent doctor-run Dade County Blood Bank in 1952 and established their own blood facilities.

### **Doctor Gives Reason**

When asked for the reason, one of Miami's most prominent physicians told Miami Herald associate editor John Pennekamp, "The hospitals had to pay the blood bank each month for the blood they used. As the use of blood became more general, these checks became larger. So they decided to go into the blood

CHOLOGESTIN, the Choleretic and Cholagogue for Chronic Constipation, Cholecystitis,

Cholelithiasis and Catarrhal Cholangitis

There you have the story of salicylated bile salts in brief. Dosage, 1 tablespoonful CHOLO-GESTIN or 3 TABLO-GESTIN Tablets in cold water after meals.

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Please send me free sample of TABLOGESTIN together with liter	rature on CHOLOGESTIN.
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# old "Skin and Bones" ...who always looks

You feel sure old "Skinamalink" is cheating on your prescription—otherwise he'd put on pounds.

You can't stand over him with a spoon, but you can "outfox" him with a taste—and that's Sustinex.

Sustinex owes its success not only to its potent B complex content—but to its distinctive cola-flavor—it's that delicious taste which keeps them taking Sustinex day-in-and-day-out.

Sustinex does its job by keeping the patient on his prescribed dietary regimen, thus together they build up his nutritional state.

It's delicious taken direct from the spoon. Samples on request to prove it.

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"Wheel chair shyness" often fades into a healthy will to try when the patient gets into a modern E & J chair. For comfort, handling ease, safety and beauty, you can recommend no finer chair than E & J.



EVEREST & JENNINGS, INC.

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### BLOOD BANKS

bank business and thus retain for themselves some of the checks they were paying out."

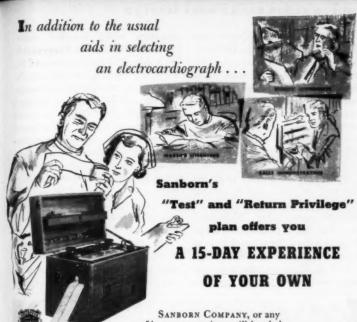
What has been the reaction to such behavior? Some of it has been very costly for the nation. The federal government knows that vast quanities of blood plasma and blood derivatives must be stockpiled to save lives in the event of an atomic or H-bomb attack. Unless these blood products are available to fight shock and replace lost blood, millions of Americans will lose their lives during the first days of any new war.

### **Donations Fall Off**

The Red Cross (with the help of a few private blood banks under contract to it) is the only agency authorized to collect blood for defense. The government reports that blood donations are falling off. Why? Partly, it seems certain, because many people think that all blood banks are operated by the Red Cross, and when they hear of unscrupulousness by private blood bank owners they think the Red Cross is trafficking in their blood. Nothing could be further from the truth, but several people told me they had stopped contributing blood for defense "because the Red Cross sells blood."

The Red Cross, on its part, is weary of the bickering and the innuendoes, and would, where feasible, like to have other organizations take over.

[MORE-)



of its representatives, will be glad
to furnish you with a list of Viso-Cardiette
owners in your city, or area, so that you
may ask them about their experiences with the Viso.
We also invite you to ask us for completely descriptive literature
on the Viso. And, if you are located in one of the thirty
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a demonstration in your office. These are the customarily
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conveniences.
Descriptive literature
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However, exclusive with Sanborn is a "direct-to-user" policy which offers any physician or hospital added benefits in Ecc ownership. Among these is the opportunity to use a Viso Cardiette as your own, for 15 days, and without obligation of any kind. (If, at the end of the test period, you don't like the Viso, you simply return it to us in its convenient, specially designed shipping carton.)

Thus, to the usual aids in judging and selecting an Ecg, Sanborn lets you add *your own experience*. May we tell you more about this plan?



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### SHOULD BLOOD BANKS MAKE MONEY?

Even the most rabid opponents of the Red Cross agree, however, that no one else can muster the vast army of volunteers necessary to do the blood-recuiting job for a national emergency—or to supply civilian blood in widespread areas that can't possibly be covered by private blood banks.

### An Irate Congressman

The wrangling and the profiteering and the skid row operations have not done the medical profession any good, either. There is a mounting tide of public indignation. Typical is the indignation of Republican Congressman Robert B. Chiperfield of Illinois, whose wife was taken to a hospital in Chicago for an

operation which required many blood transfusions. The Chiperfields are residents of the area covered by the Red Cross Regional Blood Center in Peoria, and so are entitled to Red Cross blood without charge. The hospital in Chicago accepted seven pints of the Red Cross blood to replace the seven pints administered to Mrs. Chiperfield—but then they billed the congressman for seven pints more, at forty dollars a pint.

Representative Chiperfield hit the ceiling. He wrote furious letters and spoke out against trafficking in blood. He considered blocking public grants to the hospital. The hospital eventually refunded his \$280. But think of the lasting bitterness



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MEDICAL ECONOMICS DECEMBER 1954

# THORAZINE\*

to stop intractable hiccups

'Thorazine' stopped hiccups (often after the first dose) in 56 out of 62 patients in seven different studies.

Excerpts from two studies:

"Thorazine' stopped hiccups in 8 out of 10 patients. In 6 patients, "the hiccups were arrested within 20 minutes" after the first dose of 'Thorazine', in 2 other patients after the second dose. "Most of the commonly available remedies for hiccups had been tried before ['Thorazine'] was administered to these patients."

(Moyer et al.: Am. J. M. Sc. 228:174, Aug., 1954.)

'Thorazine' "stopped hiccup in five of seven patients treated and partially controlled it in the other two." (Stewart and Redecker: California Med. 81:203, Sept., 1954.)

Available in 10 mg., 25 mg. and 50 mg. tablets; 25 mg. ampuls (1 cc.) and 50 mg. ampuls (2 cc.).

Smith, Kline & French Laboratories, Philadelphia 1

★Trademark for S.K.F.'s brand of chlorpromazine hydrochloride. Chemically it is 10-(3-dimethylaminopropyl)-2-chlorphenothiazine hydrochloride.

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that similar actions have engendered in people who do not have the retaliatory power of a congressman.

### The A.M.A. Plan

Is there any hope of ending the bitterness and making some order out of the blood bank chaos? Fortunately, some of our wiser medical heads have stepped in to end the confusion. In June, 1953, Dr. Robert Lee Dennis of San Jose, Calif., proposed to the House of Delegates of the A.M.A. "the establishment of a co-ordinated national blood bank program organized by the American National Red Cross and other qualified organizations interested in blood-banking."

The resolution passed, and led to meetings among representatives of the A.M.A., the Red Cross, the American Hospital Association, the American Association of Blood Banks and the American Society of Clinical Pathologists. A plan for a National Blood Foundation was agreed upon and approved in principle by all five organizations this year.

The goals of the foundation plan include: (1) free exchange of blood among all members on a one-unit-for-one basis, (2) elimination of profiteering, with only a service charge to the patient based on the actual costs of collecting, processing and distributing the blood and (3) a system of accreditation and in-

TABLETS

# Remanden.

extends the scope of penicillin therapy

### SIMPLE TO ADMINISTER-PLEASANT TO TAKE

REMANDEN can save you time and frequent house calls. You can use it to supplement your intramuscular injections, or it may be used alone. Patients take it gratefully, either as

Tablets of REMANDEN or as pleasanttasting Suspension of REMANDEN.



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"This system has saved me more time -and more money—than any improvement in procedures that's come along lately."

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### SHOULD BLOOD BANKS MAKE MONEY?

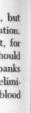
spection, with all member blood banks required to meet health standards fixed by the government's National Institutes of Health, and ethical standards which are basically those of the A.M.A.

I discussed the proposed foundation with Dr. Paul Wermer of the A.M.A. He said: "It simply means that the Red Cross and the private blood banks can work side by side in a national network that will supply the needs of all the people. Since needs vary from community to community, the local medical, hospital and blood-banking groups will decide what type of banks they want, but for the first time there will be standardization through an allimportant accreditation feature. "We have no police power, but we'll rely on public co-operation. We'll make people aware that, for their own protection, they should insist on accredited blood banks only. In that way, we should eliminate most of the abuses in the blood field today.

"The A.M.A.'s essential interest is providing enough safe blood at the lowest possible cost to our patients. This plan is the best method of achieving that objective."

Will the new Blood Foundation become a reality? It's still touch and go whether it will. Only one thing is certain: if the plan doesn't go through, you and I and our children will be paying blood money for years to come.





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# us POST-DIET PLAN

80% fail to sustain weight loss after the diet.\*

Just one AM PLUS capsule daily: before the day's "big" meal, before a club lunch or dinner, at snack time or whenever the patient finds temptation greatest.

AM PLUS is dextro-amphetamine plus 19 important vitamins and minerals. It helps rehabilitate postdieting habits while augmenting nutritional intake.

\*Aaron, H.: Weight Control, Consumer Reports 17:100 (Feb.) 1952,



Chicago 11, Illinois

## Jottings From A Doctor's Notebook

By Martin O. Gannett, M.D.

 Dr. Bernard Fuchs, he of the curly locks, the flamboyant eyebrows, and overbearing manner, was never the man to value his attentions cheaply.

"But, Dr. Fuchs," remonstrates Patient Yarrow, taken aback by the bill, "so much for seeing me at the hospital two weeks? You only drop in for a few minutes and tell a couple of stories. Your jokes are terrible."

"Quite right, my boy. All part of my plan of treatment. Those jokes I tell give you new will to get well so you can get away from here quickly. Saves you money in the end."

In the case of Gene Gessemer, the laboratory confused where it meant to clarify. The ascitic fluid was reported as containing: "Peritoneal implants, apparently from papillary cystadenoma of the ovary."

From the clinical standpoint, this didn't fit in with the hair on Gene's chest. And at laparotomy, only tuberculous peritonitis flourished where ovaries should have been.

After two patients in succession had died in N224, the room became the "funeral parlor," and no patient on N2 would stay in it. Each new admission was promptly appraised of the "hant" and it soon became evident that 224 was destined to become a linen room unless its reputation could be restored.

"Before we cut our capacity," suggested Superintendent Mellen, "why don't we plant some ambulant patient now

he first oral liquid penicillin therapy...

with an antihistamine · enhanced by an antipyretic

### CORICIDIN with Penicillin

all infections responsive to oral penicillin

· reduces risk of common sensitivity reactions

· controls fever



CORICIDIN® with Penicillin Soluble Powder, 60 cc. bottles to which water is added at the tim of dispensing.

Each teaspoonful (5 ec.)

of the prepared solution, in a cherry-flavored liquid that appeals to young and old alike, contains: Penicillin G Potassium / 250,000 units

CHLOR-TRIMETON® Maleate / 2 mg. (1/30 gr.) Sodium Salicylate / 112.5 mg. (1% gr.)

and

revent cold complications, relieve symptoms

CORICIDIN with Penicillin (tablets)

Bottles of 24 and 100,



### JOTTINGS FROM A DOCTOR'S NOTE BOOK

about to be discharged in this room, let him stay two or three days, and break the jinx?"

So it was. John Lithberg, eight days post-herniorrhaphy and ambulant, became the new inmate of 224, after being transferred from the surgical ward. Early the following morning, when the nurse peeked in on her rounds, she found Mr. Lithberg peacefully dead in bed.

At autopsy, the pelvic phlebitis and massive pulmonary embolus provided sufficient explanation for the castastrophe. But just the same, nothing more mortal now dwells in 224 than towels and bed sheets.

That progressive specialization in medicine has caught on with the

public, can no longer be doubted:

Mrs. Schreiber, frantic with angiety, bursts into the clinic, pulling after her a frightened and bawling four-year-old.

"Nurse!" she pants, "Where's the orthopedic doctor? Quick, show me to the bone specialist right away."

"But what's happened? Tell me what's wrong."

"Don't stand there; don't ask me. Please, before it's too late where's the orthopedic doctor? My Frankie just swallowed a fishbone."

On the far corner of the windowledge for the past two years, a robin family has been keeping house. For a week now, the nest has been home to four newly hatched fledglings-

**TABLETS** 

# Remanden.

extends the scope of penicillin therapy

### GIVES BETTER PLASMA PENICILLIN LEVELS— BOTH PEAK-WISE AND DURATION-WISE

Clinical investigations now prove that when REMANDEN is administered the plasma penicillin levels are (1) comparable to those obtained with intramuscular penicillin<sup>1</sup> and (2) superior to those obtained with other oral penicillin preparations.<sup>2</sup>



Philadelphia 1, Pa.
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References: 1. Antibiotics & Chemotherapy 2:55, 1952. 2. Scientific Exhibit, Norristown State Hospital. Data to be published.

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MEDICAL ECONÓMICS · DECEMBER 1954

# at your service, Doctor

- are information and data to keep you posted on the latest developments in the detection and treatment of cancer.

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"Cancer—A Journal of the American Cancer Society"—a bimonthly devoted to articles, with bibliographies, by leading cancer authorities . . .

Item

Monograph Series—published about twice yearly, and focussed on the early recognition of cancers of specific body sites . . .

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Bibliography Service—the library of the American Cancer Society will prepare, upon request, source material listings on specified subjects . . .

ltem

"Cancer Current Literature"—an index to articles on neoplastic diseases from American and foreign journals . . .

Item

Professional Films—a series of 30 one-hour color kinescopes of television teaching conferences presented by leading clinicians in the cancer field; plus about 150 films on cancer diagnosis, detection and treatment, available on loan . . .

Item

Slide Sets—2x2 kodachrome slide sets dealing with early malignant lesions, available on loan.

for information about these and other materials, write your state Division of the

American Cancer Society



., INC.

### JOTTINGS FROM A DOCTOR'S NOTEBOOK

pulsing globules of protoplasm, all mouth.

Three of these, at the first chirp of mother, open their gullets to the sky for whatever may drop in. The fourth does not; at intervals the mother must peck baby's beak with her own, to induce it to open and receive some tidbit.

To pediatricians beset with the problem of babies who won't eat, I offer this avian neurosis as a consoling instance of the universality of the disease.

From the armchair Hippocrates:

I saw today one thing that distinguishes Interne Billings from his chief, Livingstone. The young fellow washes his hands carefully after

examining the patient, the older man before.

Not every charity patient accept our city's tender mercies with equal grace. A particularly cynical beneficiary was Mrs. Nolti, a remarkably multiparous lady, whose last accouchement was attended at her home by Interne Clements.

Two days after the event, when Dr. Clements dropped in to see how the lady was getting on, he found her holding an ice bag to her bosom.

"Are you having trouble with your breasts?" he asked.

"Oh, no!" quoth the lady, with elaborate sarcasm. "No trouble. I only do this to keep the milk fresh."

EN

Appreciated in the sick room

 The thorough cleansing action of Lavoris and its pleasant, refreshing taste are most welcome to the patient.

THE LAVORIS COMPANY · Minneapolis, Minn

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MEDICAL ECONOMICS DECEMBER 1954

A PRODUCT OF MERIT FOR 50 older accepts n equal l benearkably last acat her , when ee how found bosom. a new word in medical practice. e with , with uble. I fresh." END

It's a new long-acting agent for the prevention and treatment of nausea and vomiting, associated with all forms of motion sickness, radiation therapy, vestibular and labyrinthine disturbances, and Ménière's syndrome.

**WTRADEMARK** 

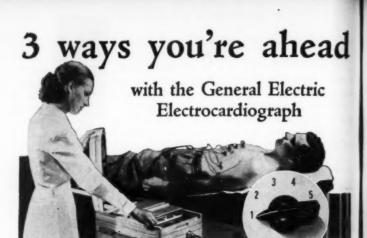
HCI

Side effects, so often associated with the use of earlier remedies, are minimal with Bonamine. Its duration of action is so prolonged that often a single daily dose is sufficient. Bonamine is supplied in scored, tasteless 25 mg, tablets, boxes of eight individually foil-wrapped and bottles of 100.

BRAND OF MECLIZINE HYDROCHLORIDE



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♠ Exclusive switch selection for simpler, faster recordings Without changing electrodes, you can take up to 30 leads, including six chest positions. Once the patient electrodes are in place, you can take leads 1, 2, 3, aVR, aVL, aVF, and the 1 to 6 positions at V, CR, CL and CF by merely turning selector switches.

New paper drive for easier loading, greater accuracy

Using a new type of roller and a synchronous motor, General Electric assures uniform paper speed for accurate measurement of conduction times.

Loading is simple — nothing to disassemble. Just flip open hinged door . . . place paper roll on spindle . . . . thread through simple guides . . . and snap unit back in place. All in a few seconds.

3 New cabinet design for easier operation and carrying, added safety

Dual hinged covers open at a touch, making recessed controls immediately accessible. Cover supports no weight when unit is carried—handle attaches to main case. For all the facts on the DWB Cardioscribe, see your G-E x-ray representative. Or write X-Ray Dept., General Electric Co., Milwaukee 1, Wis., for Pub. C-125

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News Tells patients what to look for in a family doctor • M.D.s try out new international language • Formula for office rents • Appeals expulsion from medical society • Medical schools urged to speed up training

### Urges Salaries for All Industrial Doctors

Most doctors who work for industry part-time apparently prefer to do so on a fee-for-service basis. But they ought to be on salary—for their own good as well as for the good of the company—maintains L. E. Newman, manager of health and safety services for the General Electric Company.

His argument: The fee-for-service man has no real stake in accident prevention or low employe turnover. lastead, his "compensation goes up in proportion to the plant's troubles": The higher the accident rate, the larger his fee; the greater the turnover, the more pre-employment physicals he gives.

This is bad for all concerned, says Newman. For one thing, he suggests, it's unreasonable: "Other members of management expect to be paid in proportion to the plant's successes rather than its failures. Then why not have the doctor paid on [the] basis... that the better in-

dustrial health he brings a business the higher his earnings? In other words, pay him better for his ounce of prevention than for his pound of cure."

The General Electric official insists that management wouldn't be the sole gainer under a blanket salary arrangement. "From the doctor's standpoint," he says, "the retainer fee, or salary, provides a dependable source of income." What's more, he adds, the salaried M.D. with most companies can take advantage of employe pension plans, special stock purchase plans, and low-cost group life insurance plans.

### Cites G.P. Leadership In County Societies

G.P.s are playing an increasingly important role in the affairs of medical societies, notes Dr. Merlin L. Newkirk. "A few years ago most... societies were dominated by specialists," he says; but "since the formation of the [G.P.s'] Academy, general practitioners are showing a

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# Rauwiloid

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Serves Better

So Easy, too ...

merely two 2 mg. tablets at bedtimel Because... Rauwiloid is not the crude rauwolfia root. Although Rauwiloid represents the total hypotensive activity of the pure whole Rauwolfia serpentina (Benth.) root, it is freed from the inert dross of the whole root and its undesirable substances such as yohimbine-type alkaloids.

Because... Rauwiloid is not merely a single contained alkaloid of rauwolfia. Reserpine—regardless of the brand name under which it is marketed—is only one of the desirable alkaloids in Rauwiloid, and therefore cannot provide the balanced action of the several alkaloids in Rauwiloid.

Because... Rauwiloid contains, besides reserpine, other active alkaloids, such as rescinnamine, reported to be more potent than reserpine.

Because... Rauwiloid is the original alseroxylon fraction of unadulterated rauwolfia—rauwolfia in its optimal form—virtually no side actions—even fewer than other rauwolfia preparations—and there are no known contraindications. It rarely needs upward dosage adjustment.



iker LABORATORIES, INC., LOS ANGELES 48, CALIF.

much greater tendency to assume responsibility." As evidence, he points out that California alone has seventeen G.P.s. currently "serving as county society presidents."

Dr. Newkirk heads the California-Western Academy of General Practice; so he's naturally pleased with this changing state of affairs. In the academy's monthly bulletin, however, he warns his fellow G.P.s not to go overboard in supporting their colleagues for office:

"Too many times we have heard: 'I know Harry's not much good; but, after all, he's the only general practitioner running.' Voting for a general practitioner under these circumstances is a tragic mistake—first, because he won't be doing the best

possible job that could be done; and, second, because he may hurt the chances of a really qualified general practitioner getting elected to office in a following year."

Before supporting a man, he counsels, make sure that his qualifications are such that you would vote for him "even if he were a specialist."

### One Way Out?

In answer to numerous complaints from patients, the British Medical Association is clamping down on doctors who maintain drab offices and drafty waiting rooms. It recently notified its membership of an impending inspection of all offices. If

**NEW...SUSPENSION** 

# Remanden.

extends the scope of penicillin therapy

### SIMPLE TO ADMINISTER-PLEASANT TO TAKE

REMANDEN can save you time and frequent house calls. You can use it to supplement your intramuscular injections, or it may be used alone. Patients take it gratefully, either as

Tablets of REMANDEN or as pleasanttasting Suspension of REMANDEN.



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# The High Protein Diet fits any budget!

Getting enough high-quality protein in your patient's diet need not be expensive. It is often a matter of reinforcing meat protein with other protein foods.

### Mix a protein bonus in the main dishes -

Your patient can add skim milk powder to meat loaf—then hide hard-cooked eggs inside for a bright-eyed surprise.

An omelet folded over penny-sliced frankfurters, ground cooked meat, or flaked fish is both tempting and economical.

And a green salad can be topped generously with shoestrings of meat and cheese.

### Then add more to the rest of the meal-

Cottage cheese is happily versatile. It tops any salad; makes a pleasing spread—especially on dark breads; or thinned with milk and mixed with chili sauce, it's a zesty salad dressing.

An egg white or gelatin whipped into fruit juice makes a frothy flip.

And a fruit-cheese dessert is a gourmet's delight. Pears go with blue cheese, apples with Camembert, orange sections with cream or cotrage cheese.

Of course, not all protein foods supply all the amino acids. But with sufficient variety, the diet is likely to supply all the essential ones, and at the same time assure adequate amounts of the vitamins necessary for proper protein metabolism.





### **United States Brewers Foundation**

Beer-America's Beverage of Moderation

Protein 0.8 Gm., Calories 104/8 oz. glass\*

If you'd like reprints for your patients, please write United States Brewers Foundation, 335 Fifth Avenue, New York 17, N.Y.

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If you could "take apart" a droplet of KONDREMUL mineral oil emulsion...



# ...you would find it

each microscopic oil globule is encased in a tough, indigestible film of Irish moss for perfect emulsification and complete mixing with the stool.

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### for chronic constipation

KONDREMUL Plain—containing 55% mineral oil, bottles of 1 pt.

Also available: KONDREMUL With Cascara (0.66 Gm. per tablespoon), bottles of 14 fl. oz., KONDREMUL With Phenolphthalein (0.13 Gm. per tablespoon), bottles of 1 pt.

highly penetrant...highly demulcent... highly palatable—no danger of oil leakage or interference with absorption of nutrients when taken as directed

THE E.L. PATCH COMPANY

262

any are found too cold or too dreary, warns the association, the offending M.D. will be subject to expulsion from the National Health Service.

### Tells Patients How to Pick a Doctor

The layman in search of a family doctor will do better to go to a solo practitioner than to a large group clinic, advises Changing Times, The Kiplinger Magazine. Such clinics, it tells its readers, "have difficulty establishing close doctor-patient relationships in what may be an assembly-line atmosphere."

The magazine also urges the patient to:

¶ Collect as much personal data as possible about the prospective doctor. It may even be a good idea to find out "if there is derogatory information about [him] in the A.M.A. files."

¶ Try putting the chosen family physician through his paces by going to him for a thorough physical check-up. Notice whether or not he "leaps directly into an examination without taking time to talk to you and ask questions about you and your family . . . It is a good indication of his efficiency if he takes fairly copious notes . . ."

¶ Take a careful look around the doctor's office. "Clutter can be an indication of a disorderly, careless mind."

Listen to the way the doctor talks: "If he boasts or runs down

other doctors, you can be pretty sure he is not your man."

¶ Ask him frankly about his fees. Medical men "are shy about bringing the matter up . . . and are usually happy if you will broach it."

¶ Pick a physician who's neither too old nor too young: "The best family doctor is a seasoned professional man who still has enough energy to read and study."

### **Mental Health Progress**

Some convincing evidence that the nation is becoming increasingly conscious of mental health needs: Mental health expenditures by the forty-eight states now total \$560 million—a rise of some 300 per cent since 1944.

### International Language Makes Medical Debut

New tongue is heavily based on Romance languages

Medical men are currently experimenting with a new medium of communication called Interlingua. Most recent of the century's 300-odd attempts to invent—and spread—an international language, Interlingua made its principal medical debut at the recent Second World Congress of Cardiology, in Washington, D.C. There, for the first time at a large international gathering, all medical abstracts were printed in the new tongue. [MORE→

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grand of oxyletrocycline

therapeutic agent of choice

PFIZER LABORATORIES, Brooklyn 6, N.Y. Binim, Chas. Pfizer & Co., Inc.

Few of the delegates had any prior knowledge of this composite language of the Western world; but most of them said they found it fairly easy to read. It seemed, they agreed, somewhat more practical than such of its knotty predecessors as Esperanto.

Interlingua is the product of twenty-seven years of linguistic research. Its vocabulary combines all the common elements of the modern Romance languages—chiefly Spanish, French, Italian, and Portugese. For the doctor, who is generally pretty familiar with the Latin derivatives of technical terms, it's a particularly suitable international tongue. And, best of all, its grammar is extremely simple.

Here's a typical example of an Interlingual sentence in a medical paper:

"De tempore a tempore nos ha notate casos de chronic edemas cardiac que non respondeva a diureticos mercurial, a dietas a basse contento de natrium, a resinas a excambio cationic, o a combinationes de istos."

And here it is in the original English:

"Occasional cases of chronic eardiac edema failed to respond to mercurial diuretics, low sodium diets, ion exchange resins, or combinations of these."

"Such easy-to-follow translations of scientific papers," says Dr. (of philosophy) Alexander Gode, au-

TABLETS

# Remanden.

extends the scope of penicillin therapy

### THE ORAL PENICILLIN OF CHOICE

REMANDEN is singularly effective in pneumococcal, staphylococcal, streptococcal and certain gonococcal infections and wherever secondary infection threatens. Valuable in rheumatic fever prophylaxis and in fulminating infections as an adjunct to parenteral penicillin. Sensitivity reactions by the oral route are fewer than with injected penicillin.



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3 way cough control

Pyribenzamine Relieves Congestion

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Ephedrine Relaxes Bronchioles

Ammonium Chloride Liquefies Mucus

Each 4-ml. teaspoonful of Pyribenzamine Expectorant with Ephedrine contains 30 mg. Pyribenzamine citrate (equivalent to 20 mg. Pyribenzamine hydrochloride), 10 mg. ephedrine sulfate, and 80 mg. ammonium chloride; cherry-flavored.

Also available: Pyribenzamine Expectorant with Codeine and Ephedrine (above formula plus 8 mg. codeine phosphate per 4-ml. teaspoonful); peach-flavored. Both preparations in pints and gallons.

### Pyribenzamine® Expectorant

Pyribenzamine® (tripelennamine CIBA)

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To relieve the itching of dermatosis with greater safety from sensitization

### NEW TRONOTHANE®

HYDROCHLORIDE (PRAMOXINE HYDROCHLORIDE, ABBOTT)

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TERILE JELLY



DAPOUND LOTION



OPICAL SOLUTION



TRONOTHANE introduces a unique chemical structure into topical anesthesia. It is not a "caine," nor is it related to other anesthetics.

Sensitization and toxicity can be expected to be negligible, judging from their absence in over 1,220 clinical trials to date. 3,5,3,3

Yet Tronothane is prompt, effective. Use it to relieve discomfort in various itching dermatoses, anogenital pruritus, hemorrhoids, episiotomy, intubation, minor burns, etc.

White C. J., A New Anasthetic for Certain Disseases of the Skin. Lancet, 76:98, March, 1694.
Schwarts, F. R., Tronothane in Common Pruritic Syndromes, congrad. Med., 16:19, July, 1984.
Birnberg, C., and Horner, H., A Simple Method for the Relief of Costpartum Perincel Pain, Amer. J. Obel. & Gynes., 67:861, March, 184. thor of the 27,000-word Interlingua dictionary, "should certainly improve international give-and-take of ideas in spheres where it really matters."

To lend weight to this point of view, some medical and scientific journals are already experimenting with the new language. There are two all-Interlingua publications: Spectroscopia Molecular, published by the Illinois Institute of Technology, and Scientia International, an international version of Science News Letter. Interlingua summaries of English-written articles have become routine in three other U.S. periodicals: Blood, The Journal of Hematology; The Journal of Dental Medicine; and The American Journal of Psychotherapy.

Such abstracts, according to one enthusiast, "make the material available to all readers without the necessity of costly multiple translation into various languages."

# **Works Out Formula for Setting Office Rents**

How can you determine an equitable rent for professional office space? There's no hard-and-fast rule, of course. But John C. Post, a professional management consultant in Washington, D.C., has devised a formula that he feels is widely applicable.

Suppose, for example, that a building cost \$60,000, and that the lot it stands on cost \$10,000. Assume that the owner has invested \$20,000 cash in the property and that he has a mortgage of \$50,000 at 4½ per cent. Suppose, finally, that he plans to use half the building himself and to rent out the other half.

Here, according to Mr. Post, is the way to arrive at a fair rental:

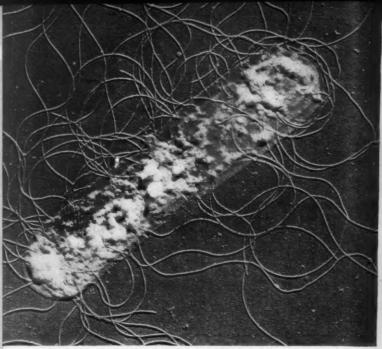
5 per cent of <i>half</i> the cash investment	\$ 500
4½ per cent of half the mortgage	1,125
Depreciation allowance of 3 per cent on half the building	900
Half the cost of utilities, repairs, taxes, insurance, and maintenance—for ex-	
ample	1,200
Yearly rental	\$3,725

Obviously, the figures for *your* building will be different. But, says Mr. Post, the formula should hold true under almost any circumstance.

### Doctor Fights Expulsion On Slander Charge

He loses suit for reinstatement; appeal pending

Most doctors make it a rule not to criticize their colleagues. But in early 1952, Dr. Samuel L. Bernstein of Pittsburg, Calif., was expelled by



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### Proteus vulgaris 20,000 x

Proteus vulgaris is a Gram-negative organism commonly involved in urinary tract infections • septicemia • and in peritonitis following low perforation of the gut.

It is another of the more than 30 organisms susceptible to

# PANMYCIN

100 mg. and 250 mg. capsules

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the Alameda-Contra Costa Medical Association for alleged critical remarks about fellow members. And despite a hard-fought battle that eventually led to court action, he had still failed to gain reinstatement as 1954 drew to a close.

Here are the circumstances of the case, as reported to doctors in the Alameda area by Alan L. Bonnington, one of the attorneys for the medical society:

Back in 1951, the association received "various complaints against Dr. Bernstein by other members." But no formal charges were filed for almost a year. In the meantime, "the Ethics Committee tried to resolve the difficulties by investigating the various claims and discussing them with Dr. Bernstein." Only when this proved of no avail, says Bonnington, was the case brought before the society's council.

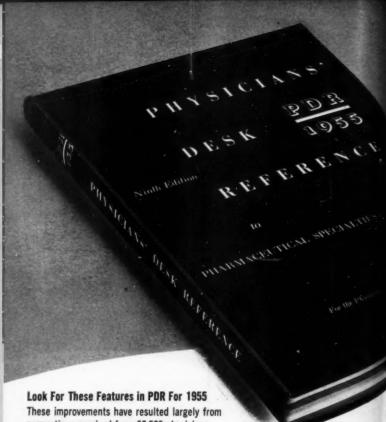
The council found Bernstein guilty of unprofessional conduct and voted to expel him from the society. Among the reported incidents that led it to take this step:

¶ On one occasion, when the parents of a young patient spoke of consulting another doctor, Dr. Bernstein reportedly "flew into a rage, referred to the other doctor as a 'butcher,' and ordered the people out of his office."

In reviewing a colleague's autopsy report for the Industrial Accident Commission, Bernstein, it is said, "frequently referred to the other doctor as an inept and inex-



ever had"...



suggestions received from 66,583 physicians.

Larger Professional Products Information Section (White) now contains 1700 specialties.

Mere complete information about specialties, including composition, administration, dosage, "how supplied".

Simplified, phonetic spelling of complex specialty names.

Restyled key pages for ease-of-reference.

New Therapeutic Indications headings (Blue Section) to conform to present usage.

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### will soon be off the press

Medical Economics, Inc., is pleased to make available this improved and more complete reference volume of leading ethical specialties in cooperation with the 145 leading pharmaceutical manufacturers listed below:

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### PHYSICIANS' DESK REFERENCE

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used daily ... by 135,000 practicing physicians

pert individual who had rendered an inexpert report."

f Within the hearing of a woman who was about to undergo a Caesarean section for the birth of her second child, Dr. Bernstein allegedly told an attending nurse "that the [operation] was 'uncalled for . . . silly... foolish,' that if she had 'pushed one through,' she could certainly 'push a second through,' and that this was the 'poorest excuse for a section' that he had ever seen."

f He reportedly gave the brother of one of his patients "an unqualified and disparaging opinion concerning the past and proposed orthopedic procedures" of another doctor in the area.

Dr. Bernstein promptly appealed

the council's adverse decision. But both the state medical society and the A.M.A. Judicial Council agreed that his expulsion from the county society was justified. So Dr. Bernstein next filed for a writ "to compel the Association to readmit him to membership." In a fourteen-page petition, he charged (among other things):

That the accusations against him had been part of a "conspiracy... to impose censorship upon him"; that he had been unfairly tried and "wrongfully expelled"; that the "Principles of Medical Ethics violated public policy and were illegal"; and that "as the result of his unlawful expulsion he had been damaged...personally, profession-

# Angina pectoris prevention



The new strategy in angina pectoris is prevention, the new low-dose, long-acting drug—METAMINE. Most effective milligram for milligram, and better tolerated, METAMINE prevents attacks or greatly diminishes their number and severity. Dosage: 1 tablet (2 mg.) after each meal; 1-2 tablets at bedtime.

Thos. Leeming & Co. Inc.

Metamine

Triethanolamine trinitrate biphosphate, Leeming, tablets 2 mg.

Bottles of 50 and 500.

MEDICAL ECONOMICS DECEMBER 1954

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ally, and economically ... in the sum of \$100,000."

Early in 1954, the case was tried in the Superior Court of Martinez Calif. Once again the action of the Alameda-Contra Costa Medical As sociation was sustained. Chief contention of the lawyers for the medical society, on which Judge Norman A. Gregg based his ruling: "... the conduct of Dr. Bernstein did not involve merely a dispute between doe tors, but rather one where the health . . . of the patients involved very easily could have been affected."

Dr. Bernstein still hasn't given un. He has filed yet another appeal with

a higher court.

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### Turnabout's Fair Play

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### Sees Need for Speed-Up In Medical Training

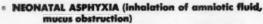
Chances are that sometime during the seemingly endless years of his medical education, every fledgling M.D. looks heavenward and asks: "Does it have to take this long?"

At least one medical educator thinks it need not take so long. The



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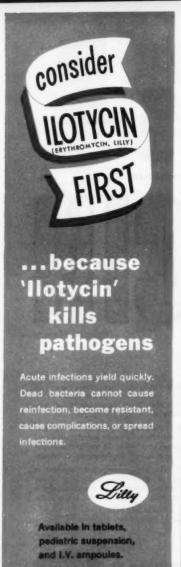
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whole process can—and should—be speeded up, says Dr. Wilburt C. Davison of Durham, N.C. How? Like this:

1. By "overhauling premedical education" so that students will be ready to enter medical school after only two or three years of college. (To bring this about, Dr. Davison urges that medical schools be allowed to exercise much greater control than they now do over the premedical curriculum.)

2. By putting students through medical school on an "accelerated schedule." To show that such a system can work, Dr. Davison cites the twenty-four-year-old program of the Duke University medical school (of which he is dean): "Seventy-sin per cent of the Duke students are graduated in less than four calendar years . . . by condensing the four medical school years of thirty-three weeks into three years of forty-four weeks each."

The speed-up system has obvious advantages, says Dr. Davison:

The student will be "one year younger at graduation and will have an additional year for hospital or other training";

¶ He will be "better prepared" by virtue of not losing "a fortnight a a month in October of each year getting back into the intellectual stride"; and

¶ By remaining at school during part of the summer, he'll have a chance to see "clinical material peculiar to the summer months." urt C. How?

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# Memo

#### FROM THE PUBLISHER

#### There's a Limit

How far can a magazine go in giving specific advice on such subjects as investments, insurance, taxes, and business management?

This is a recurring question for MEDICAL ECONOMICS. Our main aim, after all, is helpfulness. We want to go as far as we can to help you and the rest of our 134,000 physician-readers. But if we go too far—if we get too complicated or detailed—we may lose the majority's interest and thus actually defeat our main purpose.

We learned this lesson some years ago, through a series on estate planning. We published a full dozen articles on the subject, and they were authoritative and important. But the simplest possible presentation couldn't disguise the fact that the subject was enormously complex. Looking back on the series, we're inclined to think that only a minority of readers stuck with it to the end. Since that time, we've generally stopped short of covering a complex subject in full detail.

Some doctors apparently assume otherwise. "That's my bible," they're reported to say of the magazine; and they allegedly resist all personal counsel that deviates from our published advice.

While we're naturally pleased in hear about such reader loyalty, we wonder whether these doctors fully understand the limits of our advice. Consider, for example, three articles in this issue:

¶ "How to Sell a Practice" gos into detail about a typical practice sale. But it doesn't take up atypical details that might just happen to fi your practice. That's why you still need personal guidance before buying or selling.

¶ "Here Are the Practice Cons You Can Tax-Deduct" lists all major professional deductions allowed by Internal Revenue. It doesn't list cetain minor deductions that, in your special case, might produce tax saings. Only a tax consultant can help you find all the savings you're estitled to.

¶ "Things to Know About Investment Funds" reports the recent performance of many leading companies. But recent performance isn't the whole story; nor are the companies named here necessarily the best ones for you. It wouldn't be wise winvest your money on the strength of this article alone.

Do these words of caution seem superfluous to you? Then you're probably using MEDICAL ECONOMICS as it's designed to be used: as a source book of useful business ideas; as a stimulating supplement to personal counsel; not as a substitute for such counsel. —LANSING CHAPMAN

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